

**AUBURN UNIVERSITY  
SYLLABUS**

**Dr. Wadsworth**  
**Office: Coliseum 2071**  
**Phone: 844-1836**  
**e-mail: [wadswdd@auburn.edu](mailto:wadswdd@auburn.edu)**  
**Office Hour: By appointment**

**1. Course Number: KINE 1103 IL2**

**Course Title:** Wellness

**Credit Hours:** 2 hours

**Prerequisites:** None

**Corequisites:** None

**2. Date Syllabus Prepared:**

- Prepared May 2010

**3. Texts**

- E- text: Sparling, P.B. & Recican, K.J. (2009) iHealth: An interactive framework. McGraw Hill, New York, NY.
- McGraw Hill connect is the application that will contain course material.

**AT THE END OF THE SYLLABUS IS A LINK TO REGISTER FOR  
CONNECT AND BUY THE TEXTBOOK ONLINE. ONCE YOU HAVE  
ACCESSED THE WEBSITE, THERE IS A VIDEO ON THE LEFT HAND  
SIDE THAT WILL TELL YOU HOW TO REGISTER VIA A CARD  
CODE (THAT YOU PURCHASED FROM THE BOOKSTORE) OR HOW  
TO REGISTER AND BUY THE TEXTBOOK ONLINE.**

**4. Course Description:**

- Students will learn about health behaviors (diet, exercise etc), medical conditions (mental health, heart disease etc) and health care choices (health care system etc) and be able to apply these concepts to their personal health.

**5. Course Objectives:**

- Obtain knowledge about health behaviors, medical conditions and health care choices.
- Apply knowledge to one's personal health.

**6. Course Content and Schedule – The following schedule shows the date that the chapter assignments and quizzes are open online. Please check McGraw Hill Connect for complete details.**

Date	Chapter
5/20-5/24	1
5/24-5/26	2
5/26-5/31	3
5/31-6/2	4
6/2-6/4	5
6/4-6/8	6
6/8-6/11	7
6/11-6/14	8
6/14-6/16	9
6/16-6/18	10
6/18-6/21	11
6/21-6/23	12
6/23-6/25	13

## **7. Course Requirements/Evaluations**

Grading System	Point Value	Description
1) Quizzes	100 points	Each chapter has a 10-point quiz that is available during specified dates; therefore there are 13 quizzes available. You will be graded on the first 100 points (or 10 quizzes) that you attempt. Therefore, you will not take 3 quizzes over the course of the semester. Which quizzes you attempt are up to you, but the points you earn on the FIRST 10 quizzes that you attempt will be accumulated for your quiz grade. You must take the quizzes during the specified dates, you will have 30 minutes to take each quiz, you may use your book or notes, but you may not ask another individual for quiz answers.
2) Assignments	100 points	Each chapter has multiple assignments that are valued at 5 or 10 points. You will be graded on the first 100 points of assignments that you attempt. It is up to you which assignments you take, but the points you earn on the FIRST assignments that have a potential point value of 100 points will be accumulated as your assignment grade.

Grade	Scale
<b>A</b>	200 – 180
<b>B</b>	179.9 – 160
<b>C</b>	159.9 – 140
<b>D</b>	139.9 – 120
<b>F</b>	Below 119

### **8. Class Policy Statements**

- You are responsible for completing all online course work on time. Late assignments will not be accepted. Excuses about lack of internet connection, not being able to access the connect, not being able to complete an assessment, or other technical problems will not be accepted.
- The University is conducted on a basis of common honesty. Dishonesty, cheating, plagiarism, or knowingly furnishing false information to the University is regarded as particularly serious offenses. Any form of this type of conduct will not be tolerated.
- If you are a student with a documented disability and need accommodations please arrange a meeting during my office hours or send an e-mail to schedule a meeting. Please bring a copy of your accommodation memo and an instructor verification form to the meeting. If you do not have an accommodation memo but need accommodations, make an appointment with the Program for Students with Disabilities, 1244 Haley Center, 844-2096.

DIRECTIONS FOR REGISTERING FOR THE E-TEXT AND MCGRAW HILL CONNECT IS BELOW.



**student  
registration  
info**

**course:**

KINE 1103 IL2 Wellness

**instructor:**

Danielle Wadsworth

**section:**

1103 IL2

**online registration instructions**

Go to the following Web address  
and click the "register now" button:

[http://connect.mcgraw-hill.com/class/d\\_wadsworth\\_1103\\_il2](http://connect.mcgraw-hill.com/class/d_wadsworth_1103_il2)

This is a unique address for  
**1103 IL2**

If you have trouble with registration, please contact  
Customer Support at <http://mpss.mhhe.com/>.

© 2010 The McGraw-Hill Companies.