**Jessica Meléndez Tyler, Ph.D., LPC-S, BC-TMH, NCC**

Auburn University

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**EDUCATION**

2013Ph.D., Counselor Education and Supervision

Auburn University, Auburn, AL (CACREP Accredited).

Dissertation: *Social networking: Its influence on social and psychological well-being, and implications for counseling.*

2010 M.Ed., Clinical Mental Health Counseling

Auburn University, Auburn, AL (CACREP Accredited).

2008 BA, Psychology

Minor, Counseling

Lee University, Cleveland, TN

**PROFESSIONAL APPOINTMENTS/ EMPLOYMENT**

2019- present Partner & Clinical Therapist, The Wandering Mind, Columbus, GA.

2017- present Assistant Clinical Professor, *Special Education, Rehabilitation and Counseling* *Department, Auburn University*, Auburn, AL.

2016- 2018 Clinical Therapist, The Psychology Clinic, Columbus, GA.

2013-2017 Adjunct Professor, *Special Education, Rehabilitation and Counseling* *Department, Auburn University*, Auburn, AL.

2013-2016 Clinical Coordinator: Adult Services, East Alabama Mental Health: Russell County Center, Phenix City, AL

2010-2013 Therapist, East Alabama Mental Health: Russell County Adult Day Services, Phenix City, AL

**CREDENTIALS**

2019 – present Board Certified-TeleMental Health Provider CCE

2019 – present ASIST trainer LivingWorks

2019 – present 200-hour Registered Yoga Teacher Yoga Fit

2018 – present Licensed Counseling Supervisor (#0944) AL Board of Examiners

2018 – present EMDR Trained Counselor EMDRIA

2016 – present Licensed Professional Counselor (#LPC009063) GA Board of Examiners

2013 – present Licensed Professional Counselor (#3118) AL Board of Examiners

2010 – present Nationally Board-Certified Counselor NBCC

**PUBLICATIONS**

(\*denotes work prepared with students)

Iarussi, M. M., **Tyler, J. M.**, Crawford, S. H., & Crawford, C. V. (2019). Outcomes of incorporating motivational interviewing into basic counselor skills training. *The Journal of Counselor Preparation and Supervision, 12*(1). <https://repository.wcsu.edu/jcps/vol12/iss1/4>

Iarussi, M. M., **Tyler, J. M.,** Crawford, S. H., & Crawford, C. (2016). Counselor training in two evidence-based practices: Motivational interviewing and cognitive behavior therapy. *The Journal of Counselor Preparation and Supervision, 8*(3). <http://dx.doi.org/10.7729/83.1113>

Iarussi, M., **Tyler, J**., Littlebear, S., & Hinkle, M. (2013). Integrating motivational interviewing into a basic counseling skills course to enhance counseling self-efficacy. *The Professional Counselor*, *3*(3), 161-174.

**HONORS/AWARDS**

2019 Selected Participant. Summer Course Redesign Program. Auburn University: Biggio Center, Auburn, AL.

2017 Award Recipient. ACES Supervision Award. Association for Counselor Education and Supervision, Chicago, IL.

2014Award Recipient. *The Outstanding Service Award*. East Alabama Mental Health, Opelika, AL.

2011- 2009 Award Recipient. *The Elizabeth Williams Brazelton Fund for Excellence*. Auburn University: College of Education, Auburn, AL.

**INVITED PRESENTATIONS/ WORKSHOPS** (N= 13)

(\*denotes presentations prepared with students)

**Tyler, J.** (2019). Understanding CBT, trauma-informed, & holistic practices to work

with suicidal clients. Invited six-hour workshop for state clinical directors. Alabama Department of Mental Health Clinical Director’s Group. Orange Beach, AL.

**Tyler, J.** (2019). Understanding CBT, trauma-informed, & holistic practices to work

with suicidal clients. Invited four-hour workshop for clinicians, medical providers, case

managers, and behavioral staff. East Alabama Mental Health Center. Opelika, AL.

**Tyler, J.** & Lacy, V.(2019). Guiding your digital natives: Health social media behaviors and

boundaries for your middle schooler. Invited presentation to middle school parents.

Hewitt-Trussville Middle School. Trussville, AL.

**Tyler, J.** (2018)The civilian counselor working with veterans and their dependents: Implications

for counselor preparation*.* Invited inaugural Southern Association for Counselor

Education and Supervision (SACES) one-hour webinar. *SACES Social Justice and*

*Human Rights Interest Network*.

