Tennis PHED 1550 SYLLABUS

1. Course Number: PHED 1550 002

Course Title: Individual Sports: Tennis

Credit Hours: 2 credit hours – LECTURE/LAB

2. Term: Fall 2013

Day/Time: MWF 10:00 am - 10:50 am

Instructor: Andrew Thompson **Office Address:** 301 Wire Road

Contact Information: <u>AGT0006@auburn.edu</u>

Secondary Contact (Dr. Jared Russell, 334-844-1429; russej3@auburn.edu)

Office Hours: by appointment, New Kinesiology Building Rm.140

3. Texts or Major Resources:

A. This PHED course will utilize an on-line e-textbook (McGraw-Hill Tracking Portal). You must purchase a code from the bookstore or on-line, if you prefer. The Tracking Portal e-textbook contains all the course content, assessments and behavior change activities for the PHED course that you are teaching. IF YOUR COURSE does not require this e-textbook your instructor will notify you. Below are instructor and student instructions.

Once you purchase the code, follow the directions provided below and register for your class by 9/02/2013.

Instructions for logging into the Tracking Portal

- 1.Log onto http://mhlearningsolutions.com/Auburn_health/login.php
- 2.Click on student registration
- 3. Complete registration information.
- a. The code from the instructor is the number code and is available on Blackboard under course content. BE SURE TO INPUT THE CORRECT CODE FROM YOUR INSTRUCTOR TO ENSURE YOUR GRADES ARE CORRECT
 - b. The card code will be on the card you purchased from the bookstore.
- 4. Click on appropriate section description: PHED 1550 002 Tennis Fall 2013
- 5.On the left tool bar are 7 modules: Exercise Vocabulary, Health Benefits, The FITT principle, behavior change, preparing and recovering from exercise, my activity profile and conceptual core: **Tennis**. Each module has an assessment at the end (with the exception of my activity profile) that will count towards your grade this semester.
- 6. The "My Activity Profile" tab allows you to set goals, log your exercise program and track your progress.
- 7.At the top of the page you will see section list, grades, add new course, profile and logout. Click on the grades tab to view your grades for the assessment. The profile contains your registration information. Please logout after each use.
- 8. Please log onto and register by **September 2, 2013**.

4. Course Description: Basic concepts and physical activities associated with tennis.

5. Student Learning Outcomes:

After taking this course you will have a working knowledge of training modalities and techniques used in tennis.

6. Course Content Outline:

A. Weekly Schedule

Don't forget, we will meet on the tennis courts directly next to the new Kinesiology building Links to instructional videos will be posted on canvas. Watch them, they will help you prepare for class.

Week 1 - 8/19/2013

Introduction & Syllabus (Assignments, Class Schedule, etc.)

Hit Around – Partner Pairing

Week 2 - 8/26/2013

Grips

Free Play

Week 3 - 9/02/2013

The Forehand

Partner Drills

Free Play

Must be registered for online portal

Week 4 - 9/09/2013

The Backhand

Partner Drills

Free Play

Exercise Vocabulary Quiz Due

Week 5 - 9/16/2013

The Serve

Partner Drills

Free Play

Health Benefits Quiz Due

Week 6 - 9/23/2013

Footwork

Partner Drills

Free Play

The FITT Principle Quiz Due

Week 7 - 9/30/2013

Group Skills Test I

Partner Drills

Free Play

Behavior Change Quiz Due

Week 8 - 10/07/2013

Group Skills Test I (if necessary)

Free Play

Preparing and Recovering from Exercise Quiz Due

Week 9 - 10/14/2013 Return of Serve Partner Drills Free Play

Week 10 - 10/21/2013 Net Play Partner Drills Free Play

Week 11 - 10/28/2013 Transitional Game Partner Drills Free Play Conceptual Core Quiz Due

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Week 12 - 11/04/2013 Partner Drills Tournament Free Play

Week 13 - 11/11/2013 Tournament Free Play

Week 14 - 11/18/2013 Group Skills Test II Tournament Free Play My Activity Profile Due

Week 15 - 11/25/2013

Thanksgiving: No class all week, Enjoy your vacation!!!!

Week 16 - 12/02/2013 Group Skills Test II (if necessary) Free Play

Week 17 - 12/9/2013

Final Exam

B. Assignment/Project Due Dates

Exercise Vocabulary Quiz Due - Week 4 - 9/09/2013 Health Benefits Quiz Due - Week 5 - 9/16/2013 The FITT Principle Quiz Due - Week 6 - 9/23/2013 Behavior Change Quiz Due - Week 7 - 9/30/2013
Preparing and Recovering from Exercise Quiz Due - Week 8 - 10/07/2013
Conceptual Core Quiz Due - Week 11 - 10/28/2013
My Activity Profile Due - Week 14 - 11/18/2013

C. Examinations

Skills Test I - Week 6 - 9/23/2013 and if necessary Week 7 - 9/30/2013 Skills Test II - Week 14 - 11/18/2013 and if necessary Week 14 - 11/18/2013 Final Exam - Week 17 - 12/9/2013

7. Assignments/Projects:

<u>Participation</u> - requires students be dressed appropriately, take part in daily activities and exercises, take turns teaching and critiquing other students technique and execution, as well as fully contributing in group project and presentation settings. Participation will be graded based on instructor observation and student surveys.

