**AUBURN UNIVERSITY SYLLABUS**

**Course Number:** COUN 7250

**Course Title:** Advanced Assessment and Diagnosis in Counseling

**Credit Hours:** 3 Semester Credit Hours/Graded

**Class Meeting:** Wednesday 4:00pm – 6:50pm

**Class Location:** Haley Center Room 2228

**Office Hours:** By Appointment

**Professor:** Yuhyun Park, PhD

**Email:** yzp0037@auburn.edu

# Text(s)

**Required:**

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders* (5th ed., text rev.). <https://doi.org/10.1176/appi.books.9780890425787>

# Recommended:

First, M. (2013). (Ed.). *DSM-5 Handbook of Differential Diagnosis.* Arlington, VA: American Psychiatric Publishing.

# \*\*The DSM-5 Handbook of Differential Diagnosis is available as a free resource through the Auburn Library Resources (you will be required to sign it with your AU User ID and Password)\*\*

**Syllabus Prepared:** Syllabus revised January 2025

# Course Description:

Process of assessment and diagnosis as it applies to the counseling process. This includes but is not limited to: diagnostic criteria, bias in diagnosis, cultural issues in diagnosis, assessment in the diagnostic process, and treatment planning.

# CACREP objectives/student learning outcomes:

1. Historical perspectives concerning the nature and meaning of assessment and testing in counseling (CACREP II.F.7.a)
2. Methods of effectively preparing for and conducting initial assessments (CAFREP II.F.7.b)
3. Identify and apply ethical and legal guidelines pertaining to diagnosis (CACREP II.7.g.)
4. Diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* and the International Classification of Diseases (ICD) (CACREP V.A.2.d)
5. Use of symptom checklists, and personality and psychological testing (CACREP

II.F.7. k)

1. Use of assessment results to diagnose developmental, behavioral and mental disorders (CACREP II.F.7.l)
2. Psychological tests and assessments specific to clinical mental health counseling (CACREP V.A.1.e)
3. Classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation

(CACREP V.D.2.h)

1. Common medications that affect learning, behavior and mood in children and adolescents (CACREP V.G.2.h)
2. Diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the Diagnostic and *Statistical Manual of Mental Disorders (DSM)* and the *International Classification of Diseases* (CACREP V.D.2.f.)

# Course Requirements

**Entrance Tickets (90 points)**

There will be 9 entrance tickets throughout the semester. The entrance tickets will focus on the DSM-5 content covered in each lecture to ensure that the material has been **read prior to class**. Each entrance ticket is due by 3:59 PM CST on Canvas prior to the start of class on dates indicated on the syllabus. Each ticket will be worth 10 points. Entrance tickets not submitted by 3:59 PM CST will result in a 0.

Please come prepared with your answers to one (or more) of the following:

* IDEA: What are some big ideas? What was most interesting to me?
* CRITIQUE: What questions or criticisms do I have that the readings do not address?
* ME: How do they inform or apply to my interests?

Write your answers in a handwritten or electronic journal. The purpose of this assignment is to promote weekly accountability, as the readings are a fundamental part of the learning process in this class. Submissions can be as simple as bullet points, notes taken during your reading, or reflections that emphasize your personal connection to the material.

**Group Discussions/Case Studies (100 points)**

Each week beginning week 3, we will get hands on practice through the use of case studies. Students will be given time to work through the case study on their own while filling out a worksheet and then students will break into small groups to work on a case conceptualization and analyze the case study further. Each group will select a different speaker each meeting to summarize the groups discussion with the whole class. The case study sessions are the best way to prepare for the Midterm and Final Exam. Students will be awarded **up to** 10 points for their participation.

# Mid-term (100 points)

The midterm will consist of a series of clinical case vignettes. You will derive and justify a DSM-5 diagnosis for each client, including your reasoning and any differential diagnoses considered. You will have one week to complete the midterm. These will be open note/open book but must be completed **individually**.

