**Auburn University**

**College of Education**

**School of Kinesiology**

**Course Syllabus**

##### 1. Course Number: KINE 4973

**Course Title:** Concepts of Massage Therapy

**Course Hours:** 3 semester hours

**Prerequisites:** none

**Co-requisites:** none

**Class Meeting Times:** fully on-line course

**Instructor:** Dr. JoEllen Sefton; jmsefton@auburn.edu

**Office:** KINE 291

**Office Hours:** **In person: Mondays 2:00 – 3:00 pm.   I can meet at other times by special appointment**

**Virtual: Thursdays 9:00 – 10:00 Zoom:** Meeting ID: 270 626 5458

**Secondary Contact and back up instructor:** Ms Neal, fkn0001@auburn.edu

**Communication** – please communicate **ONLY** through Auburn email. Do not use Canvas email for communication with your instructor, they will not receive the email and will not respond. (This will not be an allowable excuse for missing a deadline).

**COVID 19 Policies**

This fully on-line course should have few impacts from changes at Auburn University due to COVID 19. Any changes will be announced on the course Canvas site. The current COVID policy and procedures can be found at: [COVID-19 Resource Center (auburn.edu)](https://auburn.edu/covid-resource-center/policies/)

Students who test positive for COVID 19 should contact the [Student Health Center](https://cws.auburn.edu/aumc/) or their health care provider to receive care and for the latest direction on quarantine and self-isolation. Remember to get a note from your health care provider and email that note to the course instructor. Please **Contact your instructor immediately** if you are too sick to complete your course assignments. See the course requirements and late work policies below. We will continue to follow those policies while also being as responsive as possible to the current situation. If you have a child or a family member that becomes ill and requires your care contact your instructor and he/she will work with you to devise a plan to help you complete your work and fulfill your family responsibilities. Your instructor wants you to be successful in this course while ensuring policies are fair to all students. **Early communication with your instructor is key**.

If I test positive and become too ill to continue teaching this course, I have listed a back-up instructor above who will take over this course. You likely won’t even notice the change. The course will progress with all deadlines in place.

Your health and safety, and the health and safety of your peers, are my top priorities. My hope is that if you are feeling ill or if you have been exposed to someone with any virus, you will stay home to protect others.

##### 2. Date Syllabus Prepared: November 14, 2022

##### 3. Required Text(s): none

##### 4. Course Description:

This on-line course will introduce student to the origins, history and future of therapeutic massage. The development and current status of the profession, therapist training and licensure/ certification requirements, and types of practice will be explored. Students will then focus on known physiological, emotional, cognitive, and psychological effects of massage therapy. Finally, students will learn about past and current research while learning to search and read the scientific literature. Using what they’ve learned, students will design their own massage therapy study.

**This online course is specifically designed to:**

1. Develop an understanding of the massage therapy and bodywork profession
2. Help students understand how massage fits into the field of complementary and integrative medicine
3. Gain and understanding of how to search and read the scientific literature and find reliable web-based resources
4. Become intelligent consumers of the research literature
5. Gain an introductory understanding of how massage therapy research is conducted
6. Understand what science knows about the effects of massage therapy and how that knowledge is rapidly changing

##### 5. Course Objectives:

The students will:

1. Explore the history of therapeutic massage and other bodywork forms
2. Discovery the origins of different types of bodywork and the evolution of current day practices
3. Understand current US state therapeutic licensure and certification policies and regulations
4. Learn to conduce scientific literature searches
5. Begin to read and review peer-reviewed scientific literature
6. Understand the known and suspected physiological, emotional, cognitive, and psychological effects of massage therapy
7. Develop and understanding of the research process and develop your own research project in massage therapy
8. Share your project in an on-line virtual poster session with the class

##### Course Description

Exams, quizzes and assignments will **NOT be re-opened after the due dates.**



##### 7. Important Dates DATE Event

**Jan. 19 – Feb. 11** Dropping a course during this period will result in a **$100 drop fee/course**

**Feb 1: 15th class day** Last day to drop from course with no grade. Last day for a potential tuition refund for dropped classes

**April 21 , 2023** Last day to withdraw from course with no grade penalty “W” assigned

##### 8. Course Requirements/Evaluation:

All course work will be completed and graded on-line. (See equipment requirements and directions below). It is vital in a web-based course that students remain current on course work. Assignments will remain accessible only for specific dates. Work not completed by the required date will receive a grade of zero. Quizzes and work is to be completed on an individual basis unless noted; and quizzes taken without books, notes, computer sites, or outside help.