**Tyler, J.** (2018)Using yourMyers-Briggs Type Indicator to develop strong working

relationships.Invited presentation to high school students.Youth Leadership

Columbus. Columbus, GA.

**Tyler, J., \***Ellerman, H., \*Green, M., \*Harrell, L., \*Holder, A., \*Niculaes, S., & \*Robinson, S.

(2018). Best practices in supervision: A training for site supervisors. Coordinated and led

a four-hour site supervisor workshop for counseling program site supervisors. *Auburn University*. Auburn, AL

**Tyler, J.,** Powers, D., & Loftin, J.(2018). Understanding clinical fear, and using CBT to work

with suicidal clients. Coordinated and led a four-hour workshop for clinicians and

Auburn counseling students. East Alabama Mental Health Center. Opelika, AL.

**Tyler, J.** (2018). The influence of traumatized parents on childhood experiences.

Building Rural Alliances through Collaboration and Education (BRACE) Symposium: Integrative, Trauma-Informed and Evidenced-Based Methods of Treatments. Auburn, AL.

**Tyler, J.** (2017). Guiding your digital natives: Healthy social media behavior for teens, and implications for parents.Invited 2-day workshop with 150 middle school and high school students, and parents.Oak Hall School. Gainesville, FL.

**Tyler, J.** (2017). Private practice: Considerations in establishing an ethical business.

Troy University: Phenix City. Phenix City, AL.

**Tyler, J.** & Powers, D**.**F.(2016). Ethical and legal considerations in crisis counseling and

supervision. *Alabama Counseling Association Chapter VII and Auburn University’s Iota*

*Delta Sigma Ethical and Legal Workshop*. Auburn, AL.

**Tyler, J.** & Lacy, V.(2014). Social networking practices, teen behavior, and

implications for parents.The Donoho School. Anniston, AL.

**Tyler, J.** & Lacy, V.(2011). Social networking and its impact on wellbeing, and implications for

educators.Lee Scott Academy. Auburn, AL.

**CAMPUS/ DEPARTMENT TALKS**

**Tyler, J.** (2019). So you want to do therapy? The counselor identity and role in the helping field.

*Orientation to Psychology Major: Department of Psychology.* Auburn University, Auburn, AL.

**Tyler, J.** (2018). The counseling profession: Ethics, professional development, and the

intersection of academia. *Professional Development and Ethics: Department of Human Development and Family Studies.* Auburn University, Auburn, AL.

**RELATED EXPERIENCE**

2013- 2017 Clinical Supervisor, *Special Education, Rehabilitation and Counseling* *Department, Auburn University*, Auburn, AL.

2013- 2017 Committee Member, *Counselor Education Program Advisory Committee, Auburn University*, Auburn, AL.

2010- 2012 Research Assistant to Dr. Jamie Carney, *Special Education, Rehabilitation and Counseling* *Department, Auburn University*, Auburn, AL.

**COURSES TAUGHT**

**Graduate Courses**

CACREP Standard Course Title Semesters Taught

Career Development \*COUN 7230: *Career Development* Su17; Su16

*and Vocational Appraisal*

Group Counseling & Group Work \*COUN 7340: Group Counseling Sp16

Professional Practice \*COUN 7910: Practicum F19; F18; F17; F14; F13

\*COUN 7920: Internship Sp19; Su18; Sp18; Sp15; Sp14

\*COUN 8910: Advanced Counseling Sp18

Practicum

\*COUN 8910: CED Internship Sp18

Human Growth & Development \*COUN 7310: *Counseling Applications* Su14; Su15

*of Lifespan Development*

Assessment & Testing \*COUN 7200: *Intro to Measurement* Su14

*& Assessment*

\*COUN 7250: *Advanced Assessment* Sp17; Sp16

*& Diagnosis in Counseling*

Professional Counseling Orientation and \*COUN 7410: *Clinical Mental Health* Sp15

Ethical Practice Counseling – Orientation

\*COUN 7400: *Orientation to Professional* Fa17

*Counseling*

Counseling & Helping Relationships \*COUN 7510: *Advanced Clinical* F16; F15; F14; F13

*Mental Health Counseling*

\*COUN 7500: *Crisis Intervention* F19;F18;F16; F15

*in Counseling*

*\**COUN 8620: Advanced Theories: Sp17; Su15

*Cognitive Behavioral Counseling*

Supervision \*COUN 8540: Counseling Supervision Su19; Su18; Su17

Theory and Practice

\*COUN 8910: Supervision Practicum F19; F18; F17

Teaching \*COUN 8910: Teaching Practicum Sp18

**GRANT WORK**

**External Funded**

2018 *Building Rural Alliances through Collaboration and Education (BRACE):* Integrative, Trauma-Informed and Evidenced-Based Methods of Treatments. ($985,721 over 4 years, Co-Investigator). August 2018. Health Resources Services Administration (HRSA) (**Funded**).

