**Kinesiology**

**Introduction to Health and Human Performance**

**Course Syllabus**

**1. Course Number:** KINE 2800

**Course Title:** Introduction to Health and Human Performance

**Corequisite:** None

**Credit Hours:** 3 semester hours (Lecture 3)

**Prerequisite:** none

**Class Meeting Times:** online course

**Instructor:** Dr. Peter Hastie **Office:** COLSM 2081

**Phone:** 334-844-1469 **Email:** hastipe@auburn.edu

**Office Hours:** Daily 12:30 – 1:00; and by appointment

**2. Date Syllabus Prepared:** May 2010

**3. Text: Recommended/reference:** Siedentop, D. (2001). *Physical Education, Fitness, and Sport*.

**4. Course Description:**

* This course is designed to help students become aware of the people, history, events and programs that have led to the current status of the fields of physical education, fitness and sports. It focuses on combining theoretical and experiential knowledge to promote students' activism and professionalism within the field.

**5. Course Requirements/Evaluation:**

**In-class Tests (80 marks)**

* Each quiz counts 14 points towards your final grade. They generally decide your overall grade for this class.
* Material for these tests will be from the class notes.

**Reaction Papers (20 marks)**

* You are to keep up to date with issues in kinesiology through the writing of reaction papers.
* This assignment will be to complete 10 reaction papers. These should be issues of direct relationship to kinesiology. That is, papers should focus on a topic that is related to people moving.
* I don't want the reaction papers to be an analysis of a sporting event, or something related to trading of players or scouting or recruiting. For example, "Pipeline to the NFL? Big states, schools are key" from USA Today is not a suitable topic, but "Bad economy, bad diet? Stress takes toll on fitness" from the same newspaper would.
* Each reaction paper will consist of the following:
* A news paper article -- properly referenced (that means, the title, source, date of publication, author, and the URL from the Internet)
* A 100 word summary of the key points
* Your 100 word analysis and reaction to the issues
* Reaction papers can be submitted at any time, but at least 2 must be submitted with each quiz
* You should prepare your reaction paper in MS Word and send these as attachments through e-mail.

**Internet Quizzes (20 points)**

* As well as the in class tests, there are five you need to complete.
* You can try these any time during the term, but many submit them ONLY ONCE.
* Successful completion of a quiz earns 4 points.
* You are advised not to submit a quiz until after you read the book and the online notes.

**Grading Scale**

A = 90+   
B = 80-89   
C = 70-79   
D = 60-69  
F = < 60

**6. Course Content and Schedule:**

**BLOCK 1:**

* Read chapters 1,2,3 from the text
* Review the Power Point summaries ([201ch1.ppt](http://www.auburn.edu/~hastipe/2800/201ch1.ppt): [201ch2.ppt](http://www.auburn.edu/~hastipe/2800/201ch2.ppt); [201ch3.ppt](http://www.auburn.edu/~hastipe/2800/201ch3.ppt))
* Complete the [first quiz](http://www.auburn.edu/~hastipe/2800/quiz1201.doc) -- submit this quiz as an attachment by May 31st.
* Submit at least 2 [reaction papers](http://www.auburn.edu/~hastipe/2800/201react.htm) with first quiz.

**BLOCK 2:**

* Read chapters 5,6,7 from the text
* Review the Power Point summaries ([201ch5.ppt:](http://www.auburn.edu/~hastipe/2800/201ch5.ppt) [201ch6.ppt](http://www.auburn.edu/~hastipe/2800/201ch6.ppt); [201ch7.ppt](http://www.auburn.edu/~hastipe/2800/201ch7.ppt))
* Review the Power Point summaries for [Ancient Sport 1](http://www.auburn.edu/~hastipe/2800/201anc1.ppt), [Ancient Sport 2](http://www.auburn.edu/~hastipe/2800/201anc2b.ppt), [Ancient Sport 3](http://www.auburn.edu/~hastipe/2800/201anc3.ppt).
* Review the Power Point summaries for [Olympic History 1](http://www.auburn.edu/~hastipe/2800/201oly1.ppt), [Olympic History 2](http://www.auburn.edu/~hastipe/2800/201oly2.ppt), [Olympic History 3](http://www.auburn.edu/~hastipe/2800/201oly3.ppt).
* Complete the [second quiz](http://www.auburn.edu/~hastipe/2800/quiz2201.doc) -- submit this quiz by June 7th.
* Submit at least 2 [reaction papers](http://www.auburn.edu/~hastipe/2800/201react.htm) with second quiz.

