

Fall, 2011

M. G. Fischman

**KINE 7010 - RESEARCH METHODS IN PHYSICAL ACTIVITY (3 cr.)**

Lecture: Thursday, 1:00 – 3:30 PM

**Instructor**

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Office hours: Daily, 9 – 10 AM. Other times by appointment.

**Course Description**

Review, analysis, and interpretation of available research with emphasis on designing new research to meet changing needs. The study of research methods and critical analysis of research literature specifically applied to the areas of motor performance, physical education, exercise science, health promotion, and sport.

**Objectives**

Upon completion of this course, students will understand:

1. How to apply scientific thinking through the analytical study of research literature;
2. How to locate and use the professional and physical resources available for research at Auburn University;
3. Specific philosophical issues related to the nature of graduate study in the physical activity sub-disciplines;
4. How to develop a specific research problem in their area of specialization.

**Required Textbook and Materials**

Thomas, J.R., Nelson, J.K., & Silverman, S. J. (2011). *Research methods in physical activity (6th ed.)*. Champaign, IL: Human Kinetics.

**Supplemental Readings** – These will be made available through Blackboard.

Forscher, B.K. (1963, October 18). Chaos in the brickyard. *Science*, 142 (3590), 339.

Barnett, B. (1992, June 3). Teaching and research are inescapably incompatible. *The Chronicle of Higher Education*.

Siedentop, D. (1987). Going public: Quality control in graduate education. *Quest*, 39, 82–87.

Questions based on these readings will appear on Exam 1. Check schedule for dates these articles will be discussed.

**Assignments and Evaluation**

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|----|-----------|---------------|-------------------------------------|
| 1. | 30 pts. = | <u>Exam 1</u> | October 6                           |
| 2. | 30 pts. = | <u>Exam 2</u> | December 5 (Monday, 4:00 – 6:30 PM) |

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|----|-----------|---------------------------|--|
| 3. | 15 pts. = | <u>Library Assignment</u> | Prepare an annotated bibliography on a research topic (details in separate handout).   |
| 4. | 25 pts. = | <u>Research Abstracts</u> | Five 120-150 word abstracts based on<br>“ <b>Research Notes</b> ” published in the <i>Research Quarterly for Exercise and Sport</i> , 2007 – 2011. |

ComponentFinal Letter Grade

Exam 1 –	30 pts.	90 – 100 = A
Exam 2 –	30 pts.	80 – 89.9 = B
Abstracts –	25 pts.	70 – 79.9 = C
Library –	15 pts.	60 – 69.9 = D
		Under 60 = F

**Class Policy Statements**

**Attendance.** It is expected that students taking a graduate class will attend every class meeting, will arrive on time, and will actively participate in each class. Absences and late arrivals will not be tolerated. If you must miss class because of illness or other emergency, please try to notify the instructor in advance. You are still responsible for any work missed during an absence. If you miss an exam due to illness, a make-up must be arranged with your instructor, and should be taken within 24 hours of your return to school.

**Plagiarism.** There are no group assignments or projects in this course. All exams, research abstracts, library assignment, faculty biographies, and any other written work must reflect the individual efforts of each student. Please refer to the *Tiger Cub* for information regarding academic honesty.

**Cell Phones.** As a courtesy to everyone, please turn off your cell phone during class. If you have a compelling reason for leaving your phone on, please let me know at the beginning of class. Also, please do not text–message during class.

**Best Work.** Students are expected to show evidence of thorough reading of assigned textbook chapters and supplemental readings. Please take pride in your work and be motivated to do your best work in this class; if you do, you will gain the maximum benefit from the course.

**Disability Accommodations.** Students who need accommodations are asked to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e–mail. Through tiger i, you will electronically notify me of your accommodation needs. An appointment with the instructor will still be required; however, no visits to the Program for Students with Disabilities office to obtain the memo will be needed. If you need more information, make an appointment with **The Program for Students with Disabilities**, 1228 Haley Center, 844-2096.

## KINE 7010 – RESEARCH METHODS IN PHYSICAL ACTIVITY

### Research Abstract Assignments (25 pts.)

According to the “Editor's Viewpoint” (*Research Quarterly for Exercise and Sport*, March, 1986) a Research Note is a valuable contribution to the study of human movement, but one which fails to meet the complete definition of a regular paper. Examples of the types of reports that are classified as Research Notes include (1) replications of previous work, (2) test development, (3) equipment development, (4) computer programs, (5) profile evaluations, (6) brief communications, (7) re-analysis of previously reported data, (8) verification of original documents of major importance to the field, and (9) short interesting items of scientific value. For the purposes of KINE 7010, the important characteristic of Research Notes is the absence of an abstract. You will write an abstract for five Research Notes published in the *RQES* within the past 5 years (2007–2011).

Abstract – An abstract can be defined as a summary of the information in a document. It enables readers to identify the basic content of a paper quickly and accurately, to determine its relevance to their interests, and thus to decide whether they need to read the entire paper.

