LATIFAT O. CABIROU, Ph.D.

Department of Special Education, Rehabilitation, and Counseling

Auburn University

2084 Haley Center

Auburn, AL 36849

(334) 844-7676

EDUCATION

2019 Loyola University Chicago

Doctor of Philosophy in Counseling Psychology (APA-Accredited)

Dissertation Title: *Acculturative Stress Among Black Africans Immigrants: Race and Ethnicity Contributors*

Dissertation Chair: Eunju Yoon, PhD

2019 Northwestern University

Counseling and Psychological Services

APA-Accredited Pre-doctoral Internship in Health Service Psychology

2014 Benedictine University

Master of Science in Clinical Psychology

Thesis Title: *Mental Health Problem Recognition Among Arab Americans*

Committee: Mike Smith, Ph.D. and James Crissman, Ph.D.

2010 University of Illinois

Bachelor of Science in Liberal Arts & Sciences

Major: Psychology

Minor: Islamic World Studies

**AREAS OF INTEREST AND EXPERTISE**

Research: Acculturation/enculturation, acculturative stress, socialization, racial/ethnic/cultural identity, and racial/ethnic minority and immigrant mental health

Clinical: Clinical supervision, mentorship, adolescents and young adults, identity development, adjustment, racial/ethnic minority and immigrant mental health, suicide prevention, and mental health help-seeking behaviors

**PROFESSIONAL EXPERIENCE**

***Visiting Professor* 2020 to *present***

Auburn University

***Grant Coordinator- Garrett Lee Smith Campus Suicide Prevention Grant* 2016 to 2018**

Loyola University Chicago

***Assessment & Referral Coordinator* 2017 to 2018**

Ingalls Memorial Hospital

***Program Clinical Training Assistant* 2015 to 2016**

Loyola University Chicago

***Intake Clinician* 2016 to 2018**

Garfield Park Hospital

***Staff Therapist- Emergency Services* 2014 to 2016**

Community Counseling Centers of Chicago (C4) Chicago, IL

***Intake Therapist* 2013 to 2014**

Hartgrove Hospital Chicago, IL

**TEACHING EXPEREINCE**

***Adjunct Instructor- School of Professional Studies: Counseling Psychology***

North Park University

Undergraduate Courses

CPSY 3800 Principles of Counseling Diverse Populations Summer 2015, Fall 2015

Graduate Courses

CPSY 5200 Group Counseling Spring 2020

CPSY 5210 Social and Cultural Foundations of Counseling Psychology Fall 2016, Spring 2018

CPSY 5610 Career Development Summer 2016/2018

CPSY 5591 Internship Supervision Spring 2017

CPSY 5510 Advanced Competent Counseling Skills Summer 2016/2017

CPSY 5110 Psychopathology Spring 2015

***Graduate Teaching Assistant- Community Counseling Program***

Loyola University Chicago

Graduate Courses

CPSY 420 Counseling Skills Fall 2014, Fall 2015

CPSY 424 Counseling Theories Spring 2015

***Guest Lecturer***

Loyola University Chicago

Counseling Muslim Americans Fall 2016

Client-centered therapy Spring 2015

Awareness of white privilege and its impact on therapy relationship Fall 2014

Counseling Black identified clients Fall 2019

**CLINICAL TRAINING EXPERIENCE**

***Psychology Fellow* 2019 to 2020**

Advocate Trauma Recovery Center

Supervisor: Kim Miller, Psy.D.

***Pre-doctoral Intern* 2018 to 2019**

Northwestern University Counseling and Psychological Services

Supervisors: David Shor, Ph.D., Jeremey Cohen, Ph.D., Olivia Hoskins, Ph.D., and Rosemary Magana, M.S.

***Advanced Therapy Extern* 2016 to 2018**

Loyola Community and Family Services

Supervisor: Richard Renfro, Ph.D.

***Supervision Extern* 2016 to 2018**

Loyola University Chicago

Supervisors: Elizabeth Vera, Ph.D and Rufus Gonzales, Ph.D.

***Advanced Therapy Extern* 2015 to 2016**

DePaul University Counseling Services

Supervisor: Bruce Czuchna, Psy.D.

**PUBLICATIONS**

Yoon, E., **Cabirou, L**., Glavin, S., Hill, L., Daskalova, P., Bhang, C., Mustaffa, E.A., Dao, A., Thomas, K., & Baltazar, B. (2020). A meta-analysis of acculturation and enculturation: Bilinear, multidimensional, and context dependent processes. *The Counseling Psychologist*, 48(3), 342-376.

Yoon, E., **Cabirou, L.,** Hoepf, A., & Knoll, M. (2020). Interrelations of religiousness/spirituality, meaning in life, and mental health. *Counselling Psychology Quarterly*, 1-16.

