**Auburn University**

**Department of Kinesiology**

**1. Course Number**: PHED 1400-001

**Course Title:** Advanced Volleyball

**Credit Hours:** 2 Credit hours-

**2. Term:** Fall 2011

**Class Time:** M/W/F 10:00-10:50

**Instructor:** Lorena Salom

**Contact Information:**  [lps0005@auburn.edu](mailto:lps0005@auburn.edu)

S**econdary Contact:** (Dr. Jared Russell, 334-844-1429; russej3@auburn.edu)

**Office Hours:** 2100 Memorial Coliseum. Meetings can be requested via .e-mail.

**3. Texts or Major Resources:**

This PHED course will utilize an on-line e-textbook *(McGraw-Hill Tracking Portal)*. You must purchase a code from the bookstore or on-line, if you prefer.

Once you purchase the code, follow the directions provided below and register for class by 08.31.12

Instructions for logging into the Tracking Portal

1. Log onto http://mhlearningsolutions.com/Auburn\_health/login.php

2. Click on student registration

3. Complete registration information.

a. The card code will be on the card you purchased from the bookstore.

4. Click on PHED 1450 Team Sports Volleyball

5. On the left tool bar are 7 modules: Exercise Vocabulary, Health Benefits, The FITT principle, behavior change, preparing and recovering from exercise, my activity profile and conceptual core: Team Sports Volleyball. Each module has an assessment at the end (with the exception of my activity profile) that will count towards your grade this semester.

6. The “My Activity Profile” tab allows you to set goals, log your exercise program and track your progress.

7. At the top of the page you will see section list, grades, add new course, profile and logout. Click on the grades tab to view your grades for the assessment. The profile contains your registration information. Please logout after each use.

8. Please log onto and register by August 31st, 2012

\*Please note that failure to complete Portal assignments by December 2nd, 2012 will result in “No Grade” for the course.\*

**Course Description:**

The three specific objectives of the volleyball course are (1) this course is designed to review the concepts and skills necessary to play volleyball, (2) to develop the understanding of the sport’s fitness, higher level skills and the competitive aspects of the course, and (3) enjoyment. The objectives are reached through the instructional and competitive aspects of the course.

Achieving these goals allows students to participate safely and with satisfaction in the sport and leisure activities.

**Course Objectives**

1. Further develop skills needed to participate in volleyball as a lifetime activity.

2. Demonstrate and improve the advanced skills used in volleyball through class practice & playing the game.

3. Learn the terminology, rules, equipment, facilities & strategies needed to participate in volleyball.

Class will be held at the scheduled times unless otherwise stated **by the instructor.**

**The above policies are subject to change at the discretion of the instructor.**

**Tentative Class Schedule**

**• Class will be held at the scheduled times unless otherwise stated by the instructor.**

**Tentative Class Schedule**

**Week 1: The Game of Volleyball**

**Week 2: The Serve**

**Week 3: The forearm pass**

**Week 4: The overhead pass or Set**

**Week 5: Spiking**

**Week 6: Types of Spikes**

**Week 7: Formations**

**Week 8: Game situations**

**Week 9: Principles of Offense**

**Week 10 Principles of Defense**

**Week 11: Practice Principles**

**Week 12: Blocking**

**Week 13: Digging**

**Week 14: Tournament**

**Week 15: Playoffs**

**Evaluation:**

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| --- | --- |
| **Portal** | **30%** |
| **Advanced VB assignment** | **20%** |
| **Final Assignment** | **20%** |
| **Attendance and Class Participation** | **30%** |
| **Total points** | **100%** |

**Class Policy Statements:**

Following are AU recommended class policy statements. Any modifications are to be approved by the department head who will consult as needed with the associate dean for academic affairs to ensure consistency with university policies.

1. **Physical Activity and Wellness Program Attendance Policy: The material and experiences in this class are important and if you are not in class, you cannot take an active role as a student. Class attendance and appropriate participation is paramount to your success as a student. At the discretion of the instructor, students arriving tardy to class will lose 1% of their final grade per offense. Unexcused absences cannot be made up and will result in up to 3% deduction from the student’s final grade per absence. Once a student has accrued five (5) unexcused absences he/she will not be permitted to take the final examination and will receive a grade of FA (as stipulated by the Physical Activity and Wellness Program guidelines). Moreover, students who accrue eight (8) absences, (excused, unexcused or a combination of the two types) will not be permitted to take the final examination and will receive a grade of FA. If an unusual condition such as a serious illness results in this situation (8 total absences) students are encouraged to consult the AU Bulletin and/or an academic advisor in their college to determine if they meet university guidelines for requesting withdrawal from the course.** 
   1. **Excused absences will be treated as follows:**
   2. **Students must provide the instructor with a valid excuse upon returning to class (refer to Auburn University’s policy concerning class attendance and excused/unexcused absences): and**
   3. **Make-up work developed and assigned at the discretion of the instructor must be completed within a week of the student returning to class.**
   4. **If the student fails to follow these instructions the excused absence in question will be calculated as an unexcused absence. There are times when unforeseen circumstances will not allow you to attend class. Exceptions to this policy due to extreme circumstances are only permitted with the professor’s timely knowledge and approval. Arrangements to make up missed assignments and examinations due to properly authorized excused absences shall be initiated by the student within a week of the excused absence as mandated by Auburn University. Again, the format of any make-up work/assignments will be at the instructor’s discretion. Finally, the instructor will address all issues concerning absences at his/her discretion. Students are encouraged to refer to Auburn University’s policies concerning attendance, absences, academic honesty, and make-up work as found in the Auburn University Student Policy eHandbook. The URL is www.auburn.edu/studentpolicies**
2. **Academic Honesty Policy:** All portions of the Auburn University student academic honesty code (Title XII) found in the *AU Student policy eHandbook* will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.
3. **Disability Accommodations**: "Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT)."
4. **AU eValuate Dates**

Course evaluations: AU eValuate’s Fall semester evaluation dates are:

a. Open: November 29th, 2012 (8am)

b. Close: December 2nd, 2012 (11:59pm)