

COUN 1000-ATH

Career Awareness for Student-Athletes

**Tuesday/Thursday 12:30 to
1:25 PM**

Spring 2012

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**Department of Special
Education, Rehabilitation,
Counseling/School
Psychology**

College of Education

INSTRUCTOR INFORMATION

Elizabeth Hancock, MS
eah0038@auburn.edu

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OFFICE HOURS

**Tuesday & Thursday 10:00 to
2:00 PM & By Appointment**

Location: Student-Athlete
Development Center #359

COLLEGE OF EDUCATION



Competent

equipped with the knowledge, skills
and technological expertise to help
all individuals learn and develop

Committed

dedicated to the ethical practices and collaboration
that serve as the foundation of a diverse
and intellectually vibrant society

Reflective

devoted to analyzing their own past practices
in ways that fuel ongoing learning
and improve future practices

A Keystone in Building a Better Future for All



AUBURN UNIVERSITY SYLLABUS

Course Number:	COUN 1000-ATH
Course Title:	Career Awareness for Student-Athletes
Prerequisites:	None
Credit Hours:	2 semester hours credits/Graded
Class Meeting Times:	12:30 –1:25 pm/Tuesdays & Thursdays
Class Location:	Student-Athlete Development Center 317
Instructor:	Elizabeth Hancock, M.S.
Office:	Student-Athlete Development Center 359 Tuesday & Thursday 10:00 to 2:00 PM & By Appointment
E-mail:	eah0038@auburn.edu

*The course syllabus is a general plan for the course.
Deviations may be necessary and will be communicated to the class in a timely manner.*

COURSE DESCRIPTION: This course offers an opportunity for receiving information and acquiring the skills necessary for academic and career planning. Processes of self-assessment and self-exploration are critical components of this course that contribute to your making educated academic and career decisions. In addition to traditional classroom activities, the content is presented in an experiential manner through interactive discussions, individual projects, and contact with campus resources.

OBJECTIVES:

1. Students will explore interests, values, and personality in relation to academic and life planning.
2. Students will be able to articulate how the skills acquired through participation in intercollegiate athletics may translate to success in the classroom.
3. Students will research a selected major and related career.
4. Students will increase their knowledge of the skills and experiences that are attractive to future employers.
5. Students will learn to utilize websites and other resources to begin making educated career choices.

ASSIGNMENTS & READINGS: To make this class meaningful and useful, you must keep up with the readings and assignments as outlined in this syllabus. You will get out of this course exactly what you put into it; i.e., if you endeavor to learn about yourself, your unique interests and strengths, and the myriad opportunities available to you as a student-athlete at Auburn, you will be on track toward a successful academic career. The readings and assignments are designed intentionally to help you along that path; they are not designed to be “busy work.”

Please note that pop quizzes may be given on assigned reading material, and unannounced checks on the completion of assignments may be performed during the semester.

TEXTBOOK:

1. The Career Fitness Program: Exercising Your Options, Ninth Edition, edited by Diane Sukiennik, William Bendat, & Lisa Raufman.

ASSESSMENTS: Each student will be required to complete personal and career assessments during this course. These assessments are designed to foster insight into the career options that best match your unique interests and personality traits.

COURSE POLICIES:

1. Attendance is vital to your success in this class; therefore **1 point will be deducted from your final grade for every unexcused absence.**
2. Policies regarding excused absences (as per the criteria listed in the *AU Tiger Cub*) are as follows:
 - a. If possible, students must notify instructor prior to absence and make arrangements to get assignments and/or projects due.
 - b. Students must provide instructor with a written excused absence within two weeks after students have returned to class.
3. Students are expected to attend all classes and to arrive on time. Students who arrive more than 5 minutes late to class will be marked absent and will not be allowed to submit on that day any assignment due.
4. **All electronic devices including, but not limited to, cell phones, Ipod, mp3 players, iPad, laptop *must* be turned off before class starts. If the instructor sees electronic devices including cell phone being used during class (texting, calling, playing games, using internet) you will be counted absent (unexcused) for that day and your device may be taken up.**
5. Incomplete grades will be considered only for excused (Doctor's excuse) medical reasons (see *Tiger Cub*).
6. Written reports will be submitted to the instructor typed (size 12 font) and double-spaced.
7. Late assignments will result in a **1-point reduction** per working day (M-F) for that assignment. Late assignments will be accepted **up to one week** past the due date for partial credit. After one week, students who do not submit assignments will receive no credit (grade of 0).
8. **Students are responsible for initiating arrangements for missed work.**
9. **Accommodations:** Students who need accommodations are asked to arrange a meeting during office hours of the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours or location (due to accessibility), an alternate time or location can be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your Accommodation Memo and an Instructor Verification Form to the meeting. If you do not have an Accommodation Memo but need accommodations, make an appointment with the Program for Students with Disabilities at 1244 Haley Center, 844-2096.
10. **Honesty Code:** The University Academic Honesty Code and the Tiger Cub Rules and Regulations pertaining to Cheating will apply to this class.