**Internal Funded**

2019 *Rethinking Suicide Prevention: A Social Justice Approach for Counselors*. ($2,000, PI). National Alumni Council Mini Grant for Research & Outreach. Research/ Outreach (**Funded**).

2019 *Using Informative Podcasts for University/Community-Engaged Scholarship and Mental Health Educational Opportunities*. ($500, Co-PI). National Alumni Council Mini Grant for Service Learning Projects. Research/ Outreach (**Funded**).

2018 *Expressive Arts Therapy: Be Well*. ($6,000, Co-PI). December 2018. SERC Faculty Research Seed Grant. Research/ Outreach (**Funded**).

2018 *Understanding Clinical Fear and using CBT to work with Suicidal Clients: A Call to Train and Educate East Alabama Mental Health Staff and Counseling students*. ($500, PI). January 2018. National Alumni Council Mini Grant for Service Learning Projects. Research/ Outreach (**Funded**).

**Internal Unfunded**

2018 *Combating Compassion Fatigue and Burnout: A Call to Educate and Support EAMH Staff and Counseling students*. ($500, Co-PI). National Alumni Council Mini Grant for Service Learning Projects. Research/ Outreach (**Unfunded**).

2018 *Be Well: The Pulse of the School*. ($2,000, Co-PI). Daniel F. Breeden Endowment Grant Proposal. Research/ Outreach (**Unfunded**).

**ADMINISTRATIVE EXPERIENCE**

2018- present Program Coordinator, Clinical Mental Health Counseling Program,

Auburn University, Auburn, AL

2017- present Practicum/Internship Coordinator, Clinical Mental Health Counseling Program,Auburn University, Auburn, AL

# PEER-REVIEWED SCHOLARLY PRESENTATIONS (N= 35)

**International** (N=2)

2019 **Tyler, J.**, Appling, B., Tuttle, M., Delgado, H. & Palacios, A. (proposal accepted) Rethinking suicide prevention: A social justice approach for counselors. Let the Voices be Heard! An International Conversation on Counselling, Psychotherapy and Social Justice, in Belfast, Northern Ireland.

2019 Tuttle, M., Appling, B., & **Tyler, J.** Expressive Arts Therapy: Be Well. International School Counseling Association (ISCA), Brussels, Belgium.

**National** (N=15)

2019 **Tyler, J**. & \* Robinson, S. (proposal accepted). An approach to supervision of

Millennials & Gen-Zs through Practicum and Internship. Association for

Counselor Education and Supervision (ACES), Seattle, WA.

2019 \*Green, M., **Tyler, J**., \* Robinson, S, & \*Ellerman, H. (proposal accepted).

Supervising millennials: The balance of fostering self-efficacy and clinical

development within the supervisory alliance. Association for

Counselor Education and Supervision (ACES), Seattle, WA.

2019 **Tyler, J**. & \* Gunther, J. The civilian counselor and working with Veterans and their dependents. Presented at the American Counseling Association (ACA), New Orleans, LA.

2019 Appling, B., Tuttle, M. & **Tyler, J**. Supporting underserved populations: Integrative and trauma-informed approaches. Presented at the American Counseling Association (ACA), New Orleans, LA.

2018 Taylor, M., Carney, J., Lanier, B., **Tyler, J.,** &\* Flint, S. Invisible wounds: Using self-care to decrease symptoms of vicarious trauma. Presented at the Association for Assessment and Research in Counseling (AARC), Richmond, VA.

2018 Evans, A.M., Craigen, L., **Tyler, J.** & \* Green, M. Race-based trauma and white ally development: Implications for counselors. Presented at the American Counseling Association (ACA), Atlanta, GA.

2017 **Tyler, J.** & Powers, D. Supervising millennials: The balance of counselor self-efficacy and executing best practices. Presented at the Association for Counselor Education and Supervision (ACES), Chicago, IL.

