**Marilyn A. Cornish**

2084 Haley Center Contact Information:

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Rehabilitation, & Counseling 334-844-7601

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# Education

**PhD** inCounseling Psychology (2014), Iowa State University: Ames, IA

**Graduate Certificate** in Quantitative Psychology (2012), Iowa State University: Ames, IA

**MS** in Psychology (2010), Iowa State University: Ames, IA

**BA** inPsychology and Community Sociology (2008), Wartburg College: Waverly, IA

# License

**Licensed Psychologist** in Alabama (#1963), July 2015 – current

# Academic Employment

***Associate Professor & Director of Training***, 2019 – present

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

***Assistant Professor***, 2014 – 2019

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

# Refereed Journal Articles (\* denotes student co-authors)

Tucker, J. R., Wade, N. G., Abraham, W. T., Bitman-Heinrichs, R. L., **Cornish, M. A.**, & Post, B. C. (In Press). Modeling cohesion change in group counseling: The role of client characteristics, group variables, and leader behaviors. *Journal of Counseling Psychology.*

**Cornish, M. A.**, Brenner, R. E., Vogel, D. L., & Wade, N. G. (2019). Evaluation of an online help seeking stigma-reduction intervention for military personnel. *Stigma & Health.* Advance online publication. doi: 10.1037/sah0000167

**Cornish, M. A.** (2018). Self-forgiveness therapy and clients’ changes in perceived responsibility. *International Journal of Psychotherapy, 22*(1), 53-65*.*

**Cornish, M. A.**, Guyll, M., Wade, N. G., Lannin, D. G., Madon, S., & \*Chason, K. C. (2018). Does empathy necessarily lead to greater forgiveness? An experimental examination. *Current Psychology.* Advance online publication. doi: 10.1007/s12144-018-9816-8

**Cornish, M. A.,** Woodyatt, L., \*Morris, G., & \*Conroy, A., & \*Townsdin, J. (2018). Self-forgiveness, self-exoneration, and self-condemnation: Individual differences associated with three patterns of responding to interpersonal offenses. *Personality and Individual Differences, 129*, 43-53. doi:10.1016/j.paid.2018.03.003

Lannin, D. G., Guyll, M., **Cornish, M. A.**, Vogel, D. L., & Madon, S. (2018). The importance of counseling self-efficacy: Physiologic stress in student helpers. *Journal of College Student Psychotherapy.* Advance online publication. doi:10.1080/87568225.2018.1424598

Suh, S., **Cornish, M. A.**, Chung, M., & Suh, J. (2018). Attitudes toward Korean Americans. *Journal of Asia Pacific Counseling, 8*, 95-111. doi: 10.18401.2018.8.2.4

Wade, N. G., **Cornish, M. A.**, Tucker, J. R., Worthington, E. L., Jr., Sandage, S., & Rye, M. (2018). Promoting forgiveness: Characteristics of the treatment, the clients, and their interaction. *Journal of Counseling Psychology, 65,* 358-371. doi:10.1037/cou0000260

**Cornish, M. A.,** Lannin, D. G., Wade, N. G., & \*Martinez, M. (2017). Can use of positive religious coping predict greater distress? An examination of Army soldiers on deployment. *Journal of Counseling Psychology, 64*, 302-309. doi: 10.1037/cou0000200

Health, P. J., Seidman, A. J., Vogel, D. L., **Cornish, M. A.,** & Wade, N. G. (2017). Help-seeking stigma in military men: The role of restrictive emotionality and distress. *Psychology of Men & Masculinity, 18*, 193-197*.* doi: 10.1037/men0000111

Hackler, A. H., **Cornish, M. A.,** & Vogel, D. L. (2016). Reducing stigma toward mental illness: Effectiveness of hearing about the normative experiences of others. *Stigma and Health*, *1*, 201-205. doi: 10.1037/sah0000028

**Cornish, M. A.,** & Wade, N. G. (2015). Working through past wrongdoing: Examination of a self-forgiveness counseling intervention. *Journal of Counseling Psychology, 62*, 521-528. doi: 10.1037/cou0000080

