

Course Syllabus

KINE 3200 - Skills and Concepts of Rhythmic Activities (3 cr.)

Instructor

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Office hours: Daily, 10 – 11 AM. Other times by appointment.

Lecture/Lab

Lectures and labs are scheduled at varying times depending upon the development of the course.

For each lecture there is an associated on-line quiz. These are to be completed by the due date listed (see schedule)

- each quiz has 4 questions
- you can take a quiz 3 times
- you need to score 100% to get credit for the quiz
- that is, a score of 3/4 or 2/4 will score a 0 towards your grade
- for each quiz that you do not achieve the 100% credit, one point is deducted from your final grade

Labs will be either on campus on the coliseum floor, or on-site at the university gymnastics center (see schedule)

- lecture quizzes are due by 5.00pm on the Thursday of the week the lecture is listed (see schedule)

Course Description

This course has been designed to help students become aware of and skilled in various fundamental movement skills. These skills will be learned as isolated movement phrases, but also as movement sentences. The key learning experiences will be movement exploration and sentence composition following a number of movement themes.

During the course, the student will:

- develop knowledge of a number of basic movement skills and educational gymnastic themes
- develop knowledge and competence in a number of gymnastics and dance skills
- identify key learning cues & teaching progressions for a number of gymnastics skills
- improve their general physical profile in terms of flexibility and strength

[Link here for the class league table](#)

Schedule

	TUESDAY	THURSDAY
AUG		22 Introduction and outline <ul style="list-style-type: none"> • course requirements • expectations • syllabus details Concepts of rhythm and movement Skills progression of rhythmic development.
	27 Content and skill activities – Level 1: Developing rhythmic skills	29 Content and skill activities -- Level 2: Teaching Children to Verbalize and then Move to a Rhythm: The “Chocolate Pie” Technique Assignment: Instrument design
SEPT	3 no lecture Prepare routine for instrument project	5 Rhythms instrument presentations
	10 Content and skill activities -- Tinikling Assignment: Tinikling challenge	12 Tinikling presentations
	17 Gymnastic Content and skill	19 Fundamental locomotor skills

	activities -- Skill progressions of gymnastics development	
	24 The 5 basic jumps Jumping and landing	26 Flight and shape: Body position in flight
OCT	9/31 Weight bearing and balance	2 Prepare routine 1
	8 Routine one development	10 present routine 1
	15 Partner and group balances	17 Dynamic balance
	22 Transfer of weight: Rolls	24 Transfer for weight practice
	29 Elements of choreography	31 Partner routine practice
NOV	5 Partner routine practice	7 Partner routine presentations
	12 Individual skills practice and beginning routine development	14 Individual skills practice and routine development
	19 Individual skills routine practice	21 Individual skills routine
	26 Thanksgiving	28 Thanksgiving
DEC	3 Final exam	

Assessment

There are five components to the assessment for this class.

Students must reach a satisfactory level (>70%) in the knowledge and skill components to achieve a passing grade. Those components are listed with an asterisk below. This relates to Alabama State Department of Education criteria for teacher certification.

Mid-term exam: (20 points) *

- students will complete a mid-term exam by October 9th.
- material for this exam will be based upon the set readings relating to the teaching of rhythms.
- the quiz will be released online through your Canvas account between the times of 10/8 @ 4pm and 10/9 @ 10am.
- students must provide a written formal excused absence if they will cannot complete the quiz during the entire examination block.

Final exam: (20 points) *

- students will complete the final exam during the final week of class
- material will be based upon the readings and practice experiences relating to the teaching of gymnastics

Gymnastics routine: (20 points) *

General participation (10 points)

- each week, students will be assessed on their effort and contribution to class
- criteria include: arriving at class on time, using free practice time in a productive manner, cooperating with team mates and contributing to team challenges, responding promptly to teacher directions, and making a full attempt during all class tasks
- also contributing to this score will be the student's contribution according to their team role

Group portfolio (30 points)

- in small groups of 3-4 students will produce an electronic portfolio that includes the following components:
- percussion instrument project (complete by 9/17)
- tinikling project (complete by 9/30)
- activity logs (complete by 11/12)
- essential skills (complete by 11/18)

Grading

A = 93+

B=85-93
C=80-85
D=70-80
F<70

Class Policies

Attendance: The material and experiences in this class are important and if you are not in class, you cannot take an active role as a student. It is thereby expected that students taking a professional education class will attend every class meeting, will arrive on time, and will actively participate in each class. Absences and late arrivals will not be tolerated. If you must miss class because of illness or other emergency, please try to notify the instructor in advance. You are still responsible for any work missed during an absence.

If an unusual condition such as a serious illness results in this situation (8 total absences) students are encouraged to consult the AU Bulletin and/or an academic adviser in their college to determine if they meet university guidelines for requesting withdrawal from the course.

**** note --** late arrival at class will result in a 1 point penalty from the student's final grade. An unexcused or incomplete excused absence will result in a deduction of 3 points.

Plagiarism: All exams, assignments, and any other written work must reflect the individual efforts of each student. Please refer to the Tiger Cub for information regarding academic honesty.

Cell Phones: As a courtesy to everyone, please turn off your cell phone during class. If you have a compelling reason for leaving your phone on, please let me know at the beginning of class. Also, please do not text-message during class.

Best Work: Students are expected to show evidence of thorough reading of assigned textbook chapters and supplemental readings. Please take pride in your work and be motivated to do your best work in this class; if you are, you will gain the maximum benefit from the course.

Unannounced Quizzes: There will be no unannounced quizzes in this class.

Honesty Code: The University Academic Honesty Code and the Tiger Cub Rules and Regulations pertaining to Cheating will apply to this class.

Professionalism: As faculty, staff, and students interact in educational settings, they are expected to demonstrate professional behaviors as defined in the College of Education's conceptual framework. These professional commitments or dispositions are as follows: 1) engage in responsible and ethical practices, 2) contribute to collaborative learning communities, 3) demonstrate a commitment to diversity, and 4) model and nurture intellectual vitality.

Accommodations: Students who need accommodations are asked to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your Accommodation Memo and an Instructor Verification Form to the meeting.

If you do not have an Accommodation Memo but need accommodations, make an appointment with The Program for Students with Disabilities, 1244 Haley Center, 844-2096 (V/TT).

It is the student's responsibility to inform the instructor of any medical conditions or allergies that may affect in class participation or performance. Students with any health problems should have completed a Health Referral Form.