<u>Attendance</u> - is absolutely necessary. For each unexcused absence, 5 attendance points will be subtracted from the 140 available throughout the semester. Additional information regarding attendance is provided in the Class Policy Statement.

Group Skills Test I - Week 7 - 9/30/2013 & Week 8 - 10/07/2013

Groups will consist of 4 students. Each student will choose to teach (orally and physically) one of the previously completed skills (grips, forehand, backhand, serving). They will explain proper setup and execution of each movement. Grading will be based on a rubric for each movement (derived from online portal textbook and instructional videos).

Group Skills Test II – Week 14 - 11/18/2013 & Week 16 - 12/02/2013

Groups will consist of 4 students. Each student will be assigned teach (orally and physically) one of the previously completed skills in the entire course. They will explain proper setup and execution of each movement. Grading will be based on a rubric for each movement (derived from online portal textbook and instructional videos).

Portal Modules – must be completed by Week 10 - 10/20/2013

8. Rubric and Grading Scale:

Item	Points	Percentage
Participation	50	5%
Attendance*	140 (10/week; excluding week 7, 15, 16, and 17)	14%
Skills Exams	200 (100 per exam)	20%
Portal Modules	210 (6 @ 35 each)	21%
My Activity Profile	200	20%
Final Exam	200	20%
Total	1000	100%

^{*}additional information in the Class Policy Statements.

9. Class Policy Statements:

Following are AU recommended class policy statements. Any modifications are to be approved by the department head who will consult as needed with the associate dean for academic affairs to ensure consistency with university policies. See the Student Academic Honesty Code section in the Auburn University Student Policy eHandbook

http://www.auburn.edu/studentpolicies for further information.

Grading Scale
A = 100 - 90.0
B = 89.9 - 80.0
C = 79.9 - 70.0
D = 69.9 - 60.0
F = 59.9 - 0

A. Physical Activity and Wellness Program Attendance Policy

The material and experiences in this class are important and if you are not in class, you cannot take an active role as a student. Class attendance and appropriate participation is paramount to your success as a student. Participation is defined as, but not limited to, "fully engaging in the course content and activities at a level that is deemed appropriate by the instructor." Failure to appropriately participate in the course content and activities can result in a deduction of points from a student's overall course grade at the discretion of the instructor. Moreover, at the discretion of the instructor, students arriving tardy to class will lose 1% of their final grade per offense. Unexcused absences cannot be made up and will result in a 3% deduction from the student's final grade per absence. Once a student has accrued five (5) unexcused absences he/she will not be permitted to take the final examination and will receive a grade of FA (as stipulated by the Physical Activity and Wellness Program guidelines). Moreover, students who accrue eight (8) absences (excused, unexcused and/or combination of each type) will not be permitted to take the final examination and will receive a grade of FA.

Excused absences will be treated as follows:

a. Students must provide the instructor with a valid excuse upon returning to class (refer to Auburn University's policy concerning class attendance and excused/unexcused absences): and b. Any arrangements to make-up work developed and assigned at the discretion of the instructor must be completed within a week of the student returning to class

If the student fails to follow these instructions the excused absence in question will be calculated as an unexcused absence. There are times when unforeseen circumstances will not allow you to attend class. Exceptions to this policy due to extreme circumstances are only permitted with the professor's timely knowledge and approval. Arrangements to make up missed assignments and examinations due to properly authorized excused absences shall be initiated by the student within a week of the excused absence as mandated by Auburn University. Again, the format of any make-up work/assignments will be at the instructor's discretion. Finally, the instructor will address all issues concerning absences at his/her discretion. Students are encouraged to refer to Auburn University's policies concerning attendance, absences, academic honesty, and make-up work as found in the Auburn Bulletin.

AU BULLETIN EXCUSED ABSENCE POLICY

Any arrangements to make up missed major examinations (e.g. hour exams, midterm exams) due to properly authorized excused absences (as defined by the Auburn University Student Policy eHandbook) shall be initiated by the student within one week from the end of the period of the excused absence. Normally, a make-up exam shall occur within two weeks from the time that the student initiates arrangements for it.

Instructors are expected to excuse absences for:

- a. Illness of the student or serious illness of a member of the student's immediate family.
- b. The death of a member of the student's immediate family.
- c. Trips for members of the student organizations sponsored by an academic unit, trips for University classes, and trips for participation in intercollegiate athletic events. When feasible, the student must notify the instructor prior to such absences, but in no case more

than one week after the absence. **Instructors may request formal notification from** appropriate University personnel to document the student's participation in such trips.

- d. Religious holidays. Students are responsible for notifying the instructor in writing of anticipated absences due to their observance of such holidays.
- e. Subpoena for court appearance.

The instructor may request appropriate verification for any of the preceding.

- B. Academic Honesty Policy: All portions of the Auburn University student academic honesty code (Title XII) found in the *Auburn University Student Policy eHandbook* will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee. See the Student Academic Honesty Code section in the Auburn University Student Policy eHandbook. The URL is www.auburn.edu/studentpolicies for further information.
- C. Disability Accommodations: Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT)."
- <u>D. Course contingency:</u> If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum will be made to your syllabus and/or course assignments will replace the original materials.