**BLOCK 3:**

* Read chapters 8.9.10 from the text
* Review the Power Point summaries ([201ch8.ppt](http://www.auburn.edu/~hastipe/2800/201ch8.ppt): [201ch9.ppt](http://www.auburn.edu/~hastipe/2800/201ch9.ppt); [201ch10.ppt](http://www.auburn.edu/~hastipe/2800/201ch10a.ppt))
* Complete the [third quiz](http://www.auburn.edu/~hastipe/2800/quiz3201.doc) -- submit this quiz by June 12th.
* Submit at least 2 [reaction papers](http://www.auburn.edu/~hastipe/2800/201react.htm) with third quiz.

**BLOCK 4:**

* Read chapters 11,12,13 from the text
* Review the Power Point summaries ([201ch11.ppt:](http://www.auburn.edu/~hastipe/2800/201ch11.ppt) [201ch12.ppt](http://www.auburn.edu/~hastipe/2800/201ch12.ppt); [201ch13.ppt](http://www.auburn.edu/~hastipe/2800/201ch13.ppt))
* Complete the [fourth quiz](http://www.auburn.edu/~hastipe/2800/quiz4201.doc) -- submit this quiz by June 18th.
* Submit at least 2 [reaction papers](http://www.auburn.edu/~hastipe/2800/201react.htm) with fourth quiz.

**BLOCK 5:**

* Read chapters 14,15,16,17,18,19,20 from the text
* Review the Power Point summaries ([201ch14.ppt](http://www.auburn.edu/~hastipe/2800/201exphys.ppt): [201ch15.ppt](http://www.auburn.edu/~hastipe/2800/201biom.ppt); [201ch16.ppt,](http://www.auburn.edu/~hastipe/2800/201mlc.ppt) [201ch17.ppt](http://www.auburn.edu/~hastipe/2800/201soc.ppt), [201ch18.ppt](http://www.auburn.edu/~hastipe/2800/201psych.ppt), [201ch19.ppt,](http://www.auburn.edu/~hastipe/2800/201ped.ppt) [201ch20.ppt)](http://www.auburn.edu/~hastipe/2800/201hum.ppt)
* Complete the [fifth quiz](http://www.auburn.edu/~hastipe/2800/quiz5201.doc) -- submit this quiz by June 25th.
* Submit at least 2 [reaction papers](http://www.auburn.edu/~hastipe/2800/201react.htm) with fifth quiz.
* Submit all [electronic internet quizzes](http://www.auburn.edu/~hastipe/2800/201bonus.htm).

**7. Class Policy Statements:**

Participation: Students are expected to participate in all class discussions and participate in

all exercises. It is the **student’s responsibility** to contact the instructor if assignment

deadlines are not met. Assignments are due at the beginning of class on the due date. No

late work will be accepted. In the event of illness, students are responsible for initiating

arrangements for missed work. **Missed work must be made up within 5 days.**

Attendance/Absences: Attendance is required at each class meeting. If an exam is missed, a

make-up exam will be given only for University-approved excuses as outlined in the

Tiger Cub. Arrangement to take the make-up exam must be made in advance. Students

who miss an exam because of illness should inform the instructor prior to the missed class

if possible. A doctor’s statement for verification of sickness is required and should clear

the absence with the instructor the day they return to class. Other unavoidable absences

from campus must be documented and cleared with the instructor **in advance**. **All**

**missed work must be made up within 5 days.**

Questions/help: Students are encouraged to ask questions and seek extra help on a regular

basis. **Please do not wait** until the day before an exam or assignment is due. The goal is

to keep up and enjoy the material!

Unannounced quizzes: There will be no unannounced quizzes during this course.

Accommodations: Students who need accommodations are asked to arrange a meeting

during office hours the first week of classes, or as soon as possible if accommodations are

needed immediately. If you have a conflict with my office hours, an alternative time can

be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your

Accommodation Memo and an Instructor Verification Form to the meeting. If you do not

have an Accommodation Memo but need accommodations, make an appointment with the

Program for Students with Disabilities at 1244 Haley Center, 844-2096 (V/TT).

Honesty Code: The University Academic Honesty Code and the Tiger Cub **Rules and**

**Regulations pertaining to Cheating will apply to this class**.

Classroom Policies:

• All electronic devices must be turned off during classroom or laboratory periods, with

the exception of laptops – which may be used for note taking ONLY.

• Students are expected to arrive to class **on time**. Likewise, classes will end promptly

at the scheduled time.

• Students are expected to come to class having completed the reading and prepared to

discuss it.

Professionalism: As faculty, staff, and students interact in professional settings, they are

expected to demonstrate professional behaviors as defined in the College’s conceptual

framework. These professional commitments or dispositions are listed below:

• Engage in responsible and ethical professional practices

• Contribute to collaborative learning communities

• Demonstrate a commitment to diversity

• Model and nurture intellectual vitality