**Cornish, M. A.,** & Wade, N. G. (2015). A therapeutic model of self-forgiveness with intervention strategies for counselors. *Journal of Counseling and Development, 93*, 96-104. doi: 10.1002/j.1556-6676.2015.00185.x

**Cornish, M. A.,** Thys, A., Wade, N. G., & Vogel, D. L. (2014). Post-deployment difficulties and help seeking barriers among military veterans: Insights and intervention strategies. *Professional Psychology: Research and Practice, 45*, 405-409. doi: 10.1037/a0037986

**Cornish, M. A.,** Wade, N. G., Tucker, J. R., & Post, B. C. (2014). When religion enters the counseling group: Multiculturalism, group processes, and social justice. *The Counseling Psychologist, 42*, 578-600. doi: 10.1177/0011000014527001

Lannin, D. G., Guyll, M., Krizan, Z., Madon, S., & **Cornish, M. A.** (2014). When are grandiose and vulnerable narcissists least helpful? *Personality and Individual Differences, 56*, 127-132. doi: 10.1016/j.paid.2013.08.035

Post, B. C., Wade, N. G., & **Cornish, M. A.** (2014). Religion and spirituality in group counseling: Beliefs and preferences of university counseling center clients. *Group Dynamics: Theory, Research, and Practice, 18*, 53-68. doi: 10.1037/a0034759

Wade, N. G., Post, B. C., **Cornish, M. A.,** Vogel, D. L., & Runyon-Weaver, D. (2014). Religion and spirituality in group psychotherapy: Clinical application and case example. *Spirituality in Clinical Practice, 1*, 133-144. doi: 10.1037/scp0000013

**Cornish, M. A.,** Wade, N. G., & Knight, M. A. (2013). Understanding group therapists’ use of spiritual and religious interventions in group therapy. *International Journal of Group Psychotherapy, 63:* 572-591. doi: 10.1521/ijgp.2013.63.4.572

Post, B. C., **Cornish, M. A.,** Wade, N. G., & Tucker, J. R. (2013). Religion and spirituality in group counseling: Beliefs and practices of university counseling center counselors. *Journal for Specialists in Group Work, 38*, 264-284. doi: 10.1080/01933922.2013. 834401

**Cornish, M. A.,** Wade, N. G., & Post, B. C. (2012). Attending to religion and spirituality in group counseling: Counselors’ perceptions and practices. *Group Dynamics: Theory and Practice, 16*, 122-137. doi: 10.1037/a0026663

Guyll, M., Spoth, R., & **Cornish, M. A.** (2012). Substance misuse prevention and economic analysis: Challenges and opportunities regarding international utility. *Substance Use and Misuse, 47,* 877-888. doi: 10.3109/10826084.2012.663276

Wade, N. G., Post, B. C., **Cornish, M. A.,** Vogel, D. L., & Tucker, J. (2011). Predictors of the change in self stigma following a single session of group counseling. *Journal of Counseling Psychology, 58*, 170-182. doi: 10.1037/a0022630

**Cornish, M. A.,** & Wade, N. G. (2010). Spirituality and religion in group counseling: A literature review with practice guidelines. *Professional Psychology: Research and Practice, 41*, 398-404. doi: 10.1037/a0020179

Bane, C. M. H., **Cornish, M.,** Erspamer, N., Kampman, L. (2010). Self-disclosure through weblogs and perceptions of online and “real-life” friendships among female bloggers. *CyberPsychology, Behavior, and Social Networking, 13*, 131-139. doi: 10.1089/cyber. 2009.0174

# Published Book Chapters (\* denotes student co-authors)

**Cornish, M. A.,** Griffin, B. G., & \*Morris, G. W. (Accepted). Promotion of self-forgiveness. In E. L. Worthington, Jr., & N. G. Wade (Eds.), *Handbook of Forgiveness* (2nd ed.). Routledge.

