SYLLABUS PE GOLF 1 PHED 1520

Auburn University- 2 credit hours - LECTURE/LAB

Instructor: John M Karabasz – PGA Professional

PGA

Semester: Fall 2013

Office: Moore's Mill Club, 1957 Fairway Dr, Auburn, AL 36830

Office Hours: Drop in questions (Tuesday & Thursday 12pm-1pm)(Fri 10:30am-12:30pm)

Telephone: 334-826-8989

E-mail: **karabjm@auburn.edu** (also for scheduled meetings)
Class Fees: **\$90** class fees are non-refundable after the 2nd class day.

Course Description and Student Learning Outcomes:

A beginning golf class designed to promote the game of golf. We will provide insight about rules, terms, etiquette, equipment and basic golf fundamentals. In completing this course, each student should have a basic overall understanding of the game of golf...and be able to:

- Define exercise terms.
- Identify public health benefits of engaging in regular physical activity.
- Exhibit understanding the FITT principles.
- Exhibit knowledge of behavioral strategies to change behavior and health.
- Exhibit knowledge of techniques to enhance motivation (i.e., goal setting).
- Exhibit knowledge of preparing and recovering from exercise.

Grading Grid:

100 pts Portal Work 100 pts Participation 100 pts Skills Evaluation

300 Total Points divided by three less 1% for each tardy, and 3% for each unexcused absences (on site days)

Week 8/21..Sign in, Class fees due
Week 9/2..videos
Week 9/16.. Portal Work/Chipping
Week 9/30 -Week 11/18 Portal Work/Range
Week 12/2... Portal Work/Range
Week 12/9...Portal Work Complete
Week 8/26.. Sign in, Class fees due, Syllabus review
Week 9/9...Must be signed into Portal, Putting
Week 9/23...Portal Work/Grip,Full Swing
Week 11/25...Thanksgiving Break
Week 12/9...Portal Work Complete

Portal Work 100 Points

- McGraw Hill on-line Text and Tracking portal for Golf 1 course (available at Auburn Bookstore)
- All Students MUST be signed into Portal by September 12th! Refer to information email for instructions.
- Module Assessment must be completed by dates below: NO EXTENTIONS WILL BE GIVEN!
- Module I Exercise Vocabulary
 Module II Health Benefits
 Module III The FITT Principle
 Module IV Behavior Change
 Module V Prep & Recov from Exercise
 Final/Conceptual Core: Golf
 Start 9/13/13 Complete Assessment By 10/10/13
 Start 10/11/13 Complete Assessment By 11/06/13
 Start 11/07/13 Complete Assessment By 11/20/13
 Start 11/21/13 Complete Assessment By 11/20/13
- The "My Activity Profile" tab allows you to set goals, log your exercise program and track your progress. This section is recommended but will not count towards your grade.

Email Danielle Wadsworth at wadswdd@auburn.edu with any questions.

Participation: 100 points

As stated in the PHYSICAL ACTIVITY AND WELLNESS PROGRAM ATTENDANCE POLICY, participation is paramount to your success as a student. Each student will be graded accordingly.

Skills Evaluation: 100 points

Skill Evaluation will be given during semester by lead instructor.

Attire:

- Tennis shoes or golf shoes must be worn when "on site days" are held outside.
- No flip flops or open ended shoes are allowed....first time, students with these type shoes on will not be able to participate during class. Second time, he/she will be sent home and counted absent.
- > Shirts with collars are preferred.

Attendance/Tardiness FOR ON SITE DAYS

PHYSICAL ACTIVITY AND WELLNESS PROGRAM ATTENDANCE POLICY...The material and experience in this class are important and if you are not in class, you cannot take an active role as a student. Class attendance and appropriate participation is paramount to your success and a student. Participation is defined as, but not limited to, "fully engaging in the course content and activities at a level that is deemed appropriate by the instructor." Failure to appropriately participate in the course content and activities can result in a deduction of points from a student's overall course grade at the discretion of the instructor. Moreover, students arriving tardy for "on site days" will lose 1% of their final grade per offence. Unexcused absences for "on site days" cannot be made up and will result in a 3% deduction from the student's final grade. Once a student has accrued five (5) unexcused absences he/she will receive a grade of FA. Students who accrue eight (8) absences, (excused, unexcused or a combination of the two types) will receive a grade of FA. If an unusual condition such as a serious illness results in this situation (8 total absences) students are encouraged to consult the AU Bulletin and/or an academic advisor in their college to determine if they meet university guidelines for requesting withdrawal from the course.

- No excuse will be taken that is ten(10) calendar days old(inclusive of Weekend, Canceled Class Days & Holidays). If a student is absent, there must be a legitimate excuse to "back up" your absence.
- All original excuses(no copies) must be given to the Instructor within the ten(10) day window. If you need the original excuse...the Instructor will run a copy after class.
- Attendance will be taken at the end of class. Each student will be responsible for signing their name on the attendance roll provided by the instructor. Class may be split up on some days using different areas of the Moore's Mill practice facility...if this is the case, make sure you find the instructor first, then sign the attendance sheet BEFORE you leave!
- Class will begin 15 minutes after the official start time(warm up and stretch time). If you arrive 16 minutes late, you will be counted tardy for this day. This includes when class moves to the back of the range. 1% will be deducted from final grade for each tardy.
- Any student arriving twenty(21) minutes late will be counted absent for that day.
- > Students must decide if their schedule conflicts with the time parameters set forth in this class.
- ➤ Obviously this is an "off" campus class, students taking this class need to have a backup plan for transportation. Car problems, red lights, tickets or wrecks will not be valid excuses for absences or tardiness.

Statement of Accommodation:

"Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT)."

"Course Contingency Statement" - If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation (such as an N1H1 flu outbreak), the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum to your syllabus and/or course assignments will replace the original materials.

- ➤ <u>Professionalism</u>: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College's conceptual framework. These professional commitments or dispositions are listed below:
 - o Engage in responsible and ethical professional practices
 - o Contribute to collaborative learning communities
 - o Demonstrate a commitment to diversity
 - o Model and nurture intellectual vitality

AU eValuate Fall Semester evaluation dates:

Open: November 29, 2012 (8:00 am) Close: December 4, 2012 (11:59pm)