**AUBURN UNIVERSITY**

**SCHOOL OF KINESIOLOGY**

**SYLLABUS FOR KINE 3443**

**COMPLEMENTARY THERAPIES AND INTEGRATIVE HEALTH – DISTANCE COURSE**

Fall, 2015

Course Instructor: Lauren Brewer – leb0060@auburn.edu

Office Hours: By appointment, Kinesiology Building, Rehab Biomechanics Lab: 016

Textbook (Required): Complementary Therapies and Wellness: Practice Essentials for Holistic Health Care, by Jodi Carlson

ISBN**:** 0-13-031936-8

**COURSE DESCRIPTION**

Examination of complementary and alternative therapies essentials and principles, as well as the different specific therapies and how they relate to present-day practices in the medical/rehabilitation field.

All assignments and required reading can be found on the Pages section on Canvas, and make sure to submit files/assignments to the Assignments section on Canvas by the specified due date.

You are expected to have read the assigned text prior to each assignment due date. For completion of the assignments it is imperative that you are prepared to discuss the topics presented. In order to derive optimal benefits from this course, prerequisite knowledge of the topic is needed. Therefore, all students are expected to read all the readings and supplemental readings prior to completion of the assignment questions. You will be asked to provide evidence that you are familiar with the readings.

**LEARNING OUTCOME**

Students will be able to dissect literature relevant to complementary & alternative medicine, rehabilitation, health promotion, etc. and apply it to the assignment questions, case studies, and literature reviews. Additionally, students will enhance critical thinking skills essential for the aforementioned outcomes.

**GRADING**

There will be two examinations (midterm and final), each worth 30% of the total class grade.

There will be required weekly readings. In addition to the readings, there will be required assignments due every other week regarding the chapters assigned. The assignments will be available on a weekly basis, but will be locked after specified due date. It is YOUR responsibility to submit your answers to the Assignments tab on Canvas within the allotted time frame to receive credit.

These assignment questions must be answered using reliable sources and citations to get full credit. Each assignment will be worth 20 points, making it a total of 40% of the class grade.

**Grade Breakdown**

Assignments (8 x 20 pts each)                                                     40%           160 points

Midterm (120pts)                                                                          30%           120 points

Final (120pts)                                                                               30%           120 points

Total                                                                                           100%            400 points

**Grading Scale**

A                      90% - 100%                           360 points or higher

                        B                      80% -  89%                            320 - 356

                        C                      70% - 79%                             280 - 316

                        D                     60% - 69%                             240 - 276

                        F                      0% - 59%                                  0 – 236

**CLASS POLICY STATEMENTS**

**Late Policy**-- Every day an assignment is late following the due date, will be deducted .5 points each day until it is submitted. Exceptions can be made for properly authorized excuses only.

**Accommodations** – Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT).

Please note that accommodations are not retroactive. Accommodations begin after: (1) a meeting with the Office of Accessibility to determine appropriate accommodations; and (2) a meeting with the Instructor arranged by the student.

**Honesty Code** – All portions of the Auburn University student academic honesty code (Title XII) found in the Auburn University Student Policy eHandbook www.auburn.edu/studentpolicies will apply to this class. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.

**Professionalism** – As faculty, staff, and students interact in educational settings, they are expected to demonstrate professional behaviors as defined in the College of Education’s conceptual framework. There professional commitments or dispositions are as follows: 1) engage in responsible and ethical practices, 2) contribute to collaborative learning communities, 3) demonstrate a commitment to diversity, and 4) model and nurture intellectual vitality.

**Course contingency --**If normal class and/or lab activities are disrupted due to instructor illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum to your syllabus and/or course assignments will replace the original material.

**KINE 3443 Course Outline –** Students are to read the specified chapters pertaining to each week. Submission of the materials for each unit will not be available until the appropriate date. Advanced notice will be given if there are any changes to the following schedule.

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|   | Date: | Reading Material: | Discussion Questions: | Exams: |
| Week 1 | 8/17-8/23 | Part 1: Ch 1-4 |   |   |
| Week 2 | 8/24-8/30 | Part 1: Ch 5-7 | Due by: 8/30 @ 8AM |   |
| Week 3 | 8/31-9/6 | Part 2: Ch 8-10 |   |   |
| Week 4 | 9/7-9/13 | Part 2: Ch 11-12 | Due by: 9/13 @ 8AM |   |
| Week 5 | 9/14-9/20 | Part 3: Ch 13 & 14 |   |   |
| Week 6 | 9/21-9/27 | Part 3: Ch 15 | Due by: 9/27 @ 8AM |   |
| Week 7 | 9/28-10-4 | Part 3: Ch 16 & 17 |   |   |
| Week 8 | 10/5-10/11 | Part 3: Ch 18 | Due by: 10/11 @ 8AM | MIDTERM 10/6 |
| Week 9 | 10/12-10/18 | Part 3: Ch 19 & 20 |   |   |
| Week 10 | 10/19-10/25 | Part 3: Ch 21 | Due by: 10/25 @ 8AM |   |
| Week 11 | 10/26-11/1 | Part 3: Ch 22 & 23 |   |   |
| Week 12 | 11/2-11/8 | Part 3: Ch 24 | Due by: 11/8 @ 8AM |   |
| Week 13 | 11/9-11-15 | Part 4: Ch 25 |   |   |
| Week 14 | 11/16-11/22 | Part 4: Ch 26 | Due by: 11/22 @ 8AM |   |
| Week 15 | 11/23-11/29 | Part 4: Ch 27 |   |   |
| Week 16 | 11/30-12/4 | Part 4: Ch 28 | Due by: 12/4 @ 8AM | FINAL 12/6 |