**Cornish, M. A.,** Wade, N. G., & \*Cikara, A. (2017). Self-forgiveness in individual psychotherapy: Therapeutic models and counseling outcomes. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp.163-177)*.* Cham, Switzerland: Springer International.

Woodyatt, L., **Cornish, M. A.**, & Cibich, M. (2017). Self-forgiveness at work: Finding pathways to renewal when coping with failure or perceived transgressions. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp. 293-307)*.* Cham, Switzerland: Springer International.

Tucker, J. R., Bitman, R. L., Wade, N. G., & **Cornish, M. A.** (2015). Defining forgiveness: Historical roots, contemporary research, and key considerations for health outcomes.In L. L. Toussaint, E. L. Worthington, Jr., & D. R. Williams (Eds.), *Forgiveness and health: Scientific evidence and theories relating forgiveness to better health* (pp.13-28 ).New York, NY: Springer.

Wade, N. G., Tucker, J. R., & **Cornish, M. A.** (2013). Forgiveness interventions and the promotion of resilience following interpersonal stress and trauma. In M. Kent, M. C. Davis, & J. W. Reich (Eds.), *The resilience handbook: Approaches to stress and trauma* (pp. 256-269)*.* New York, NY: Routledge.

Wade, N. G., Post, B. C., & **Cornish, M. A.** (2011). Forgiveness therapy to treat embitterment: A review of relevant research. In M. Linden and A. Maercker (Eds.), *Embitterment: Societal, psychological, and clinical perspectives* (pp. 197-207)*.* Mörlenbach, Germany: Springer.

# Invited Articles

**Cornish, M. A.,** & Wade, N. G. (2015). Self-forgiveness therapy for overcoming interpersonal offenses. *Psychotherapy Bulletin, 50*(3), 15-20.

**Cornish, M. A.** (2012). Promoting self-forgiveness and well-being: Testing a novel therapy intervention. *Psychotherapy Bulletin, 47*(3), 15-28.

# Manuscripts Under Review (\* denotes student co-authors)

# Cornish, M. A., \*Gubash Black, S. M., & \*Hanks, M. A. (Under Review). *Self-forgiving processes in therapy for romantic relationship infidelity: An evidence-based case study.* Manuscript under second-round peer review.

# Griffin, B. J., Cornish, M. A. Maguen, S., & Worthington, E. L., Jr. (Under Review). Forgiveness as a mechanism of repair following military-related moral injury. In J. Currier, J. Nieuwsma, & K. Drescher (Eds.), *Addressing moral injury in clinical practice.* Washington, DC: American Psychological Association.

# Funded Grants

Marilyn A. Cornish (PI). *Adult Attachment, Forgiveness of Self and Other, and Personal and Romantic Relationship Wellbeing.* SERC Faculty Research Seed Grant ($1,950), Auburn University, 2018 (Funded).

Marilyn A. Cornish (PI). *Self-forgiveness, interpersonal functioning, and relational outcomes.* College of Education Seed Grant Program ($3,265), Auburn University, 2018 (Funded).

Marilyn A. Cornish (PI), Annette S. Kluck (Co-I), & Evelyn Hunter (Co-I). *Dialogue initiative on anti-oppressive education: Promoting greater purposes of higher education at Auburn University.* Campus Dialogue Grant: Realizing Higher Education’s Greater Purposes ($5,000), Bringing Theory to Practice, 2017 (Funded, with institutional match).

Suhyun Suh (PI), with Marilyn A. Cornish (Statistical Consultant). *Needs assessment for the development of educational programs for Koreans/Korean Americans and Americans.* Academy of Korean Studies ($8,000), Seoul, South Korea, 2015 (Funded).

Marilyn A. Cornish (PI). *Trust and relationship quality in romantic partners: The effects of forgiveness and self-forgiveness following relational transgression.* College of Education Seed Grant Program ($4,956), Auburn University, 2015 (Funded).

Marilyn A. Cornish (PI). *Enhancing counseling psychology students’ theoretical orientation development.* Daniel F. Breeden Endowed Grant Program ($1,500), Auburn University, 2014 (Funded, with $1,500 match from Auburn University Learning Resources Center).

