**AUBURN UNIVERSITY SYLLABUS**

**1. Course Number:** COUN 8610

**Course Title:**  Advanced Theories: Existential/Humanistic Counseling

**Credit Hours:**  3 Semester hours (Lecture 3)

**Prerequisites:** Graduate Standing

**2. Date Syllabus Prepared:** June 2012; June 21, 2012

**3.** **Text(s):**

Frankl, V.E. (2006). *Man’s search for meaning.* Boston, MA: Beacon.

van-Durzen, E., & Adams, M. (2011). *Skills in existential counselling &*

*psychotherapy.* Thousand Oaks, CA: Sage.

*Supplemental Text*

Belchner, W.L. (2009). *Writing your journal articles in 12 weeks: A guide*

*to academic publishing success.* Thousand Oaks, CA: Sage

**4. Course Description:**

Intensive study of existential/humanistic theories, their application to the counseling process and their research base.

**5. Course Objectives:**

Upon completion of this course, students will be able to:

**6.** **Course Content:** Readings will be assigned throughout the semester as they pertain to the specific content and nature of course lectures and activities.

|  |  |  |
| --- | --- | --- |
| Date | Topic | Assigned Reading |
| 6/25 Week 1 | Introduction to the Course  Framework  *Assignment of Working Partners* | vanDurzen chapter 1 |
| 6/27 Week 1 | Person as Therapist  *Pitch Manuscript Ideas* | vanDurzen chapter 2  Frankl 1-93 pg  **Identify Journal to Submit to** |
| 7/2 Week 2 | Working Phenomenology  *Group Facilitation* | **Manuscript Outline Due**  vanDurzen chapter 3 |
| 7/4 Week 2 | *No Class* | **Happy Independence Day!** |
| 7/9 Week 3 | Existential Attitude  *Group Facilitation* | vanDurzen chapter 4 |
| 7/11 Week 3 | Theory to Practice  *Group Facilitation* | vanDurzen chapter 5  **Rough Draft Due** |
| 7/16 Week 4 | Matters to Client  *Group Facilitation* | vanDurzen chapter 6  Frankl 97-134 pg |
| 7/18 Week 4 | Process of Ex. Counseling  *Group Facilitation* | vanDurzen chapter 7 |
| 7/23 Week 5 | Putting it All Together  *Group Facilitation* | vanDurzen chapter 8  **Manuscripts Due** |
| 7/25 Week 5 | Mindfulness-Based Practice | **Mindfulness Reflection due July 27, 2012**  Check Canvas for Readings  ***Specific Activities will be uploaded.*** |

**7. Course Requirements:**

1. **Existential-Humanistic Manuscript:**

Students will be divided into pairs and will prepare a professional manuscript that relates to existential-humanistic trends. For this assignment, students will identify a professional counseling journal and will adhere to the journal submission requirements in preparing their manuscript.

1. **Mindfulness-Based Practice:**

As mindfulness based counseling increases in popularity, the trend will be further explored in the classroom. Students are expected to read a series of texts on mindfulness and then participate in a mindfulness-based practice. For this class, we will meet at on off-campus location. Students are expected to journal this experience and submit a two page single spaced reflection.

1. **Existential-Humanistic Group Facilitation:**

Students will divide into pairs to create and co-facilitate an existential-humanistic class group activity/exercise once during the semester. For this activity, two students will serve as the co-facilitators and will lead the class through a one hour group activity/exercise (examples include: writing your own obituary, shadow archetype activity). This group **must** include an existential-humanistic foundation. A 1-2 page outline of your group exercise should be sent to me so that I can post this on the Canvas Webpage.

**8. Grading and Evaluation Procedures:**

Existential-Humanistic Manuscript 200

Mindfulness-Based Practice 100

Existential-Humanistic Group Facilitation 100

**Total 300**

The following scale will be used:

90-100% = A

80-89.9% =B

70-79.9% =C

60-69.9% =D

Below 60% =F

**9. Class Policy Statements:**

1. Attendance: Although attendance is not required, students are expected to attend all classes, and will be held responsible for any content covered in the event of an absence. As this is a five-week class, missing more than one class will call for a meeting with this teacher.
2. Excused Absences: Students are granted excused absences from class for the following reasons: illness or the student or serious illness of a member of the student’s immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have excused absences from class for any other reason must contact the instructor in advance or the absence to request permission. The instructor will weigh the merits of the request and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall notification occur more than once a week after the absence. Appropriate documentation for all excused absences is required. Please see the Student e Policyfor more information on excused absences.
3. Make-Up Policy: Arrangement to make up a missed major exam (e.g., hour exams, mid-term exams) due to properly authorized excused absences must be limited must be initiated by the student within one week of the end of the period of the excused absence(s). Except in extraordinary circumstance, no make-up exams will be arranged during the last three days before the final exam period begins.
4. Academic Honesty: All portions of the Auburn University student academic honesty code (Title XII) found in the *Student e Policy* will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.
5. Disability Accommodations: Students who need special accommodations in class, as provided by the Americans with Disabilities Act, should arrange for a confidential meeting with the instructor during office hours in the first week of classes (or as soon as possible if accommodations are needed immediately). The student must bring a copy of their Accommodations Letter and an Instructor Verification Form to the meeting. If the student does not have these forms, they should make an appointment with the Program for Students with Disabilities, 1288 Haley Center, 844-2096 (V/IT).
6. Course Contingency: If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, and addendum to your syllabus and/or course assignments will replace the original materials.
7. Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:
   1. Engage in responsible and ethical professional practices
   2. Contribute to collaborative learning communities
   3. Demonstrate a commitment to diversity
   4. Model and nurture intellectual vitality
8. **Justification for Graduate Credit:**

This course includes advanced content on pedagogical methods in counselor education. This includes content as specified by the Council for the Accreditation of Counseling and Related Programs (CACREP, 2009). All academic content approved by CACREP is for advanced Masters and/or Doctoral graduate study. This includes rigorous evaluation standards of students completing the student learning outcomes specified in this syllabus.