Auburn University Department of Kinesiology KINE 2251 Spring 2013

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Office Hours: By Appointment

<u>Course Title:</u> KINE 2251 Laboratory in Motor Development during School Years

Credit Hours: 1.0

Prerequisites & Corequisites: KINE 2253

Course Meeting Time and Place:

All classes will be held in the Kinesiology Building, room 024. The new Kinesiology building is located at 301Wire Road (adjacent to the Tennis courts).

Please note: You must attend the lab section you are registered for. You may not choose a different time. If you do not attend your registered section you will be marked absent for the day with a total deduction of 10 points (5 for attendance, 5 for participation).

Texts or Major Resources: No textbook required, assigned readings will be provided.

<u>Course Description</u>: Students will be responsible for designing and implementing age appropriate motor lesson plans. <u>Course Objectives</u>:

- 1. To gain practical experience in the development of motor skills and perceptual motor development through teaching in a service learning experience.
- 2. To develop "intangible" skills such as empathy, personal values, beliefs, awareness, self-esteem, and social responsibility through caring for others.
- 3. To become aware and sensitive to the needs of diverse populations through community service work.
- 4. To engage in self-examination including personal development, career goals, and community awareness.

Course Topics:

- 1. Introduction to the National Guidelines for motor skills, physical activity, and fitness for young children.
- 2. The definitions of both locomotor and object control motor skills.
- 3. How to incorporate age appropriate physical activity, exercise and fitness into an afterschool curriculum.
- 4. Designing and implementing developmentally and age appropriate activities.

Create a positive and motivating learning environment. Children learn better when they are motivated. Expressions of enthusiasm are vital to an effective program. Reinforcement is also very important for these children. We will provide you with a number of motivational strategies to use during the instructional time. It is *very important* that you implement these strategies when asked.

Encourage problem-solving skills. Infants and children should be aware of how to achieve specific goals through movement exploration.

Maintain personal space. Many young children are very tactile. Please remind them to respect the personal space of others, including yours.

Attendance/Class Participation Policy

- Full attendance and participation are required in order to receive a passing grade.
- For each unexcused absence; 5 points will be deducted from your attendance grade.
- For each unexcused absence; 5 points will be deducted from your participation grade.
- Appropriate verification and a copy of the excused absences must be provided to the instructor within one week of the absence.
- Arriving to Tiger Cubs Fit Club late (is equal to 2-5 minutes after the beginning of the class time) will result in 2.5 points being deducted from your grade.
- Leaving Tiger Cubs Fit Club early will result in a 2.5 points reduction in your grade.
- STUDENTS NEED to be ON TIME and PARTICIPATE for the ENTIRE CLASS PERIOD!!

- If you are unable to attend for any reason or you are going to be late, please email me ASAP
- All absences MUST BE MADE UP. Excused absences will enable you to earn back the points deducted for your absences. Make-up material must be completed in within 1 weeks of the date assigned.
- The make-up should be rescheduled in another time other than the assigned class time (not during class time). You are not allowed to make-up missed class time without first getting approval and authorization from the instructor.

ALL STUDENTS ARE REQUIRED TO KEEP TRACK OF THEIR ABSENCES

Classroom Expectations

- Students are required to attend class at their respective sites. Students must checkin immediately upon arrival and check-out prior to departure.
- You will be evaluated on: (1) appropriateness of motor activities/play; (2) interactions with children; (3) motivation; (4) commitment to responsibilities.
- Student responsibilities will vary according to program needs. The students are responsible to help with any task instructed of them.
- Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College's conceptual framework. These professional commitments or dispositions are (a) engaged in responsible and ethical professional practices, (b) contributed to collaborative learning communities, (c) demonstrated a commitment to diversity, and (d) modeled and nurtured intellectual vitality.
- **Dress Code:** Students are required to have appropriate dress at all times. No article of clothing bearing a logo referencing alcohol, illegal substance, profanity or nudity will be permitted. No tank tops are allowed. All shorts must be no more than two inches above the knee. Only tennis or running shoes are permitted; flip-flops may not be worn on site. If a student fails to come dressed appropriately for class, a failure to participate will be marked and a10 point deduction will apply.
- Interaction with Children: As a part of this program, student will constantly be interacting with the children. It is important that you maintain a professional level of interaction at all times. Students are not to "horseplay" or "rough-house" with the children. Students are not to pick up the children.

 Health Concerns: Due to the children's health and wellbeing, a student may not smoke directly prior to class. Please do not wear excessive perfume or cologne. No food or drink (besides water) is allowed in class.

Grading Policy

Grades will be based on the percentage of points earned from the total points offered. An "S" will be awarded for grades 80% and higher, "U" for 70%-79.9% and an "F" for below 70%.

Graded work will include:

Syllabus Quiz 10 Points Attendance 75 Points Daily Participation 75 Points

Lesson Plans 40 Points (10 points each)

Syllabus Quiz: A 10 point quiz covering the material in this syllabus. Students will have 12 minutes to complete the quiz. The quiz can be completed one time.

Attendance: Participants will receive 5 points for each day they attend. Failure to attend class at the scheduled time will result in an automatic 5 point deduction.

Participation: Participants will receive 5 participation points for each day. Failure to participate in a professional, engaging manner will result in a 5 point deduction.

Lesson Plan (LP): Students will be responsible for four different lesson plans throughout the semester. Students will work in an assigned pair for each lesson plan. Lesson plans should be filled out according to the worksheet posted online. Lesson plans are to be submitted on Canvas one week prior to their due date. Revisions and modifications (if needed) will be given to students at least two days before the lesson plan is performed. Each lesson plan should focus on the assigned motor skill or activity. See the schedule below for details on due dates and lesson plan focus.

Article Assignment: Student will need to find one scientific, peer reviewed article focusing on the importance of motor skills and or physical activity/ fitness in either a preschool or school aged population. After finding and reading the article, students will turn in a brief synopsis of the article. Synopsis need to include: APA citation, Purpose, Methods (subjects, measures and brief timeline), Results, and Application of results. Synopsis can be written as bullet points or as a paragraph. An example and further instructions can be found on Canvas. Students may work alone or in a pair.