Marilyn A. Cornish (PI). *Promoting self-forgiveness and well-being: Testing a novel therapy intervention.* Charles J. Gelso, PhD, Psychotherapy Research Grant ($2,000), American Psychological Association Division 29: Psychotherapy, 2012 (Funded).

Marilyn A. Cornish (PI). *Effects of a counseling intervention to promote self-forgiveness.* Psi Chi Graduate Research Grant ($1,500), Psi Chi National Honor Society, 2012 (Funded).

Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Promoting self-forgiveness & wellbeing: Examination of a novel counseling intervention.* Division 17 Counseling Psychology Grant ($1,000), American Psychological Foundation, 2012 (Funded).

Marilyn A. Cornish (PI). *Promoting self-forgiveness: Testing the effectiveness of a new counseling intervention.* Department of Psychology Research Enhancement Grant ($500), Iowa State University, 2012 (Funded).

Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Effectiveness of an intervention to help people forgive themselves.* Department of Psychology Small Grants Program ($1,592), Iowa State University, 2012 (Funded).

Nathaniel G. Wade (PI), David L. Vogel (Co-I), & Marilyn A. Cornish (Co-I). *Understanding the Stigma for Seeking Help in the Military.* Department of Psychology Small Grants Program ($3,300), Iowa State University, 2011 (Funded).

# Unfunded Grants

Jeffrey W. Fergus (PI), Taffye Clayton (Co-), Anne E. V. Gordon (Co-I), Alice Smith (Co-I), Daniel J. Svyantek (Co-I), Lauren E. Beckingham (Senior Personnel), Marilyn A. Cornish (Senior Personnel), and Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant ($1,000,000), National Science Foundation, 2019 (Not Funded).

Jeffrey Fergus (PI), Annette S. Kluck (Co-I), Anne E. V. Gordon (Co-I), Alice Smith (Co-I), Daniel J. Svyantek (Co-I), Diane Boyd (Senior Personnel), Marilyn A. Cornish (Senior Personnel), & Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant ($999,976), National Science Foundation, 2017 (Not Funded).

Marilyn A. Cornish (PI). *Racial microaggressions in group psychotherapy: Experiences of racial minority clients*. Group Psychotherapy Research Grant ($2,000), American Psychological Association Division 49, 2016 (Not Funded).

Nathaniel G. Wade (PI), with Marilyn A. Cornish (Consultant on initial submission). *Forgiveness in the hands of many: A nationwide forgiveness dissemination effort.* Human Sciences Research Grant ($1,703,500), John Templeton Foundation, 2015. (Online Funding Inquiry selected for full proposal [7.5% of OFIs were selected for full proposal]; Full Proposal Not Funded).

Nathaniel G. Wade (PI), Marilyn A. Cornish (Co-I), & Leslie S. Greenberg (Co-I). *Confessional and meditative prayer, self-forgiveness & virtue: Counseling to promote human flourishing.”* New Directions in the Study Of Prayer Research Initiative ($132,530). Social Science Research Council, 2012 (Not Funded).

# Chaired/Co-Chaired Conference Sessions (\* denotes student co-authors)

Cornish, M. A., & \*Martinez, M. (2018, August). *Did that just happen? Responding to microaggressions committed by psychotherapy clients in session.* Conversation hour co-chaired at the 2018 convention of the American Psychological Association, San Franscisco, CA.

Cornish, M. A. (2015, August). *Promoting self-forgiveness: empirical evidence and clinical implications.* Symposium chaired at the 2015 convention of the American Psychological Association, Toronto, ON, Canada.

# Invited Presentations (\* denotes student co-authors)

# Cornish, M. A., Hunter, E., \*Harris, L., \*Messer, M., & Kluck, A. S. (2018, January). *Social justice in classroom teaching: Creating inclusive classrooms and promoting greater purposes of higher education.* Invited presentation at Conversations in Celebration of Teaching Symposium, Auburn, AL.