Yoon, E., **Cabirou, L.,** Bhang, C., & Galvin, S. (2019). Acculturation and patriarchal beliefs among Asian American young adults: A preliminary investigation. *Asian American Journal of Psychology*, 10(2), 122-130.

Thomas, A. J., Massengale, M., & **Odunewu, L.** (2016). Strengths-based culturally relevant family therapy. In J. K. Edwards, A. Young, &H. J. Nickels, (Eds.), Handbook of Strengths-Based Clinical Practices: Finding Common Factors. Routledge. New York: Routledge.

Neville, H. A., Oyama, K. E., **Odunewu, L**. O., Huggins, J. (2014). Dimensions of belonging as an aspect of racial-ethnic-cultural identity: An exploration of Indigenous Australians. *Journal of Counseling Psychology*, 61 (3), 414-426.

**MANUSCRIPTS IN PREPARATION**

Yoon, E., **Cabirou, L.**, Kim, D., & Liu, Huabing. Content analysis of immigration research.

Womack, V., **Cabirou, L**., Jeremie-Brink, G., & Dickens, S. Mindfulness as coping tool for stereotypical images of African American women.

Gonzales, R., **Cabirou, L**., Hill, L., & Daskolova, P. Racial microaggression in clinical supervision**.**

**PRESENTATIONS AT PROFESSIONAL MEETINGS**

**Cabirou, L.,** Liu, H., Kim, D., Chung, H. Y., & Yoon, E. (2017). Content analysis of immigrant and refugee research in Counseling/Counseling psychology literature. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Yoon, E., Galvin, S., Hill, L., **Cabirou, L.,** Mustaffa, E. A., Daskalov, P., Bhang, C., Baltazar, B., Dao, A., Thomas, K., Bhatt, N., Cortina, G., & Bruner, J. (2017). A meta-analysis of theoretical construct and process of acculturation/enculturation. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Hill, L., **Cabirou, L.,** & Bhang, C. (2016). Investigating resilience: How African American students survive and thrive in higher education. Individual presentation at the annual conference of National Association of Student Personnel Administrators, San Antonio, TX.

**Odunewu, L**., Bhang, C. H.,Baltazar, B., Foehringer, G., Galvin, S., Thomas, K., Mutuyemariya, C., and Yoon, E. (2016) Acculturation-Enculturation, Asian Values, Patriarchal Beliefs, and Intergenerational Conflicts in Asian American College Students. Poster presented at the annual conference of the American Psychological Association, Denver, CO.

**Odunewu, L**., Tinsley, D., & Thomas, A. J. (2015). Standing in the Gap. Individual presentation at the annual conference of Diversity Challenge, Boston, MA.

Yoon, E., Clawson, A., Knoll, M., **Odunewu, L**., Raziuddin, A. & Chang, H. (2015). Religious/Spiritual Identity, Meaning in Life, and Mental Health. Poster presented at the annual conference of the American Psychological Association, Toronto, CA.

**SERVICE**

Counselling Psychology Quarterly 2020 to present

*Reviewer*

2020 Counseling Psychology Conference October 2019 to November 2019

*Conference Proposal Reviewer*

Cultural Diversity and Ethnic Minority Psychology 2018 to 2019

*Ad Hoc Reviewer*

African Psychological Network of APA Division 17 (International section- ICP) 2018 to present

*Steering Committee Member*

Nigerian Islamic Association

*Executive Board Member- General Secretary* December 2014 to present

*Youth Board- Vice President* November 2016 to present

National Council of Nigerian Muslim Organization July 2017 to present

*2025 Educational Program Task Force*

**PROFESSIONAL AFFILIATION**

Illinois Psychological Association

American Psychological Association

* Division 17- Society for Counseling Psychology
* Division 35- Society for the Psychology of Women
* Division 45- Society for the Psychological Study of Culture, Ethnicity and Race

**REFERENCES**

Eunju Yoon, Ph.D.

Associate Professor and Program Co-Chair

Counseling Psychology Program- Loyola University Chicago

[eyoon@luc.edu](mailto:eyoon@luc.edu)

Relationship: Research advisor, dissertation chair, research mentor

Elizabeth Vera, Ph.D.

Professor and Program Co-Chair

Counseling Psychology program- Loyola University Chicago

[evera@luc.edu](mailto:evera@luc.edu)

Relationship: Academic advisor, dissertation committee member

Rufus Gonzales, Ph.D.

Clinical Assistant Professor and Clinical Training Director

Counseling Psychology Program- Loyola University Chicago

[rgonza1@luc.edu](mailto:rgonza1@luc.edu)

Relationship: Research supervisor, secondary clinical supervisor, assistantship supervisor