KINE-3820-002: Principles of Sport Coaching
Instructor: Fabian Correia
Office: KINE 106
Office hours: By appointment
E-mail address: fzc0037@auburn.eduClass meeting days and times: Online
Class is available via All Access:
Required textbook: Martens, Rainer. 2012. Successful coaching. 4th ed. Champaign,
IL: Human Kinetics.
Class is available via All Access:
What is All Access?
All Access is Auburn’s program of delivering course materials to you digitally. Sometimes this
will be a textbook, sometimes an access code. Your instructor has coordinated with the
Bookstore to deliver this content for the course and help make sure you have what you need.
All Access makes sure you are ready the first day of class, and the material is so much
cheaper with this delivery that it’s the best way we can help you succeed in your courses at
Auburn ... .financially and academically.
What content am I getting?
For this course, KINE 3820, you’re getting access for the semester to Successful Coaching by
Martens, and is required content for the course.
How do I find it?
Totally easy to find...look on the left hand side of the course page in Canvas and you’ll find the
content under the RedShelf link. If you have any trouble, check out this
link: <https://solve.redshelf.com/hc/en-us/articles/360007684453-How-to-Access>Through-Canvas
What does it cost?
For the first week of class, everyone gets this content for free. All students in this course
start as opted in to pay for the content for the course. The discounted price you’ll be billed is
$62.75.
• If you want to opt out and not be charged, all you have to do is follow the instructions
(see <https://www.aubookstore.com/t-txt_allaccessoptout1.aspx> ). You’ll lose access at the
end of the first week of class, unless you’ve purchased it on your own.
How do I pay?
If you’re still opted in on Aug 16th, then we’ll send the charge to your next ebill. This will be
labeled as the course on your ebill so you’ll know. You’ll get a reminder on to remind you
about the deadline.
What if I’m on scholarship?
We can charge All Access content to any scholarship that we charge at the Bookstore. Those
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will be done automatically when we bill. If you are a scholarship student and would prefer
print, please email MNH0016@auburn.edu and we can order print copies for you. These are
done as requested, and take three to five business days to arrive, and we will ship them to
you. Most scholarships will not pay for All Access and a print copy of the book. What is the
refund policy?
After the opt out deadline, we can only offer refunds to students who have dropped the
course or withdrawn from the university. That’s why the opt out deadline will be crucial for
you to decide if you want to be charged or not.
What if I need help?
• RedShelf customer service is always an option at <http://solve.redshelf.com> • For most digital
content in All Access, Google Chrome works best as a browser and you’ll want to make sure
it’s up to date.
• I’m always happy to help as well, especially if you have a question about All Access or
something doesn’t look right.
Russell Weldon books@auburn.edu or 844-1352
• Also, <http://aub.ie/allaccess> has more info as well.
Course Description
This course is a comprehensive introduction to the sport coaching profession. The primary
goal of this course is to develop the students’ understanding of coaching concepts and
techniques. The course will present sport science theory and research along with practical
knowledge and methods in order to enhance the students’ knowledge of the field.
Learning Outcomes
At the conclusion of this course, students are expected to be able to do the following: 1.
Understand the value of and be able to develop a personalized coaching philosophy 2.
Understand the three major objectives of coaching and factors that are involved in
selecting a coaching style
3. Be familiar with principles for coaching with character, for developing good character
and sportsmanship in athletes, and for coaching athletes who have diverse
backgrounds, characteristics, and abilities
4. Understand psychological principles and applications for effectively communicating
with and listening to athletes, for optimally motivating athletes, and for managing
behavior problems in a positive and effective manner
5. Recognize and be able to apply information and methods in the game's approach.
Adequately teach technical and tactical skills
6. Be qualified to develop instructional plans for team practices and plans for an entire
sport season
7. Be knowledgeable about physiological principles and applications for physical
training in sport, including training for energy fitness and training for muscular
fitness
8. Understand the principles of good nutrition for health and performance and how to
address the problem of drug abuse by athletes
9. Understand the principles and issues related to planning, organizing, staffing,and
directing functions that are commonly considered a coach’s responsibilities
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10. Have the ability to apply methods for effective team management, for managing
interpersonal relationships in coaching, and for protecting athletes from risk and
coaches from liability problems
Course Requirements: The class will be made up of reading quizzes, assignments, final
exam, and comprehensive paper. If a computer problem occurs with the Canvas system you
must notify the instructor immediately. Reading quizzes and assignments will cover
material that has been presented in the lectures and/or readings. It is the student’s
responsibility to stay up to date with assignments and due dates. NOTE; it is vital to keep
up with the information throughout the semester. There will be no make-ups without
a valid university approved excuse.
All assignments, quizzes, and exams are to be completed ALONE. Students’ are NOT
permitted to obtain help from any other person including but not limited to peers,
academic advisors, parents, friends, coaches, and other instructors. However, students are
permitted to use notes and textbooks to complete assignments, quizzes, and exams.
The due date and time for all quizzes and assignments will be clearly listed on
Canvas. It is the students’ responsibility to adhere to these requirements!
NO MAKE UPS!! NO EXCEPTIONS!