# Currier, J. M., Fletcher, J. C., & Cornish, M. A. (2017, November). *Moral injury.* Invited panel presentation at the 5th Annual Veterans Disability Symposium. Birmingham, AL.

# Refereed Conference Presentations (\* denotes student co-authors)

Cornish, M. A., \*Grey, C., & \*Rossi, C. (2019, August). *Adult attachment, forgiveness of self & other, and personal & relational wellbeing.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

Cornish, M. A., Meyer, J. M., \*Harris, L., & Hunter, E. A. (2019, August). *Forgiveness and wellbeing in individuals with spinal cord injury: Exploration of potential mediators.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

\*Grey, C. J., Cornish, M. A., Ray, G. E., & \*Horton, A. J. (2019, August). *Confirmatory factor analysis of the McGill Friendship Questionnaire for romantic partners.* Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.

Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. L., & Losby, M. (2018, August). *Seeking help despite the stigma; Psychological flexibility as a moderated mediator.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

Cornish, M. A., & Tsai, P.-C. (2018, August). *Self-forgiveness in clinical training.* Symposium paper presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.

\*Grey, C., Cornish, M. A., & Ray, G. E., (2018, August). *The link between personal relationships' quality, satisfaction, and interparental conflict.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

\*Harris, L., \*Grey, C., \*Ballester, E., & Cornish, M. A. (2018, August). *What to do when client microaggressions are directed at identities not held by the therapist?* Conversation hour presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.

\*Harris, L., \*Chason, C., \*Townsdin, J., & Cornish, M. (2018, August). *Undergraduate psychology education: A multicultural training review.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

\*Phillips, K., \*Harris, L., Cornish, M., & \*Horton, A. (2018, August). *Black graduate students’ experiences at a predominately White institution.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

Cornish, M. A., & Woodyatt, L. (2017, August). *Trait Responses to Interpersonal Offenses Scale: Development of a trait self-forgiveness measure.* Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.

\*Song, H., \*Sun, Y., \*Zhuzha, K., \*Hayes, D., Kluck, A. S., & Cornish, M. A. (2017, August). *Mechanisms used through university counseling centers’ websites to encourage group counseling.* Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.

\*Harris, L., \*Chason, C., \*Townsdin, J., & Cornish, M. A. (2017, March). *Multi-cultural education: A review of undergraduate psychology curriculums.* Paper presented at the College of Liberal Arts Diversity Research Symposium, Auburn, AL.

Cornish, M. A., \*Conroy, A. K., \*Morris, G. W., & \*Black, S. (2016, August). *Self-forgiving or self-excusing? The importance of responsibility following interpersonal offenses.* Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.

Tucker, J. R., Wade, N. G., Abraham, T., Bitman, R. L., Tittler, M., Cornish, M. A., & Post, B. C. (2016, August). *Modeling cohesion change in group therapy: The role of leader behaviors and client characteristics.* Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.

Cornish, M. A., & Wade, N. G. (2015, August). *Effects of a self-forgiveness counseling intervention.* Symposium paper presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Heath, P. J., Seidman, A., Vogel, D. L., Cornish, M. A., & Wade, N. G. (2015, August). *Help-seeking self-stigma in military men: The role of distress and restrictive emotionality.* Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

\*Morris, G., & Cornish, M. A. (2015, August). *Moral injury with the veteran population in relation to an extended perspective on self-forgiveness.* Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Wade, N. G., Cornish, M. A., & \*Morris, G. (2015, August). *Self-forgiveness in counseling: Clinical case examples and considerations for practice.* Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.

Wade, N. G., Bitman, R., & Cornish, M. A. (2014, August). *Religion and spirituality in group counseling: Client and counselor perspectives.* Symposium paper presented at the 122nd annual convention of the American Psychological Association, Washington, DC.

