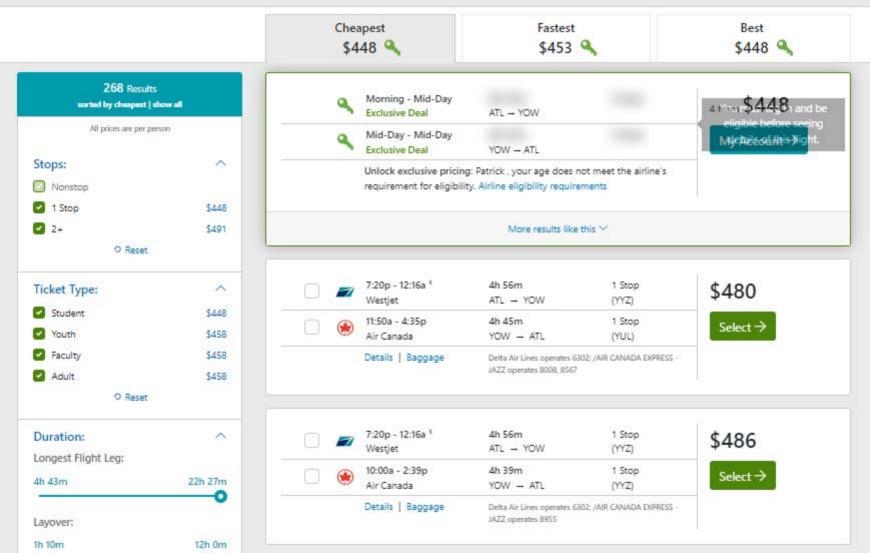
The North American Congress on Biomechanics (NACOB) 2022-Budget	
Transportation	
Return flights (Ottawa-Montreal)	\$450.00
Uber to/from airport	\$40.00
Lodging	
5 nights @ \$130 per night	\$650.00
Meals	
5 days at \$30 per day	\$150.00
Registration	
Early Bird Student Member	\$350.00
Total	\$1640.00



## WESTIN SHAW CENTRE

Ottawa's premier meeting hotel is directly connected to the Shaw Centre, the location of all NACOB 2022 sessions. The Westin Ottawa is conveniently located in the heart of Canada's picturesque capital, providing direct access to many of the city's national attractions. Enjoy the comfort, space and facilities of one of Ottawa's premier hotels. Work out in the fitness studio, relax in a whirlpool, or swim in the heated indoor saltwater pool or simply meet other delegates for in the lobby. Whatever you need, The Westin Ottawa is the center of it all.

- POOL & FITNESS
- CHOICE OF STYLISH BARS, RESTAURANTS AND COFFEE SHOPS IN THE CLOSE VICINITY AND WITHIN THE HOTEL
- COMPLIMENTARY WIFI

## **RATES**

Traditional Rooms (single or double occupancy):

\$239 + Tax

Deluxe Parliament Rooms (single or double occupancy):

\$299 + Tax



## Early Bird (Ends June 21)

- ASB/CSB Faculty Member \$880CAD + tax | \$700USD + tax
- Governmental or Non-Profit Non-Member \$880CAD + tax | \$700USD + tax
- Faculty Non-Member \$1080CAD + tax | \$860USD + tax
- ASB/CSB Post-Doctoral Member \$660CAD + tax | \$525USD + tax
- Post-Doctoral Non-Member \$780CAD + tax | \$620USD + tax
- ASB/CSB Student Member \$440CAD + tax | \$350USD + tax
- Student Non-Member \$500CAD + tax | \$400USD + tax