# Final (100 pts)

The final will consist of a series of clinical case vignettes. You will be required to derive and justify a DSM-5 diagnosis, to include a differential diagnosis (if indicated) and/or dual diagnoses for each clinical case. You will have one week to complete the final. These will be open note/open book but must be completed **individually**.

# Diagnosis Case Study Project (100 pts):

Students will select a character from a movie or TV show to serve as the basis for a comprehensive case study. See the addendum at the end of syllabus for a complete description.

**Cultural Bias in Diagnosis - Case Conceptualization Assignment (10 Pts) Tevera Assignment\***

Students will complete a case conceptualization worksheet (see template below) to identify symptomology, diagnostic criteria and impressions, and cultural factors relevant to diagnostic decision-making.

\*\*Only one case conceptualization is needed to assess CACREP standard 2.F.2. “Phyllis” or “Lee” can be used to meet the CACREP standard, see p. 4.

Please see the addendum at the end of syllabus for a complete description.

Please note: Course assignments are due on the dates specified. When assignments are turned in late, without an excused or approved absence, scores for the assignments(s) will be reduced by 5% per day, with no assignments accepted more than 1 week past due. Please refer to the Class Policy Statements in the course syllabus for information about excused absences and making up assignments.

Students in this course are required to complete the specified course requirements. Student’s final evaluation is based on these components.

1. Entrance Tickets 90 points
2. Group Discussions/Case Studies 100 points
3. Midterm Exam 100 points
4. Final Exam 100 points
5. Diagnosis Case Study Project 100 points
6. Cultural Bias in Diagnosis - Case Conceptualization Assignment 10 points

Total: 500 points

**Grading Scale**

A 90-100%

B 80-89%

C 70-79%

D 60-69%

F Below 60%

# Course Content:

Please note: This schedule is subject to change. Students should read the sections of the DSM-V corresponding to the topics scheduled.