11. **Professionalism:** As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behavior as defined in the College's conceptual framework. These professional commitments or dispositions are listed below:
 - a. Engage in responsible and ethical professional practices.
 - b. Contribute to collaborative learning communities.
 - c. Demonstrate a commitment to diversity.
 - d. Model and nurture intellectual vitality.
12. At any time throughout this class, if you would like to meet with me about your career plans or issues/difficulties you are having regarding your career decision-making or job search, please feel free to set up an individual appointment with me for this purpose. Appointments to see the instructor may be made by e-mail.
13. As part of the class, students must attend at minimum 3 Life-Skills seminars throughout the semester

Class Calendar: Topics and Assignments Spring 2012

Because guest speakers will be invited into class periodically, the schedule below may necessarily change in accordance with the respective speaker's availability. You will be given an updated calendar as necessary.

Date	Topic	Assignment Due
Tuesday 1/10	Class Introduction, Review Syllabus; <i>Assignment-Read Chapter 1</i>	
Thursday 1/12	Self-Assessment & Career Development <i>Assignment- Read Chapter 1; complete Article review on the Working World Today</i>	Chapter 1
Tuesday 1/17	Issues in the Working World Today <i>Assignment- read chapter 2</i>	Working World Today Article
Thursday 1/19	Self-Assessment & Career Development/Understanding Difference Between Career & Job <i>Assignment-read Chapter 3</i>	Chapter 2
Tuesday 1/24	Discovering Values & Qualities <i>Assignment- read Chapter 4</i>	Chapter 3
Thursday 1/26	Assessing Your Personality & Interests <i>Assignment-read Chapter 5</i>	Chapter 4
Tuesday 1/31	Assessing Your Skills	Chapter 5
Thursday 2/2	MEET IN COMPUTER LAB - Take STRONG Assessment	
Tuesday 2/7	MEET IN COMPUTER LAB - Take MBTI Assessment <i>Assignment-read Chapter 6</i>	
Thursday 2/9	Analyzing the World Around You	Chapter 6
Tuesday 2/14	STRONG Interpretation, Katie Mantooth CDS	
Thursday 2/16	MBTI Interpretation, Phyllis Bickers <i>Assignment- read Chapter 7</i>	
Tuesday 2/21	Exploring Your World Exploring Information <i>Assignment-read Chapter 8</i>	Chapter 7 Self-Exploration Reaction Paper
Thursday 2/23	Strategizing & Decisions	Chapter 8
Tuesday 2/28	Mid-Term; Job Search & Creating A Personal Network	Chapter 9

Thursday 3/1	Becoming a Professional & Elevator Speeches	
Tuesday 3/6	Preparing a Resume <i>Assignment-prepare a Rough Draft Resume & Cover Letter</i>	Chapter 10 Academic Research Paper
Thursday 3/8	Guest Speaker, Ryan Day ~ Career Services	Rough Draft Resume
Tuesday 3/13	NO CLASS! Spring Break	
Thursday 3/15	NO CLASS! Spring Break	
Tuesday 3/20	Interviewing Successfully, <i>Assignment-Complete Mock Interview Worksheet</i>	Chapter 11 Final Resume
Thursday 3/22	Practice Interviews	Interview Worksheet
Tuesday 3/27	Practice Interviews	
Thursday 3/29	Conducting Career Research	
Tuesday 4/3	Financial Management; <i>Assignment-Money Worksheet</i>	
Thursday 4/5	Career Planning & Long Term Career Goals; Work for Your Future <i>Assignment-begin working on 5 year plan Assignment-read Chapter 12</i>	Money Worksheet
Tuesday 4/10	What Does the Future Hold For Me	Chapter 12
Thursday 4/12	Workforce Development ~ Teamwork, Communication & Workplace Ethics	5 Year Plan
Tuesday 4/17	Career Research Presentations ~ TURN IN BOOKS	TURN IN BOOKS Personal Assessment Paper
Thursday 4/19	Career Research Presentations	Career Research Paper
Tuesday 4/24	Last day of class, Career Research presentations	
The End! No assignments will be accepted after April 25th!		

GRADING

Assignments	Maximum Points	Earned Points
Working World Today Article	5	_____
Self-Exploration Reaction Paper	5	_____
Academic Research Paper	5	_____
Resume	10	_____
Interview Worksheet	5	_____
Career Research Paper	10	_____
Attend 3 Life Skill Workshops	10	_____
5 Year Plan Summary	10	_____
Pop Quizzes on Reading Material	20	_____
Personal Assessments Summary	10	_____
Final Presentation	10	_____
Total:	100	Sub-total: _____
	Bonus Points Earn	+ _____
Unexcused Absences: _____	x 1 point =	- _____
	Final Points:	_____
	Final Grade:	_____

You may earn 5 bonus points for every life skills workshop (beyond the required 3) that you attend up to 10 points total. You must bring proof prior to the April 24th in order to receive credit.

Grading Scale:
A: 90-100
B: 80-89
C: 70-79
D: 60-69
F: 59 and below