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Feb. 27, 2023

**Free Communication/Poster Notification**

We are pleased to inform you that your abstract titled “**“Studying The Relationship Of Sleep Efficiency And Balance In People With Essential Tremor”**” has been accepted for**in-person** presentation in a **Free Communication/Poster** session at the 2023 ACSM Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Physical Activity and Aging Biology being held at the Denver Convention Center in Denver, CO, from May 30 to June 2, 2023. Presented abstracts will be published in an online annual meeting supplement within volume 55 of *Medicine & Science in Sports & Exercise®(MSSE)*. Your presentation date and time are as follows:

**Author Block**: Julia Amalia Christl1, Patrick G. Monaghan1, Kenneth D. Harrison1, Sarah A. Brinkerhoff1, Harrison C. Walker2, Jaimie A. Roper1. *1Auburn University, Auburn, AL. 2University of Alabama in Birmigham, Birmingham, AL.*
**Session Title**: Walking
**Session Date/Time**: Thursday Jun 1, 2023 2:00 PM - 4:30 PM
**Presentation Time**: 3:00pm - 4:30pm
**Room/Location**: Please refer to the mobile app once on-site.

Scheduling
The Program Committee has worked diligently to minimize content overlap among the concurrent sessions at the meeting. Because changes to the time or day of any sessions would have a ripple effect throughout the program, we cannot consider any change requests related to the date and time of sessions.

Session Details
For important details and instructions to assist with your presentation preparations, please click on the link below that says **"Free Communication/Poster"**.

[Free Communication/Poster](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/EaQ-A8yD5w1Mvr4IV0tNVz8BeLXC5K2Gvahxv4GkI6Gt_A?e=nMbjRT)

[Thematic Poster](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/EWfNPAR6dztNracvizujLroBiM3pxGjDWG83G1kq0Psiiw?e=Z7zbF2)

[Basic Science World Congress/Poster](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/EdwovlrYBSRNp37ivfjez4IBx4wMfw4AD54FKxy2j7TuzQ?e=PqQodf)

[Exercise is Medicine®/Poster](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/ESL-cA8IcA1LrIr085H7ry8B6lxVeRpd5SeqF4Uc2oyyZQ?e=TXUEoB)

[Free Communication/Slide](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/ERNiseeD1m5EnsRYSiii1OEBn6oGgM2EZVQlzK9r49JTKw?e=a0os9k)

[Rapid Fire Platform](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/EXlbqKUiwmBOoDpB4N45pJABcSJM2EphN6bAEA5MO3KItg?e=fXyVne)

[Clinical Case Slide](https://acsmfoundation-my.sharepoint.com/%3Ab%3A/g/personal/breed_acsm_org/EbRxZPisY_ZDidgr-AikG8YBRgdKyD2rHEh5a_L998wIlw?e=Ab3ClT)

Registration Details
Per ACSM policy, all presenters are required to register and pay the registration fee for the **in-person** conference ("In-Person Programming" or "Bundled Programming" registration options). This includes exhibitors who may also be presenting. Failure to register, including paying the fee, may result in a penalty preventing you from presenting at future annual meetings and will result in your abstract not being published in the online *MSSE* supplement.

The Program Committee recommends all speakers pre-register by March 30 to take advantage of the early-bird price break. [Click here to register.](https://www.acsm.org/annual-meeting/registration)

You will register for the meeting via the ACSM member website, which is different than the abstract submission database. If you do not have an account on the ACSM member website, you will need to create one in order to register.

Housing
[Review housing details and reserve your hotel room.](https://www.acsm.org/annual-meeting/housing)

Withdrawing
In the event an emergency arises that prohibits you from presenting your material, please immediately inform Beth Reed in the ACSM Education Department via email at breed@acsm.org. The Board of Trustees has a long-standing policy stating that speakers who fail to provide notice of a reason acceptable to the Program Committee for not delivering an accepted paper will be prohibited from presenting at future annual meetings. Also, be advised that per Program Committee policy, only the first author may withdraw the abstract.

General Photography and Social Media Etiquette
ACSM strives to create a participatory environment at its meetings that encourages learning and facilitates dialogue. Generally, taking photos, live-tweeting, and sharing ACSM Annual Meeting experiences on social media is welcomed. It is the attendee’s responsibility to avoid distraction to others by using devices in a sensible, respectful and conscientious manner.

However, presenters of session and poster content may not wish to have their presentations or research photographed, recorded or shared on Twitter, Facebook or other social networks. Presenters will be asked to make an announcement before and during their presentations if such capturing and recording is allowed. If there is no announcement or other permission granted, attendees are asked to refrain from photography and recording. Since content may be at different points of journal submission or other formal processes, ACSM asks all attendees to honor presenters’ desires regarding photography and social media, whether allowed in whole, in part or not at all.

Social Media
We encourage you to celebrate the acceptance of your presentation by letting your friends and family know about this accomplishment. [Click here to find text and graphics](https://acsmfoundation-my.sharepoint.com/%3Af%3A/g/personal/breed_acsm_org/EkHIpejBuXlEhMZa6vYio20BA1uFI8Q16ySZgW6g-vswNA?e=7N6KDh) you can add to your email signature block or post on your social networks.

Please contact Beth Reed in the ACSM Education Department atbreed@acsm.org with any questions. Thank you for your contribution to the program. We look forward to your presentation.

Sincerely,
2023 ACSM Program Committee
ACSM Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Physical Activity and Aging Biology
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**Please click on the "Continue" button below to complete an important step regarding Accessibility by March 6.**

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| [American College of Sports Medicine](http://www.acsm.org/meetings/annualmeeting.htm) |

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