PHED1510-004 - Bowling Summer 2010 | I

Instructor: Dr. Alice M. Buchanan Mary Ann Holasek-Pierce

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In accordance with university policy, students are expected to check e-mail regularly for announcements and assignments!

<u>Course Description:</u> A physical activity course designed for the beginning and/or recreational bowler.

Book: Bowling. Borden & Ackerman, McGraw-Hill Winning Edge Series.

Optional Scoring Help: http://public.csusm.edu/veres/bowlingScore.html

Objectives: The student will:

- 1. Demonstrate knowledge of bowling facilities, and appropriate equipment selection.
- 2. Demonstrate knowledge of, and practice, proper technique for approach, arm swing, release, delivery, and finish.
- 3. Demonstrate knowledge of, and practice, proper etiquette.
- 4. Demonstrate knowledge of scoring a bowling game.
- 5. Demonstrate knowledge of strategies for picking up spares.
- 6. Demonstrate knowledge of the language and terminology of bowling.

Policies & Procedures:

- I. There is a \$85.00 fee that must be paid to the bowling alley employee by MAY 27, or you will be dropped from the class. CASH, cheque, or credit card!
- 2. Once we start scoring you will bowl two or three games per class session. You are responsible for submitting scores each class session.
- 3. We will have 2 to 4 students assigned per lane.
- 4. Be sure to wear or bring a pair of socks. Appropriate dress is required no short skirts or short shorts or cut-off T-shirts.
- 5. The lanes are smoke-free. Please do not use any tobacco products or alcohol during class.
- 6. All students must sign the "Hold Harmless" policy statement.
- 7. Return shoes to the attendant and balls to the rack.
- 8. Please do not have any food or drinks on the scoring table or at the laneside seats.
- 9. You must turn off all cell phones during class NO talking on phone or TEXTING. Doing so will slow down the flow of the games.
- 10. When you enter your name to bowl, enter the name you wish to be called it helps me learn names!

Attendance: This is a lab class therefore attendance is required. Unexcused absences may not be made-up. You must turn in written proof of excused absences by the next class period. You may make-up an EXCUSED absence by bowling two extra games during class time only (don't have to pay).

Excused absences must be made-up **the following week**, or they will count as unexcused absences.

Quizzes are on BLACKBOARD, and will be released AFTER class time for the day of the quiz ONLY! See course outline below for quiz dates! Quizzes may NOT be made up without PRIOR arrangement being made with professor.

Five (5) absences FOR ANY REASON will result in an FA.

Grading Scale:

Written Quizzes	40 points	Bowling Game Average		
*Skill: Game Average	30 points	<u>Men</u>		Women
*Skill: Bowling Form	30 points	140	Α	125
	100 points	130	В	115
	•	115	С	100
	BELOW	100	D	90

^{*}You may choose that your grade is weighted more on your game average, or more on your bowling technique.