|  |  |  |  |
| --- | --- | --- | --- |
| **Date** | **Topic** | **Assigned Reading** | **CACREP Standards** |
| Week 1  1/15 | Syllabus/Course Overview  Introduction to DSM-5 | Syllabus | II.F.7.a.  V.A.2.d.  II.F.7.b.  V.A.1.e.  V.D.2.l. |
| Week 2  1/22 | Introduction to DSM-5  Use of the Manual  Optional: Cautionary Statement for Forensic Use of DSM-5  Historical Perspectives  Mental Status Exam/  Clinical Interviewing | [Introduction](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.Introduction)  [Use of the Manual](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.Use_of_DSM_5)  Optional: [Cautionary Statement for Forensic Use of DSM-5](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.Cautionary_Statement_for_Forensic_Use_of_DSM_5) | II.F.7.b.  V.F.7.k.  II.F.7.a.  V.A.2.d.  V.A.1.e.  V.D.2.l. |
| Week 3  1/29 | Intro to Differential Diagnosis  Substance Related and Addictive Disorders (p.543 – 665)  Case Study | [Substance-Related and Addictive Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x16_Substance_Related_Disorders)  **Entrance Ticket #1 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 4  2/5 | Bipolar and Related Disorders (p. 139 – 175)  Depressive Disorders (p. 177 – 214)  Case Study | [Bipolar and Related Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x03_Bipolar_and_Related_Disorders)  [Depressive Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x04_Depressive_Disorders)  **Entrance Ticket #2 due before class** | V.A.2.d  V.D.2.h.  V.G.2.h |
| Week 5  2/12 | Anxiety Disorders (p. 215 – 261)  Obsessive-Compulsive & Related Disorders (p. 263 – 294)  Case Study | [Anxiety Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x05_Anxiety_Disorders)  [Obsessive-Compulsive and Related Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x06_Obsessive_Compulsive_and_Related_Disorders)  **Entrance Ticket #3 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 6  2/19 | Somatic Symptom and Related Disorders (p. 349 – 370)  Feeding and Eating Disorders (p. 371 – 397)  Case Study | [Somatic Symptom and Related Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x09_Somatic_Symptom_and_Related_Disorders)  [Feeding and Eating Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x10_Feeding_and_Eating_Disorders)  **Entrance Ticket #4 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 7  2/26 | Schizophrenia Spectrum and Other  Psychotic Disorders (p. 101 – 138)  Case Study | [Schizophrenia Spectrum and Other Psychotic Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x02_Schizophrenia_Spectrum)  **Entrance Ticket #5 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 8  3/5 | **MIDTERM**  **DUE 3/5 by 11:59 PM CST** |  |  |
| Week 9  3/12 | SPRING BREAK |  |  |
| Week 10  3/19 | Neurodevelopment Disorders (p. 35 – 99)  Case Study | [Neurodevelopmental Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x01_Neurodevelopmental_Disorders)  **Entrance Ticket #6 due before class** | II.F.7.l.  V.A.1.e.  V.A.1.e |
| Week 11  3/26 | Work Day (2025 ACA Conference & Expo) |  |  |
| Week 12  4/2 | Trauma & Stressor-Related Disorders (p. 295 – 328)  Dissociative Disorders (p. 329 – 348)  Personality Disorders (p. 733 – 778)  Case Study | [Trauma- and Stressor-Related Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x07_Trauma_and_Stressor_Related_Disorders)  [Dissociative Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x08_Dissociative_Disorders)  **Entrance Ticket #7 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 13  4/9 | Sexual Dysfunctions (p. 477 – 509)  Gender Dysphoria (p. 511 – 520)  Paraphilic Disorders (p. 779 – 801) SE  Case Study | [Sexual Dysfunctions](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x13_Sexual_Dysfunctions)  [Gender Dysphoria](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x14_Gender_Dysophoria)  [Paraphilic Disorders](https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890425787.x19_Paraphilic_Disorders)  **Entrance Ticket #8 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 14  4/16 | Disruptive, Impulse Control and Conduct Disorders (p. 521 – 541)  Case Study | **Cultural Bias in Diagnosis - Case Conceptualization Assignment Due 4/20 by 11:59 PM CST**  **Entrance Ticket #9 due before class** | V.A.2.d.  V.D.2.h.  V.G.2.h |
| Week 15  4/23 | Cultural Formulation Culture Bound Syndromes  Ethical and legal aspects of diagnosis  Other Conditions that may be a focus of clinical attention  Review of differential diagnosis  Class Wrap-up | **Diagnosis Case Study Project Due by Sunday, 4/27 at 11:59pm** |  |
| Week 16  4/30 | **Final Exam**  **Due 4/30 by 11:59 PM CST** |  |  |

# Class Policy Statements

1. Attendance: Although we do not take attendance, group discussions/case studies will be in-class and worth 10 points each. It is very important that you keep up with the work throughout the semester and attend classes to participate in the case studies.
2. Excused absences: Students are granted excused absences from class for the following reasons: illness of the student or serious illness of a member of the student’s immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have excused absences from class for any other reason must contact the instructor in advance of the absence to request permission. The instructor will weigh the merits of the request and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall notification occur more than one week after the absence. Appropriate documentation for all excused absences is required. Please see University Policies https://sites.auburn.edu/admin/universitypolicies/default.aspx for more information on excused absences.
3. Readings and participation: Students are expected to have completed the assigned reading prior to watching the lecture.
4. Make-Up Policy: Arrangement to make up a missed major examination (e.g., hour exams, mid-term exams) due to properly authorized excused absences must be initiated by the student within one week of the end of the period of the excused absence(s). Except in extraordinary circumstance, no make-up exams will be arranged during the last three days before the final exam period begins.
5. Course Assignments: Course assignments are due on the dates specified on the syllabus. When assignments are turned in late, without an excused or approved absence, scores for the assignment(s) will be reduced by 5% per day, with no assignments accepted more than 1 week past the due date.
6. Course communication: Canvas will be used as the medium to transfer educational materials for this course. Students will upload completed assignments to Canvas and bring them to class only when instructed. University e-mail (**NOT** messages through Canvas) will be the primary avenue of communication with the instructor in between class sessions.
7. Course contingency: If normal class and/or lab activities are disrupted due to illness,

emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum to your syllabus and/or course assignments will replace the original materials.