2017 **Tyler, J.** Challenging injustice and valuing diversity: Using supervision to prepare counseling advocates. Presented at the Association for Counselor Education and Supervision (ACES), Chicago, IL.

2014 Lacy, V., Evans, A., & **Tyler, J.** A review of the perceived critical incidents of counselors-in-training. Presented at the American Counseling Association (ACA), Honolulu, HI.

2014 Wilkinson, M. & **Tyler, J.** Gender differences in the relationship between work-life balance and psychological wellbeing. Presented at the American Counseling Association (ACA), Honolulu, HI.

2013 **Tyler, J.** & Dawson, V. Social networking, its influence on psychological and social wellbeing, and implications for counseling. Presented at The Association for Counselor Education and Supervision (ACES), Denver, CO.

2013 Carney, J. McAdory, A., Wilkinson, M., **Tyler, J.,** Dawson, V. Updating and defining the doctoral comprehensive exam: Using doctoral portfolios for comprehensive evaluation. Presented at the American Counseling Association (ACA), Cincinnati, OH.

2013 Carney, J., Dawson, V., **Tyler, J.**, A review of the perceived critical incidents of counselors-in-training. Presented at the American Counseling Association (ACA), Cincinnati, OH.

2012 Crumley, E., Iarussi, M., Stafford, E.S.H., Lacy, V., & **Tyler, J.** Innovations in professional development: Creating integrative chapter & department programs to promote advocacy & leadership. Presented to the American Counseling Association (ACA), San Francisco, CA.

2011 **Tyler, J**. & Lacy, V. Bereavement via social networking sites: A look at technology’s influence on grief counseling. Presented to the Association for Counselor Education and Supervision (ACES), Nashville, TN.

**Regional** (N= 6)

2018 **Tyler, J.** & Powers, D. Helping supervisees in understanding clinical fear and using CBT to work with suicidal clients. Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC.

2018 **Tyler, J.,** Babel, K. \*Green, M., & \*Niculaes, S. *Academia & private practice: Considerations for counselor educators and supervisors.* Southern Association for Counselor Education and Supervision (SACES), Myrtle Beach, SC.

2016 **Tyler, J.** & Powers, D. Considerations to effectively collaborate with medical and legal systems in stabilizing individuals. Presented at the Southern Association for Counselor Education and Supervision (SACES), New Orleans, LA.

2012 Iarussi, M., **Tyler, J.,** Lacy, V., Stafford, E., & Littlebear, S. Integrating motivational interviewing into a counseling skills course. Presented to the Southern Association for Counselor Education and Supervision (SACES), Savannah, GA.

2012 Carney, J., Wilkinson, M., **Tyler, J**., Heard, S. The doctoral portfolio: Consideration of development, assessment, and technology Methods. Presented to the Southern Association for Counselor Education and Supervision (SACES), Savannah, GA.

2012 **Tyler, J.,** Lacy, V, & Wilkinson, M. Bereavement via social networking sites: A look at technology’s influence on grief counseling. Presented to the Eastern Educational Research Association (EERA), Hilton Head, SC.

**State** (N= 12)

2019 **Tyler, J.** & \*Green, M. (proposal accepted). Combating compassion fatigue and burnout: A call to educate and support counselors and students. Alabama Counseling Association (ALCA), Montgomery, AL.

2019 **Tyler, J.** & Powers, D. (proposal accepted). Understanding clinical fear, and using CBT to work with suicidal clients. 2019 Alabama Higher Education Suicide Prevention Conference, Montgomery, AL.

2018 **Tyler, J.** & Lacy, V. Healthy social media behaviors and boundaries: Implications for school counselors, administrators, students, and parents. Alabama Counseling Association (ALCA), Birmingham, AL.

2018 Tuttle, M., Appling, B., **Tyler, J.**, Meyer, J. Interdisciplinary counselor collaboration: Implications for advocacy, learning, and developing a strong counselor identity. Alabama Counseling Association (ALCA), Birmingham, AL.

2017 **Tyler, J**. & Powers, D. Collaboration with responders in stabilizing crises of diverse populations. Presented at the Alabama Counseling Association (ALCA), Mobile, AL.

2017 **Tyler, J.** Treating service members and their families in private practice. Presented at the Alabama Counseling Association (ALCA), Mobile, AL.

2016 **Tyler, J**. & Powers, D. Suicide prevention & counselor self-efficacy. Presented at the Alabama Counseling Association (ALCA), Birmingham, AL.