Bitman, R. L., Wade, N. G., Cornish, M. A., Tucker, J. R., & Post, B. C. (2013, August). *Unforgiveness and forgiveness in those seeking counseling: A replication and extension.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Cornish, M. A., Vogel, D. L., & Wade, N. G. (2013, August). *Evaluation of an online help seeking stigma-reduction intervention for military personnel.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Griffith, A., Wade, N. G., Vogel, D. L., & Cornish, M. A. (2013, August). *Stigma associated with seeking help for female veterans: Insights from OEF and OIF female veterans.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Vogel, D. L., Freeman, A., & Cornish, M. A. (2013, August). *Indirect contact and stigma toward mental illness: Effectiveness of two video interventions.* Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.

Cornish, M. A., Thill, A., Wade, N. G., & Vogel, D. L. (2012, August). *Help-seeking stigma in the military: Insights from military personnel.* Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.

Cornish, M. A., Wade, N. G., Post, B. C., & Tucker, J. R. (2012, August). *Promoting forgiveness: Specific interventions, group processes, and client characteristics.* Symposium paper presented at the 120th annual convention of the American Psychological Association, Orlando, FL.

Cornish, M. A., Guyll, M., & Lannin, D. G. (2011, August). *The effects of empathy and emotional information on forgiveness and cardiovascular response.* Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.

Cornish, M. A., Wade, N. G, Knight, M. A., Post, B. C., & Tucker, J. R. (2011, August). *The impact of meaning in duties, relationship strain, and religious coping on post-traumatic stress symptoms.* Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.

Knight, M. A., Wade, N. G, Cornish, M. A., Post, B. C., & Tucker, J. R. (2011, May). *Operation Iraqi Freedom: Impact of PTSD, combat exposure, and religious coping skills on relationship quality.* Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Cornish, M. A., Knight, M., & Wade, N. G. (2011, April). *Counselors’ reflections on attending to religion and spirituality in group counseling.* Paper presented at the 9th Annual Mid-Year Conference on Religion and Spirituality (APA Division 36), Baltimore, MD.

Tucker, J. R., Wade, N. G., Cornish, M. A., Post, B. C., & Knight, M. A. (2011, April). *Reducing the self-stigma of seeking help through group intervention.* Poster presented at the 24th annual Great Lakes Conference, Bloomington, IL.

Cornish, M. A., & Wade, N. G. (2010, August). *Religion and spirituality in group counseling: Practitioners’ perceptions and practices.* Paper presented at the 118th annual convention of the American Psychological Association, San Diego, CA.

# Courses Taught

***Graduate Courses, On-Campus***

Advanced Practicum in Counseling Psychology

Advanced Practicum: Teaching

Advanced Theories: Psychodynamic/Interpersonal Theory

Colloquium in Counseling Psychology I

Colloquium in Counseling Psychology II

Counseling Applications of Lifespan Development

Counseling Supervision: Theories and Practice

Externship in Counseling Psychology

Group Counseling

Professional Development and Internship Skills

Professional Seminar in Counseling Psychology

Research and Dissertation

Research Design in Counseling and Evaluation

***Graduate Courses, Distance Education***

Counseling Applications of Lifespan Development

***Undergraduate Courses, On-Campus***

Academic Learning Skills

Introduction to Psychology

Psychology of Religion

Psychological Tests and Measurement

Supervised Research Experience in Counseling

**Advising**

***Counseling Psychology Doctoral Student Advisor***

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Dissertation Committee Chair***

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Dissertation Committee Member***

Auburn University: Auburn, AL

***Masters Student Committee Chair***

Counseling Psychology Program, Auburn University: Auburn, AL

***Masters Student Committee Member***

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

* Clinical Mental Health Counseling
* Counseling Psychology
* School Counseling

# Departmental Service

***Director of Training & Director of Practicum Training,*** January 2019 – present

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

***Budget Committee Member***, January 2019 – present

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Faculty Advisor,*** January 2017 – August 2019

Association of Counseling Psychology Students (ACOPS), Auburn University: Auburn, AL

***Co-Director of Training & Director of Practicum Training,*** January 2018 – December 2018

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

***Counseling Psychology Faculty Search Committee Member,*** Fall 2018/Spring 2019

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Counselor Education Faculty Search Committee Member,*** Fall 2018