1. Professionalism: As faculty, staff, and students interact in professional settings, they

are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

* 1. Engage in responsible and ethical professional practices
  2. Contribute to collaborative learning communities
  3. Demonstrate a commitment to diversity
  4. Model and nurture intellectual vitality

1. Professional Behavior: As students preparing to work within professional counseling settings it is expected that you demonstrate the appropriate professional behaviors that are discussed in program handbooks, policies and professional standards:
2. Demonstrate appropriate professional behavior in the classroom including appropriate use of technology
3. Demonstrate respect for peers and faculty
4. Demonstrate responsible behavior related to attending class, completing assignments and participating in your educational training

**Academic Honesty Policy:**

Academic Honesty Statement: All portions of the Auburn University Student Academic Honesty Code (Title XII) found in the *Student Policy eHandbook* will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.

# 

# Students with Disabilities Statement:

# Disability Accommodations: Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours an alternative time can be arranged. To set up this meeting, please contact me by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 844-2096 (V/TT).

# Justification for Graduate Credit:

This course includes advanced content crisis intervention. This includes content as specified by the Council for the Accreditation of Counseling and Related Programs (CACREP, 2009). All academic content approved by CACREP is for advanced Masters and/or Doctoral graduate study. This includes rigorous evaluation standards of students completing the student learning outcomes specified in this syllabus.

**SYLLABUS DISCLAIMER:**

The instructor reserves the right to make changes to the syllabus as needed due to the developmental needs of the students. In the event that changes are deemed necessary, the instructor will inform students at the earliest date possible in class or via email.

**COVID-19**

**Assignments/Schedule Subject to Change due to Pandemic:** The course schedule and assignments are designed with the most up-to-date information and policies in mind. If the situation changes I will make every effort to keep the schedule as consistent as possible; however, please note that the due dates for assignments and tests may be changed during the semester in response to the changing health and safety requirements or policies of the University. When changes are made, they will be communicated via Canvas Announcement, Canvas message, and all assignment due dates will be updated.

**If I am unable to teach the course:** If I become ill or unable to lead the class, a backup instructor will be identified, and they will communicate any changes or updates to the course schedule or mode of instruction as soon as possible.

**Attendance:** Please do the following in the event of an illness or COVID-related absence:

* Notify me in advance of your absence if possible
* Keep up with coursework as much as possible
* Participate in class activities and submit assignments electronically as much as possible
* Notify me if you require a modification to the deadline of an assignment or exam

Finally, if remaining in a class and fulfilling the necessary requirements becomes impossible due to illness or other COVID-related issues, please let me know as soon as possible so we can discuss your options.

**COUN 7250 Advanced Assessment and Diagnosis**

**Diagnosis and Assessment Case: Final Case Rubric**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Rating** | **Diagnosis and Assessment Skills** | **Exceeds Expectations**  **(Full credit)** | **Meets Expectations**  **(Full-partial credit)** | **Does not Meet Expectations**  **(Minimal credit)** |
|  | Summary of background information and intake | Able to identify and integrate intake information into providing a strong rationale for diagnosis decision-making | Provides a summary of the primary intake areas that correspond to diagnostic decision-making. | Unable to integrate intake information into the rationale for the diagnostic decision- making |
|  | Applies knowledge of testing and diagnosis to assessment process | Able to identify appropriate assessment tools required for this diagnosis. This includes a strong justification for the use of the assessment tool(s) or procedures | Provides a summary of the appropriate assessment tools and procedures required for this diagnosis. This includes providing support for the assessment recommendation | Unable to provide or limited rationale for the appropriate assessment tools and procedures for this diagnosis. |
|  | Identification of specific criteria and descriptors | Able to integrate intake, assessment and presenting information into a strong presentation of critical criteria and diagnostic descriptors | Provides a summary of intake, assessment and presenting information to support identification of critical criteria and diagnostic descriptors | Unable to provide intake, assessment and presenting information to support identification of critical criteria and diagnostic descriptors |
|  | Principal Diagnosis and Differential Diagnosis Rationale | Integration of all supporting information to provide a detailed and strong rationale for the Principal Diagnosis and Differential Diagnostic Rationale. This should include identifying significant culture, gender and other diagnostic issues | Integration of supporting information to provide a rationale for the Principal Diagnosis and Differential Diagnostic Rationale. This should include identifying significant culture, gender and other diagnostic issues | Unable to integrate supporting information to provide a rationale for the Principal Diagnosis and Differential Diagnostic Rationale, and not adequately addressing significant culture, gender and other diagnostic issues |
|  | Identify potential treatment recommendations | Provides a strong and well supported discussion of recommended treatment and therapy recommendations, based on empirical research. | Discusses recommended treatment and therapy recommendations, based on empirical research. | Unable to provide empirically supported recommendations for treatment or therapy. |
| **Overall Rating**:  **Feedback**: | | | | | |