Guidelines – Your abstract length should be a minimum of 120 words and a maximum of 150 words. The abstract should include a statement of the purpose or principal objectives of the study, a brief description of the methods, a summary of the main findings (you do not need to cite specific statistical tests that were used, or include statistical outcomes or data), and a statement of the principal conclusion(s), if any. Before you write your first abstract, please examine several from regular articles in the *RQES*, or other refereed journals in your field, to see how they were written. Try to model your abstract after these examples.

These assignments must be typed. Put your name in the top right-hand corner of the page. Skip 2 lines and provide the American Psychological Association (APA, 6<sup>th</sup> Ed.) citation for the article (authors, year, title of article, *Research Quarterly for Exercise and Sport*, volume number, inclusive pages. This may be typed single-spaced). Skip 2 lines and type the word **Abstract** centered on the page. Skip 2 lines and then type your abstract as one **double-spaced** paragraph, beginning flush left. Use complete, grammatically correct sentences. Check your spelling, and proofread your work. Provide a word count at the bottom of the page. Most word-processing programs can do an automatic word count for you.

Write the abstract as if **you were the author** of the article. Therefore, it is not plagiarism if you copy information word-for-word from the article. Remember, you wrote it; it's your article. Now, you simply have to write the abstract for it.

#### Due dates

Abstract #1 (2007)	–	September 8
Abstract #2 (2008)	–	September 29
Abstract #3 (2009)	–	October 20
Abstract #4 (2010)	–	November 10
Abstract #5 (2011)	–	December 1

**Class Schedule and Reading Assignments**

<b><u>Date</u></b>	<b><u>Topic</u></b>
August 18	Introduction, syllabus, requirements; <i>Chapter 1: Introduction to Research in Physical Activity</i>
August 25	<i>Chapter 1 (cont'd.); Chapter 2: Developing the Problem and Using the Literature</i> ; Supplemental readings by Forscher (1963) and Barnett (1992)
September 1	Library Session (Meet at the AU Library)
September 8	<i>Chapter 2 (cont'd.); Chapter 3: Presenting the Problem</i> ; <b><u>Abstract #1 due.</u></b>
September 15	No Class (NAK Meeting - Minneapolis)
September 22	<i>Chapter 3: Presenting the Problem (cont'd); Chapter 4: Formulating the Method</i> ; Supplemental reading by Siedentop (1987); <b><u>Faculty biographies due.</u></b>
September 29	<i>Chapter 5: Ethical Issues in Research and Scholarship</i> ; <b><u>Abstract #2 due.</u></b>
October 6	<b>EXAM 1</b>
October 13	<i>Chapter 6: Becoming Acquainted with Statistical Concepts.</i>
October 20	<i>Chapter 7: Statistical Issues in Research Planning and Evaluation; Chapter 8: Relationships Among Variables (pp. 125-138).</i> <b><u>Abstract #3 due.</u></b>
October 27	<i>Chapter 9: Differences Among Groups.</i>
November 3	<i>Chapter 9 (cont'd.).</i>
November 10	<i>Chapter 16: Other Descriptive Research Methods (only developmental research, pp. 291–295); Chapter 17: Physical Activity Epidemiology Research</i> <b><u>Abstract #4 due.</u></b>
November 17	<i>Chapter 18: Experimental and Quasi-Experimental Research (pp. 329–338).</i>
November 24	<b>Thanksgiving Break</b>
December 1	<i>Chapter 21: Completing the Research Process; Chapter 22: Ways of Reporting Research</i> ; <b><u>Abstract #5 due; Library Assignment due.</u></b>
December 5	<b>EXAM 2 (4:00 – 6:30 PM)</b>

## KINE 7010 - RESEARCH METHODS IN PHYSICAL ACTIVITY

### Library Assignment (15 pts.)

**Purpose:** To assist the graduate student in learning to use computerized data bases, indices, abstracts, and other materials in the Auburn University library for locating research literature.

**Due:** By December 1, 2011

Select **one** topic from the list below and, using the library online search tools and databases, submit an **annotated bibliography** containing **five** (5) books, or chapters from edited books, **ten** (10) refereed journal articles, and **one** (1) dissertation on the topic.

An annotation is typically **one concise sentence** describing the subject content of the item being annotated. Refer to the *Publication Manual of the American Psychological Association* (6th ed., 2010) for instructions on format for typing the reference citations. There are copies in the library, as well as in the Learning Resources Center (LRC) in Haley Center, 3<sup>rd</sup> floor.

### TOPICS

1. Do public school physical education programs really affect health-related fitness and motor skill development?
2. What has been the impact of the Americans with Disabilities Act (ADA) on public school physical education programs?
3. What does it mean to “throw like a girl?” (Sex differences in throwing)
4. What are the long-term effects of anabolic steroid use in body builders?
5. Does artificial turf contribute to athletic injuries?
6. Boxing and Parkinson's disease: Is Muhammad Ali the norm, or the exception?
7. What effects does physical exercise have on reducing stress?
8. Is there a relationship between physical exercise and cognitive skills?
9. Is there a relationship between weight-bearing exercise and osteoporosis in aging?
10. What are the effects of cell phone use on motor vehicle driving safety?