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Understanding motivation in a Rural physical education setting

**Friday, Oct 19, 2018**

04:00 PM - 04:15 PM

**Location:** Alta-Brighton

### **Description:**

Achievement motivation research in physical education has shown that students who lack motivation have the potential to experience disengagement from physical activity in general. However, the populations in these studies have been almost exclusively students from middle, upper-middle, and affluent socioeconomic backgrounds, from either metropolitan cities or suburban areas in the United States and abroad (Carroll & Loumidis 2001; Hill 2015). Investigations that focus on high school students' motivational profiles and experiences during physical education lessons in rural settings are scant in physical education literature. The current study was guided by the recommendations of Oliver (1999) and Oliver and Lalik (2000) and employs a transformative mixed methods design to address the research questions. The transformative mixed methods design is one which is committed to addressing issues of social justice and nonhierarchical methods. Basic quantitative and qualitative data collection and analysis techniques were used to gain a comprehensive understanding of participants' experiences in a rural high school physical education setting. The Amotivation Inventory in Physical Education (Shen et al, 2010a), the Physical Education Motivational Scale (PEMS) (Sulz, Temple, & Gibbons, 2016), and individual and focus group semi-structured interviews were utilized. The aim of this study was to gain a comprehensive understanding of students' experiences in a rural physical education setting.

### Sub Session Speaker(s):

<b>Cory Dixon</b>	▶
<b>Lekia Redmond</b>	▶
<b>Peter Hastie</b>	▶