**Diagnosis Case Study Project – Final Case Study (100 pts):**

Students will select a character from a movie (see list below) to serve as the basis for a comprehensive case study.

Please address the following components:

**Assessment and Intake:** Identify critical background and intake information that will provide the foundation for your diagnostic process. You are also asked to identify assessment tools including assessment measures that would be considered as part of the process of diagnosis in this case.

**Diagnostic Considerations:** This discussion should focus on any diagnostic considerations that may help you make a differential diagnosis, rule in or out a diagnosis or consider a dual diagnosis. This may include cultural, gender, or other components of the diagnostic process.

**Principal Diagnosis and Rationale:** Outline you full diagnosis (and if appropriate dual diagnosis). Using the diagnostic considerations discuss briefly your rationale and justification (based on presenting information and intake) for the diagnosis you have outlined.

**Potential Treatment Recommendations:** You are asked to develop a brief summary (2-3 pages APA format, and 1-2 pages of references) of the recommended and empirically supported treatment options for your primary diagnosis. This may include psychopharmacological, group and individual counseling, specific theoretical models, and other treatment modalities. As outlined in the module, this should also include strengths and limitations of these approaches.

# Movie List

|  |  |
| --- | --- |
| *Forrest Gump* | *The King’s Speech* |
| *One Flew Over the Cuckoo’s Nest* | *A Beautiful Mind* |
| *Radio* | *The Fisher King (1991)* |
| *I am Sam* | *Awakenings (1990)* |
| *Shutter Island* | *The Soloist* |
| *Any Day Now* | *Take Shelter (2011)* |
| *There’s Something About Mary* | *Black Swan (2010)* |
| *Adam (2009)* | *He Loves me, He Loves Me Not (2002, France)* |
| *Breaking and Entering (2006)* | *The Beaver (2011)* |
| *Rain Man* | *It’s a Wonderful Life (1946)* |
| *Silent Fall (1994)* | *Silver Linings Playbook (2012)* |
| *To Kill A Mockingbird* | *Mr. Jones* |
| *Thumbsucker (2005)* | *Running with Scissors (2006)* |
| *Michael Clayton (2007)* | *Boy Interrupted (2009)* |
| *House of Sand and Fog (2003)* | *The Hours (2002)* |
| *Dead Poets Society (1989)* | *The Aviator (2004)* |
| *Matchstick Men (2003)* | *As Good As It Gets (1997)* |
| *Somethings Gotta Give (2003)* | *Panic Room (2002)* |
| *Kissing Jessica Stein (2002)* | *The Dryland (2010)* |
| *The Manchurian Candidate (2004)* | *The Upside of Anger (2005)* |
| *The Three Faces of Eve (1957)* | *What About Bob?* |
| *Psycho (1960)* | *Sybil (1976)* |
| *Swimming Pool (2002)* | *Frankie and Alice (2010)* |
| *Nurse Betty (2000)* | *Insomnia (2002)* |
| *Lost In Translation (2003)* | *Girl Interrupted (1999)* |
| *What’s Eating Gilbert Grape? (1993)* | *Boys Don’t Cry (1999)* |
| *Soldier’s Girl (2003)* | *We Need to Talk About Kevin (2012)* |
| *My First Mister (2001)* | *Little Miss Sunshine (2006)* |
| *Flight (2012)* | *Smashed (2012)* |
| *I’m Dancing As Fast As I Can (1982)* | *Memento (2000)* |
| *The Notebook (2004)* | *No Country For Old Men (2007)* |
| *Lakeview Terrance (2009)* | *Reign Over Me (2007)* |
| *Blue Jasmine (2013)* | *Leap Year (2010)* |
| *Kill Bill (2003; 2004)* | *What About Bob? (1991)* |
| *When A Man Loves A Woman (1994)* | *The Lost Weekend (1945)* |
| *Iris (2010)* | *Away From Her (2007)* |
| *A Clockwork of Orange (1971)* |  |