**\* PLEASE NOTE:** Any concerns regarding points or questions on an assignment must be communicated to the instructor via e-mail with **24 HOURS of the closing of the assignment/assessment or exam or receiving your graded assignment.** Questions will not be reviewed, or additional points given after that time. No Exceptions.

**Extra Credit:**  You can receive up to 10 extra credit points for moderating your assigned discussion post. These will be assigned the first week of the course. There are **no** other extra credit opportunities for this class – **DO NOT ASK**. Grades will be calculated to two decimal places and rounded up/down. (e.g. 89.43 rounds to an 89 = B; 89.45 rounds to 90 = A). **No exceptions. Asking for extra credit is asking for special treatment and is considered a violation of the academic dishonesty policy.**



YOUR GRADE = Your total points / Total points for the course

##### Grading Scale



##### 9. Exams and Assessments

Assignments are due on/before the date assigned unless an University Approved excused absence is **pre-arranged**. **No late work will be accepted.**

##### Students are asked to review assignments after they are graded and look up missed questions. If the answer is still unclear, please make an appointment or send your instructor an e-mail (through Auburn email) to review the question and we will be happy to go over any questions. Any grade changes or modifications must be made within 5 days of completing the assignment. No changes will be made after that time.

##### 10. Class Policy Statements:

Missed Assignments/illness: It is the student’s responsibility to contact the instructor **PRIOR TO** the missed assignment if an illness or emergency requires the student to miss quiz/exam due dates. Any missed work due to a University approved excuse **MUST be made up within 5 days**.

Email communication: You will be expected to communicate with your instructor in a professional manner using only your Auburn University email account. Consider your emails to your instructor like you would write a letter for a job application.

* Include a salutation and sign all e-mails, just as you would a letter.
* Address your instructor as Ms., Mr., or Dr. as appropriate.
* Include the course number and section number (KINE 3003-002), as well as your name and any other information we need to fix your problem. This will help us to solve your problem more quickly. Remember that we each teach multiple classes, and an email saying “can you check my grade for the last quiz” isn’t adequate information for us to help you. If you write “I’m Kaitlin McGinnis in KINE 3003-001, can you check to see why I could not complete quiz #4 covering the digestive system” will allow us to immediately find and solve your issue.
* Do not use texting format or other abbreviations in your email. Write in full words using complete sentences and punctuation.
* If you are upset, do not send the email.
* Do not assume that you will get an immediate response. Your instructor may be out of town.
* Email your primary instructor first. If the problem cannot be solved, email the secondary instructor.
* Professional communication will help prepare you for employment; we will model that in this course.
* **Emails that do not follow these requirements will not be answered.**

Questions/help: Students are encouraged to ask questions and seek extra help on a regular basis. **Please do not wait until the day before an exam is due**. The goal is to keep up and enjoy the material! I make every attempt to respond to e-mails quickly, however, please do not assume that you will receive an immediate response.

Unannounced quizzes: There will be no unannounced quizzes.

Disability Accommodations: "Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternate time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT)."

Honesty Code: The University Academic Honesty Code and the Student Policy eHandbook regulations pertaining to cheating will apply to this class. This is especially important in an on-line course. Please remember the idea is to learn the material so that it will help you in your future careers. If you do not put in an honest effort the course will be of no use to you.

Course Evaluations: Students are requested to complete the online course evaluation through the AU eValuate system available through the “Students” tab on the Auburn University main page or through AUAccess. Completing these evaluations are very important to improving the quality of the class.

Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

* + - See email communication requirements listed above.
    - Behave and communicate professionally on-line and in any postings. Unprofessional postings will result in the removal of this privilege and the inability to gain points. Additionally, you may be removed from this course for unprofessional conduct.
    - Remember that postings may be misinterpreted, and not to post responses when you are angry.

**\*This goes for e-mail correspondence with classmates and the instructor.**

* + - Remember all of your discussions are public; it is easy to forget this in chat rooms or on the discussion board.
    - **If you find a posting that you find offensive or inappropriate, please notify the instructor immediately.**
    - Use only your auburn email account for communication.
    - Do not use texting abbreviations in postings or e-mails.
    - Engage in responsible and ethical professional practices
    - Contribute to collaborative learning communities
    - Demonstrate a commitment to diversity.
    - Model and nurture intellectual vitality.