GRADING SCALE:
A = 90 – 100%
B = 80 – 89%
C = 70 – 79%
D = 60 – 69%
F = Under 59%
Graded material:
Introduction 10%
Reading Quizzes 20%
Section Completion Assignments 30%
Comprehensive Paper 20%
Final exam 20%
Total 100%
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Course Schedule
The course will be divided into sections according to the textbook. Every week a new
module will open on Canvas with assignments, readings, lectures, videos, etc. Students are
responsible for completing the assignments and readings in each module. The dates and
times will be listed on each module and assignment every week. The modules will open at
12 AM on Monday and close at 11:59 PM the following Sunday. Again, no late assignments
will be accepted. The modules will follow the following schedule:
Topic Reading
Introduction Course Intro None
Section 1
Principles of
Coaching
Developing Your
Coaching Philosophy
Chapter 1
Determining Your
Coaching Objectives
Chapter 2
Selecting Your
Coaching Style
Chapter 3
Coaching Character/
Coaching Diverse Athletes
Chapters 4-5
Section 2
Principles of
Behavior
Communicating with
Your Athletes
Chapter 6
Motivating Your Athletes Chapter 7
Managing Your
Athlete’s Behavior
Chapter 8
Section 3
Principles of
Teaching
The Games Approach Chapter 9
Teaching the
Technical Skills/
Teaching the
Tactical Skills
Chapters 10-11
Planning for Teaching Chapter 12

Section 4
Principles of
Physical Training
Training
Basics/Training for
Energy Fitness/
Training for
Muscular fItness
Chapters 13-15
Fueling Your
Athletes/Battling Drugs
Chapters 16-17
Section 5
Principles of
Management
Managing Your
Team/Managing
Relationships
Chapters 18-19
Managing Risk/Review Chapter 20
Comprehensive Paper
Final Exam
Student Evaluation
Your grade for this course will be determined by your performance in the following:
Exams
There will be one exam in the course. A cumulative Final exam will be given during exam
week at the end of the semester.
Comprehensive Paper
Students will be asked to write a paper exhibiting their knowledge learned throughout the
course. A prompt and rubric will be provided to the student.
Reading Quizzes
There will be quizzes for each textbook reading assignment. The questions will reflect the
content in the respective chapters.
Section Completion Assignments
After the completion of each section, there will be an assignment designed to test the
students’ knowledge of the material in the section. These assignments will be reflective
and comprehensive. Each section assignment will be different.
Late Policy
No late assignments will be accepted without a university-approved excuse as outlined in
the Student Policy eHandbook (www.auburn.edu/studentpolicies).
Attendance/ Absences
It is the STUDENT’S responsibility to listen to and understand each online module.
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Arrangements to take the make-up exam must be made in advance and the exam taken
within 5 days of the missed exam with a valid university-approved excuse. Students who
miss an exam because of illness should inform the instructor prior to the missed class if
possible. A doctor’s statement for verification of sickness is required and should clear the
absence with the instructor the day they return to class. Other unavoidable absences from
campus must be documented and cleared with the instructor in advance. Please carefully
adhere to established assignment deadlines. In such a case the professor will have the
discretion of lowering the assignment a percentage of the overall grade for each day that it is
late.
Honesty Code
The University Academic Honesty Code and Regulations pertaining to cheating will apply to
this class. All academic honesty violations or alleged violations of the SGA Code of Laws will
be reported to the Office of the Provost, which will then refer the case to the Academic
Honesty Committee. For detailed information please refer to the University Policies site for
Auburn University
Distance Learning Statement
This course will take place primarily online. The instructor will be available by way of
email and appointment for any questions, concerns, explanations, or discussions. All
course assignments and expectations are included in the syllabus as well as online. If
clarification is needed for any assignment, students can discuss with the instructor by
email or appointment.
Questions/ Help
Students are encouraged to ask questions and seek extra help on a regular basis. Please do
not wait until the day before an exam or assignment is due.
Students Accommodations
Students who need accommodations are asked to electronically submit their approved
accommodations through AU Access and to arrange a meeting during office hours the first
week of classes, or as soon as possible if accommodations are needed immediately. If you
have a conflict with my office hours, an alternate time can be arranged. To set up this
meeting, please contact me by e-mail. If you have not established accommodations through
the Office of Accessibility, but need accommodations, make an appointment with the Office
of Accessibility, 1228 Haley Center, 844-2096 (V/TT).
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Professionalism
As faculty, staff, and students interact in professional settings, they are expected to
demonstrate professional behaviors as defined in the College’s conceptual framework.

These professional commitments or dispositions are listed below:
• Behave and communicate professionally on-line and in any postings.
Unprofessional postings will result in the removal of this privilege and the
inability to gain points. Additionally, you may be removed from this course for
unprofessional conduct.
• Remember that postings may be misinterpreted, and not to post responses when
you are angry. \*This goes for e-mail correspondence with classmates and
the instructor.
• Remember all of your discussions are public; it’s easy to forget this in chat rooms
or on the discussion board.
• If you find a posting that you find offensive or inappropriate, please
notify the instructor immediately.
• Please include a salutation and sign all emails, just as you would a letter. •
Do not use texting abbreviations in postings or e-mails.
• Engage in responsible and ethical professional practices
• Contribute to collaborative learning communities
• Demonstrate a commitment to diversity
• Model and nurture intellectual vitality
The above content, schedule and procedures in this course are subject to
amendments at the discretion of the instructor.
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