\*Students may request to do additional characters, but this request must be communicated **and** approved by the professor\*

**Cultural Bias in Diagnosis - Case Conceptualization Assignment**

**Description:** Students will complete a case conceptualization worksheet (see template below) to identify symptomology, diagnostic criteria and impressions, and cultural factors relevant to diagnostic decision-making.

\*\*Only one case conceptualization is needed to assess CACREP standard 2.F.2. “Phyllis” or “Lee” can be used to meet the CACREP standard, see p. 4.

**Rubric**

|  |  |  |  |
| --- | --- | --- | --- |
| **Diagnostic Conceptualization Skills** | **Exceeds Expectations**  **(Full credit)**  **2 pts** | **Meets Expectations**  **(Full-partial credit)**  **1-2 pts** | **Does not Meet Expectations**  **(Minimal credit)**  **0-1 pts** |
| Summary of symptoms (onset, duration, intensity, precipitants) | Identifies all relevant biopsychosocial symptoms within case. Indicates onset, duration, intensity and precipitants of each symptom. | Identifies most of the relevant biopsychosocial symptoms within case. Indicates onset, duration, intensity and precipitants of each symptom. | Does not identify relevant biopsychosocial symptoms within case. Lacks information on onset, duration, intensity and precipitants of symptoms. |
| Diagnostic Decision-Making (initial diagnosis/es, differential diagnoses) | Identifies relevant diagnostic criteria, as evidenced by symptomology. Dictates initial diagnosis correctly, with applicable specifiers and Z codes. Considers multiple relevant differential diagnoses. | Identifies relevant diagnostic criteria, as evidenced by symptomology. Dictates initial diagnosis correctly, with applicable specifiers and Z codes. Considers at least one relevant differential. | Does not identify relevant diagnostic criteria. Dictates initial diagnosis, but lacks applicable specifiers and Z codes, or lacks differential diagnoses. |
| Client’s cultural background considerations (client’s culture, alternative/culturally-situated explanations for symptoms) | Describes known and relevant cultural identities/experiences of the client. Indicates multiple possible alternative, culturally-situated explanations for symptoms. | Describes some relevant cultural identities/experiences of the client. Indicates at least one possible alternative, culturally-situated explanation for symptoms. | Does not describe relevant cultural identities/ experiences of the client. Does not indicate a possible alternative, culturally-situated explanation for symptoms. |
| Student cultural considerations (cultural bias, relevant contextual factors impacting diagnostic criteria) | Describes multiple cultural identities/experiences that influence personal view of the symptom(s)/issue at hand. Indicates multiple contextual factors that impact diagnostic criteria. | Describes some cultural identities/experiences that influence personal view of the symptom(s)/issue at hand. Indicates some contextual factors that impact diagnostic criteria. | Does not Describe cultural identities/experiences that influence personal view of the symptom(s)/issue at hand. Does not indicate contextual factors that impact diagnostic criteria. |
| Rationale for Diagnosis | Integration of all supporting information to provide a detailed and strong rationale for the Initial Diagnosis and Differential Diagnoses. | Integration of all supporting information to provide a rationale for the Initial Diagnosis and Differential Diagnoses. | Does not integrate supporting information to provide a rationale for the Initial Diagnosis and Differential Diagnoses. |
| **Overall Score**: /10  **Feedback**: | | | |