2012 Lacy, V. & **Tyler, J.** Bereavement via social networking sites: A look at technology’s influence on grief in adolescents and young adults. Presented at the Alabama Counseling Association (ALCA), Montgomery, AL.

2012 Carney, J., Evans, A., & **Tyler, J**. Highlighting the proposed changes to the DSM: Implications for training programs and clinical practice. Presented at the Alabama Counseling Association (ALCA), Montgomery, AL.

2011 Carney, J., Lacy, V., Stafford, E.S.H., & **Tyler, J.** Leadership development for CSI chapter leaders. Presented to the Alabama Counseling Association (ALCA), Birmingham, AL.

2011 **Tyler, J.** & Lacy, V. Being a CSI chapter president: Lessons I’ve learned. Presented to the Alabama Counseling Association (ALCA), Birmingham, AL.

2011 Wilkinson, M., **Tyler, J.**, & Lacy, V. Why advocate? Presented to the Alabama Counseling Association (ALCA), Birmingham, AL.

# PROFESSIONAL SERVICE

National Level

2019 Reviewer for Sterner/ Jackson-Cherry: Practicum and Internship: A Handbook for Competent Counseling Practice.

2019 Proposal Reviewer. Association for Counselor Education and Supervision Conference (ACES). Biannual Conference.

2018 Reviewer for Jackson-Cherry / Erford: Crisis Assessment, Intervention, and Prevention, 3rd Ed.

2018 Psychotherapy.net Reviewer for “Culturally Sensitive Counseling with Latinos with Patricia Arredondo.”

Regional/State/County Level

2018 Awards Committee. Southern Association for Counselor Education and Supervision Conference (SACES). Biannual Conference

2018 Proposal Reviewer. Southern Association for Counselor Education and Supervision Conference (SACES). Biannual Conference

University Level- Auburn University

2018 Committee Member. Auburn University CED Assistant Professor Search Committee.

2018 Committee Co-Chair. Auburn University CED Visiting Professor Search Committee.

2018 Committee Member. Auburn University CED Assistant & Associate Professor Search Committee.

2017 Committee Member. Auburn University Assessment Committee.

Editorial Board Service

2019 – present Journal of Humanistic Counseling. Ad hoc reviewer.

# CREATIVE CONTRIBUTIONS TO THE FIELD

International Level

**Tyler, J**., \*Gunther, J., & Palacios, A. (Producer). (2019, July 24). Talking Tough Topics with Children. [Audio Podcast]. *The Theory of Change Podcast*.

\*Green, M., \*Gunther, J., **Tyler, J**. & Palacios, A. (Producer). (2019, June 4). Return to the breath. [Audio Podcast]. *The Theory of Change Podcast*.

\* Robinson, S., \*Gunther, J., **Tyler, J.**, & Palacios, A. (Producer). (2019, May24). School-To-Prison Pipeline: Rethinking Zero-Tolerance Discipline. [Audio Podcast]. *The Theory of Change Podcast*.

**Tyler, J.**, \*Gunther, J., & Palacios, A. (Producer). (2019, January 23). Clickbait- Managing our Digital Identities. [Audio Podcast]. *The Theory of Change Podcast*.

**DOCTORAL DISSERTATION COMMITTEES CHAIRED**

Marina Green (Auburn University), Chair, In progress.

Jared Dylan Gunther (Auburn University), Chair, In progress.

**DOCTORAL DISSERTATION COMMITTEE, MEMBER (SEMESTER-DEFENDED)**

Fall 2019 Kaitlin McIntosh (Auburn University)

Summer 2019 Sarah Flint (Auburn University)

Summer 2018 Margaret Taylor (Auburn University)

Summer 2018 Morgan Jenkins (Auburn University)

Summer 2018 Patrick Murphy (Auburn University)

**PROFESSIONAL MEMBERSHIPS**

**International/National Level**

American Counseling Association (ACA)

\*Association of Counselor Education and Supervision (ACES)

\*Military and Government Counseling Association (MGCA)

Chi Sigma Iota Counseling Academic and Professional Society (CSI)

* Iota Delta Sigma (IDS) Chapter Co-President (2012-2013)
* Iota Delta Sigma (IDS) Chapter Co-President-Elect (2011-2012)
* Iota Delta Sigma (IDS) Chapter Secretary (2010-2011)

**Regional Membership**

Southern Association of Counselor Education and Supervision (SACES)

**State Membership**

Alabama Counseling Association (ALCA)

* ALCA Chapter VII President-Elect (2019-2020)