



Lyndsay Deal <lyndsaybdeal@gmail.com>

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## 2026 AHC Conference Proposal Notification

1 message

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**lis tomlin** <listomlin@gmail.com>  
To: lyndsaybdeal@gmail.com

Sat, Dec 20, 2025 at 11:57 AM

Congratulations!

Thank you so much for submitting a proposal for the AHC 2026 Conference. We are pleased to accept your proposal as a **50 minute Education Session (Counseling Practice Track)**:

**Emotion-Focused or Emotionally Focused Therapy: Understanding Two Distinct Approaches with Unique Conceptual Underpinnings and Interventions**

For those who are working in presenting teams, please notify them, as this email is being sent only to the first presenter listed.

The Conference Committee is in the process of organizing and scheduling each session, and a subsequent email will follow prior to the conference with the exact date and time of your presentation. It is important to note that correspondence will be conducted with the lead presenter, so please inform any co-presenters of acceptance, along with subsequent information regarding presentation time/scheduling.

As a reminder, all presenters **must** register for the conference. Registration is planned to open in January, so keep an eye out! Also please remember that the education sessions will be live- streamed for participants, as this year's conference features a hybrid model.

While more information is forthcoming, please do not hesitate to reach out with questions to the Proposal Review Committee Chair (Lis Tomlin; [listomlin@gmail.com](mailto:listomlin@gmail.com)), or Conference Coordinators (Lotes Nelson; [counseling@lotesnelson.com](mailto:counseling@lotesnelson.com)) and/or (Eric Jett; [e.jett@snhu.edu](mailto:e.jett@snhu.edu)).

On behalf of AHC, we wish everyone a glorious winter break, solstice, and holiday. We look forward to seeing you in 2026 😊

With warmth,

Lis Tomlin  
*Chair, Proposal Review Committee*

Lotes Nelson and Eric Jett  
*Conference Co-Coordinators*

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Lis Tomlin, Ph.D., ACS, LMHC-NY, LPC-PA, LPC-CO

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Pronouns: *she/ her/ hers* ([Why Pronouns Matter!](#))

*"Lean into the sharp points."*