**Case Conceptualization Worksheet**

**Student Name:**

**Case Number:**

|  |  |
| --- | --- |
| **Prompt** | **Response** |
| Identify symptoms |  |
| Rank symptom severity (1- severe, 2-moderate, 3-mild) |  |
| Duration and onset of symptoms |  |
| Precipitant(s) of symptoms |  |
| Initial Diagnosis/ Diagnostic Impression (include specifiers and Z codes as needed) |  |
| Differential Diagnosis/es (including differential Z codes as appropriate) |  |
| Discuss how the client’s cultural background may influence the manifestation of symptoms |  |
| Discuss how cultural bias may influence your diagnostic decision-making |  |
| Discuss relevant historical, political, religious, and/or cultural issues that need to be considered before applying this diagnosis and developing a treatment plan |  |
| Discuss any alternative explanations for the client’s symptoms/behavior given contextual factors noted above |  |
| Summarize your rationale for diagnosis   * Include narrative description of diagnostic decision-making * Indicate how/why you ruled out the differential diagnosis/es |  |

**Case Descriptions**

**Phyllis**

Phyllis is a 15 year-old African American female in the 9th grade. She has been court ordered to attend counseling due to an assault charge that occurred in her neighborhood. Apparently, she was angry at one of her friends when they came back from the store with the wrong type of soda. She punched her in the face and chased her home with a stick. Phyllis lives with her 44 year-old mother and is described as a spirited, tough-acting, confident young lady who does not like to be told what to do. Both her teachers and her mother describe Phyllis as having a “bad attitude”. Phyllis is most angry with her mother; she blames her mother for their current state of affairs.

When Phyllis was 7 years old, her father left her and her mother for another woman. Since that time, her behaviors became increasingly worse. She began to have attitude problems in school, including talking back to the teachers and refusing to do her schoolwork. The teachers report that Phyllis does a great job on her work and is a very bright kid, but she does not seem motivated to do anything related to school. She had to be removed from the gifted and talented reading program in the 2nd grade because of her disruptive behaviors. Phyllis reports that she has not seen her father since she was 7 and that she does not care (“… as far as I am concerned, he and his little whore can go straight to hell…”).

Though she had significant behavioral problems at school, she seemed to have minimal problems in her neighborhood. Her mother stated that Phyllis had a small group of friends that she spent time with in the neighborhood after her father left and that she rarely had any problems in the community. Also, her grandmother came to live with them during the summer before her 3rd grade year. This seemed to help Phyllis greatly; she started to display better behavior in school and to improve her grades and her attitude.

During the summer before her 6th grade year, Phyllis’ mother stated that two significant events happened that she believes changed her daughter’s life. First, her grandmother passed away suddenly. This was devastating for Phyllis because she was extremely close to her grandmother (“her grandmother was the only one who could keep her under control”). Phyllis went to see a grief counselor but refused to talk to her. After about 4 or 5 sessions of this type of behavior, the counselor suggested that they take some time off until Phyllis was ready to deal with her grandmother’s death.

The second significant event occurred towards the end of the summer. One day when she was walking home from Vacation Bible School at her church, three girls jumped her and beat her up really bad. She had to be hospitalized with cracked ribs and a severely sprained arm. Apparently, one of the girls thought that Phyllis had been messing around with her boyfriend and was angry about it. Phyllis was able to identify her attackers and they were punished for their crime. However, the attackers vowed to beat her up again “because she talks too much and she thinks she’s pretty”. Her mother stated that she believed the most effective thing to do was to move to another neighborhood so that they could have a fresh start. Phyllis admits that she was not always tough. She stated that she used to be the type of kid who would ignore people when they hit her because she learned from her mother and grandmother that turning the other cheek was the best way to handle conflict. Phyllis stated that ever since three girls jumped her in 6th grade and beat her badly she stopped avoiding fights.