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Counselor Education Faculty Search Committee Member,*** Spring 2018

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Counseling Psychology Faculty Search Committee Member,*** Fall 2017

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

***Director of Practicum Training,*** August 2017 – December 2017

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

***Counseling Psychology Faculty Search Committee Member,*** Spring 2016

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

# College and University Service

***Climate Study Advisory Committee Member,*** Fall 2017 – present

College of Education, Auburn University: Auburn, AL

***Advisory Board Member,*** Fall 2017 – Summer 2019

Women’s Resource Center, Auburn University: Auburn, AL

***Scholarship and Innovation Committee Member,*** August 2015 – July 2018

College of Education, Auburn University: Auburn, AL

***Faculty Senate Department Representative,*** August 2015 – August 2017

University Faculty Senate, Auburn University: Auburn, AL

***Advisory Board Member,*** Fall 2016

Emotional Intelligence Course Development, Auburn University: Auburn, AL

***Task Force Member,*** August 2011 – August 2012

Women Graduate Student Needs Assessment Task Force*,* Iowa State University: Ames, IA

# National Service

***Domain Representative for Education and Training,*** January 2019 – present

Society for the Advancement of Psychology (APA Division 29)

***Continuing Education Committee Member***, August 2016 – October 2019

Society of Counseling Psychology (APA Division 17)

***Editorial Board Member,*** January 2016 – December 2016

*Journal of Counseling Psychology*

***Proposal Reviewer for Charles J. Gelso Psychotherapy Research Grant,*** April 2016

Society for the Advancement of Psychotherapy (APA Division 29)

***Proposal Reviewer for Annual Convention Programming,*** October 2015 – present

Society of Counseling Psychology (APA Division 17)

***Ad Hoc Manuscript Reviewer***

*Psychotherapy*

*Counselling Psychology Quarterly*

*Current Psychology*

*Journal of Counseling Psychology*

*Journal of Positive Psychology*

*Journal for Specialists in Group Work*

***Division Student Co-Representative,*** August 2011 – August 2013

APA Division 36 (Society for the Psychology of Religion and Spirituality)

***Executive Committee Member,*** March 2010 – August 2011

APA Division 36 Task-Force for Student Involvement

# Outreach

***“Moral Injury” Continuing Education Panelist****,* November 2017

Facilitated a 90-minute continuing education session in Birmingham, AL on moral injury and self-forgiveness for approximately 100 nurses, physicians, lawyers, counselors, psychologists, and other helping professionals who work with military veterans.

***“Cultivating Self-Forgiveness in Your Life” Seminar Presenter*,** February 2017

Facilitated a two-hour seminar on self-forgiveness to a group of 10 women who are inmates at the Montgomery Women’s Center (Montgomery, AL).

***Social Justice Project Faculty Mentor*,** Fall 2016

Advised 14 doctoral students through completion of social justice advocacy projects for Professional Seminar in Counseling Psychology course.

***Graduate Diversity Campus Experience (DiCE) Department Representative*,** Fall 2016, 2017

Represented the counseling psychology program for an event that provides an opportunity for students from underrepresented groups to learn about Auburn’s graduate degree programs.

***“Self-Forgiveness for Clients with Substance Abuse” Therapist Trainer/Consultant,*** 2016 –

Facilitated a full day workshop in Mobile, AL to train 11 therapists in a 10-session self-forgiveness individual counseling program I developed and revised to be tailored to vulnerable clients (e.g., at risk for homelessness, unemployed, etc) with substance abuse concerns. I continue to provide consultation to this group and am co-investigator on an open trial of the effectiveness of the counseling program with that population.

***“Scholars Committed to Opportunities in Psychological Education” Mentor,***2016, 2017

Served as a mentor at an annual workshop and mentoring event to improve recruitment of talented racial/ethnic minority students in psychology graduate programs.

***“Helping Substance Abuse Clients Achieve Self-Forgiveness” Presenter*,** July 2013

Co-facilitated a half-day workshop on the use of psychological principles of self-forgiveness for 12 pastoral counseling staff members at UnityPoint Health (Des Moines, IA) who do in-patient substance abuse treatment.

