

PHED1510-002 - Bowling
Summer 2010 II

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In accordance with university policy, students are expected to check e-mail regularly for announcements and assignments!

Course Description: A physical activity course designed for the beginning and/or recreational bowler.

Book: *Bowling*. Borden & Ackerman, McGraw-Hill Winning Edge Series.
Optional Scoring Help:
<http://public.csusm.edu/veres/bowlingScore.html>
Blackboard

Objectives: The student will:

1. Demonstrate knowledge of bowling facilities, and appropriate equipment selection.
2. Demonstrate knowledge of, and practice, proper technique for approach, arm swing, release, delivery, and finish.
3. Demonstrate knowledge of, and practice, proper etiquette.
4. Demonstrate knowledge of scoring a bowling game.
5. Demonstrate knowledge of strategies for picking up spares.
6. Demonstrate knowledge of the language and terminology of bowling.

Policies & Procedures:

1. There is a **\$85.00 fee** that must be paid to the bowling alley employee by JULY 6, or you will be dropped from the class. CASH, cheque, or credit card!
2. Once we start scoring you will bowl two or three games per class session. You are responsible for submitting scores each class session.
3. We will have 2 to 4 students assigned per lane.
4. Be sure to wear or bring a pair of socks. Appropriate dress is required – no short skirts or short shorts or cut-off T-shirts.
5. The lanes are smoke-free. Please do not use any tobacco products or alcohol during class.
6. All students must sign the "Hold Harmless" policy statement.
7. Return shoes to the attendant and balls to the rack.
8. Please do not have any food or drinks on the scoring table or at the laneside seats.
9. **You must turn off all cell phones during class – NO talking on phone or TEXTING. Doing so will slow down the flow of the games.**

10. When you enter your name to bowl, enter the name you wish to be called – it helps me learn names!

Attendance: This is a lab class therefore attendance is required. Unexcused absences may not be made-up. You must turn in written proof of excused absences by the next class period. You may make-up an EXCUSED absence by bowling two extra games during class time only (don't have to pay).

Excused absences must be made-up **the following week**, or they will count as unexcused absences.

It helps to email me in advance to let me know you're missing class.

Quizzes are on BLACKBOARD, and will be released AFTER class time for the day of the quiz ONLY! See course outline below for quiz dates! Quizzes may NOT be made up without PRIOR arrangement being made with professor.

Five (5) absences FOR ANY REASON will result in an FA.

Grading Scale:

Written Quizzes 40 points – 4 quizzes, 3 on BLACKBOARD, 1 in class

***Skill: Game Average** 30 points – this is your score average (see file)

***Skill: Bowling Form** 30 points – this is your technique – (see file)

100 points

**You may choose that your grade is weighted more on your game average, or more on your bowling technique.*

BOWLING PHED 1500-002 COURSE OUTLINE

WEEK 1

- JUNE 28 FIRST DAY – CLASS ***WILL*** MEET! Bowling pre-test.
- JUNE 29 bowl 2 games. **Read chapters 1 & 2** – know your etiquette!
- JUNE 30 bowl 2 games. **Read chapters 1 & 2** – know your etiquette!
- JULY 1 bowl 3 games. **Read chapters 3 – 5:** bowling technique
- JULY 2 NO CLASS

WEEK 2

JULY 5 INDEPENDENCE DAY HOLIDAY – NO CLASS – HAVE FUN; BE SAFE!!!

JULY 6 bowl 3 games. Read chs. 1 and 2

\$85 due – pay to Bowling center – Dr. Buchanan will not take money.

JULY 7 bowl 3 games.

Quiz I on Etiquette & Equipment Chs. 1 & 2 on BLACKBOARD.

JULY 8 bowl 3 games. Read chapters 3 – 5: bowling technique

JULY 9 NO CLASS

WEEK 3

JULY 12 bowl 3 games. Read chapters 3 – 5: bowling technique

JULY 13 bowl 3 games. Read chapters 3 – 5: bowling technique

JULY 14 bowl 3 games.

Quiz II on Technique, Chs. 3 – 5 on BLACKBOARD

Read ch. 7, scoring

JULY 15 bowl 3 games.

JULY 16 NO CLASS

WEEK 4

JULY 19 bowl 2 games. Lecture on Scoring. Read ch. 7, scoring

JULY 20 bowl 3 games.

In-class Quiz on Scoring whenever you are ready

JULY 21 bowl 3 games. Read ch. 6, picking up spares.

JULY 22 bowl 3 games. Read ch. 6

JULY 23 NO CLASS

WEEK 5

JULY 26 bowl 3 games. *Must take scoring quiz by TODAY!*

JULY 27 bowl 3 games. Read ch. 6

JULY 28 bowl 3 games.

Quiz III on picking up spares, scoring terms on BLACKBOARD

JULY 29 bowl 2 games. *Must PASS scoring quiz by TODAY!*

JULY 30 NO CLASS

WEEK 6

AUGUST 2 EXTREME BOWLING – LAST CLASS DAY