Since those incidents, Phyllis has had numerous problems at home and at school. She is constantly fighting in school and in her neighborhood; her mother reports that her behavior is totally out of control. Over the past year, she has initiated physical fights (“especially if someone is looking at me the wrong way”) and is known as a bully in the neighborhood. She set fire to her neighbor’s yard after the neighbor threatened to call the police because Phyllis chased her daughter home by threatening her with a knife. She often stays out past curfew and her mother has appeared in court due to frequent absences from school. Due to her infrequent attendance, she is in danger of failing the 9th grade. After being charged with assault and being adjudicated as delinquent, Phyllis was placed in a temporary foster home. The client’s foster family lives in a nearby neighborhood and reports that Phyllis was “in and out” of the placement, often times coming in after curfew and refusing to do assigned chores. The assessment counselor reports that Phyllis expressed some desire to at least examine her issues but did not make a commitment to change during her initial assessment.

**Lee**

Lee Evans was a 25-year-old single, unemployed multiracial (White and Asian-American) man who had been seeing a psychiatrist for several years for management of psychosis, depression, anxiety, and abuse of marijuana and alcohol.

After an apparently normal childhood, Mr. Evans began to show dysphoric mood, anhedonia, low energy, and social isolation by age 15. At about the same time, Mr. Evans began to drink alcohol and smoke marijuana every day. In addition, he developed recurrent panic attacks, marked by a sudden onset of palpitations, diaphoresis, and thoughts that he was going to die. When he was at his most depressed and panicky, he twice received a combination of sertraline 100 mg/day and psychotherapy. In both cases, his most intense depressive symptoms lifted within a few weeks, and he discontinued the sertraline after a few months. Between episodes of severe depression, he was generally seen as sad, irritable, and unmotivated. His school performance declined around tenth grade and remained marginal through the rest of high school. He did not attend college as his parents had expected him to, but instead lived at home and did odd jobs in the neighborhood.

Around age 20, Mr. Evans developed a psychotic episode in which he had the conviction that he had murdered people when he was 6 years old. Although he could not remember who these people were or the circumstances, he was absolutely convinced that this had happened, something that was confirmed by continuous voices accusing him of being a murderer. He also became convinced that other people would punish him for what had happened, and thus he feared for his life. Over the ensuing few weeks, he became guilt-ridden and preoccupied with the idea that he should kill himself by slashing his wrists, which culminated in his being psychiatrically hospitalized. Although his affect on admission was anxious, within a couple of days he also became very depressed, with prominent anhedonia, poor sleep, and decreased appetite and concentration. With the combined use of antipsychotic and antidepressant medications, both the depression and the psychotic symptoms remitted after 4 weeks. Thus, the total duration of the psychotic episode was approximately 7 weeks, 4 of which were also characterized by major depression. He was hospitalized with the same pattern of symptoms two additional times before age 22, each of which started with several weeks of delusions and hallucinations related to his conviction that he had murdered someone when he was a child, followed by severe depression lasting an additional month. Both relapses occurred while he was apparently adherent to reasonable dosages of antipsychotic and antidepressant medications. During the 3 years prior to this evaluation, Mr. Evans had been adherent to clozapine and had been without hallucinations and delusions. He had also been adherent to his antidepressant medication and supportive psychotherapy, although his dysphoria, irritability, and amotivation never completely resolved.

Mr. Evans’s history was significant for marijuana and alcohol abuse that began at age 15. Before the onset of psychosis at age 20, he smoked several joints of marijuana almost daily and binge drank on weekends, with occasional blackouts. After the onset of the psychosis, he decreased his marijuana and alcohol use significantly, with two several-month-long periods of abstinence, yet he continued to have psychotic episodes up through age 22. He started attending Alcoholics Anonymous and Narcotics Anonymous groups, achieved sobriety from marijuana and alcohol at age 23, and had remained sober for 2 years.