***“Healing the Past Through Self-Forgiveness” Continuing Education Presenter,*** Sept. 2012

Conducted a 2-hour continuing education program for approximately 25 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of self-forgiveness in end-of-life concerns.

***“Letting Go: Forgiveness and Mental Health” Continuing Education Presenter*,** Aug. 2012

Conducted a 2-hour continuing education program for approximately 20 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of forgiveness of others in end-of-life concerns.

***“Self-Forgiveness Counseling” Intervention Trial Investigator,*** May 2012 – October 2013

Facilitated a full day workshop in Ames, IA to train 7 therapists in an 8-session self-forgiveness individual counseling program I developed. I then served as primary investigator on a waitlist-controlled trial of the intervention program with community members with interpersonal regrets.

# Clinical Experience

***Licensed Psychologist in Private Practice,*** September 2019 – present

Auburn Psychological Wellness Center: Auburn, AL

***Group Supervisor of Externship Students,*** Fall 2017 – present

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

***Group Supervisor of Advanced Practicum Students,*** Fall 2014 – Spring 2017, Spring 2019

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

***Supervisor-of-Supervision for Counseling Psychology Students*,** Fall 2015, 2017, 2019

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

***Pre-doctoral Psychology Intern,*** August 2013 – July 2014

Counseling Center, University of Missouri: Columbia, MO

***Individual Supervisor of Beginning Counseling Practicum Students,*** Aug 2011 – May 2013

Department of Psychology, Iowa State University: Ames, IA

***Screening Counselor & Clinical Research Assistant,*** August 2009 – May 2013

Department of Psychology, Iowa State University: Ames, IA

***Advanced Practicum Counselor and Neuropsychological Assessor,*** Aug 2011 – Nov 2012

Mental Health Division, Iowa Veterans Home: Marshalltown, IA

***Group Counselor,*** August 2010 – August 2011

Network: A Group Counseling Program: Ames, IA

***Advanced Practicum Counselor,*** January 2010 – May 2011

Student Counseling Service, Iowa State University: Ames, IA

## *Career Counselor,* August 2009 – December 2009

Student Counseling Service, Iowa State University: Ames, IA

# Current Memberships

American Psychological Association (APA)

Council of Counseling Psychology Training Programs (CCPTP)

Society of Counseling Psychology (APA Division 17)

Society for the Advancement of Psychotherapy (APA Division 29)

Society of Group Psychology and Group Psychotherapy (APA Division 49)

# Awards and Distinctions

***Outstanding Commitment to Inclusion and Diversity Award,*** Auburn University College of Education (2018). Recognizes faculty and staff for their outstanding contributions to supporting inclusion and diversity in the college.

***Professional Development Workshop Scholarship***, Council on Counseling Psychology Training Programs (CCPTP; 2017). Supports attendance at workshop and CCPTP conference to create a pipeline of future leaders of counseling psychology doctoral training programs.

***Diversity Award***, Society for the Advancement of Psychotherapy (2015). Recognizes the best paper on racial/ethnic, gender, or cultural issues in psychotherapy based on work conducted by the first author during graduate studies.

***Donald K. Freedheim Student Development Award***, Society for the Advancement of Psychotherapy (2015). Recognizes the best paper on psychotherapy theory/practice/research based on work conducted by the first author during graduate studies.

***University Research Excellence Award***, Iowa State University (2012). Recognizes students for outstanding research as seen in their theses and dissertations.

***Outstanding Counseling Psychology Graduate Student Award***, Iowa State University (2012). Recognizes the student who best embodies the scientist-practitioner model.

***John A. Bath Graduate Fellowship***, Iowa State University (2010). Supports a counseling psychology student with outstanding accomplishment in research and/or practice.

***Robert W. Sledge Graduate Fellowship***, Alpha Chi Honor Society (2008-2009). Supports the top two graduating national Alpha Chi members who are beginning doctoral study.

*updated October 22, 2019*