

**KINE 2803**  
**Introduction to Kinesiology**

**Instructor:** Dr. Peter Hastie

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**Office Hours:** by appointment

**Course Description:**

- This course is designed to help students become aware of the people, history, events and programs that have led to the current status of the fields of physical education, fitness and sports. It focuses on combining theoretical and experiential knowledge to promote students' activism and professionalism within the field.

**Course Requirements/Evaluation:**

**In-class Tests (80 points)**

- Each quiz counts 16 points towards your final grade. They generally decide your overall grade for this class.
- Material for these tests will be from the class powerpoint presentations you can find on the ""Files" menu.

**Reaction Papers (20 points)**

- You are to keep up to date with issues in kinesiology through the writing of reaction papers.
- This assignment will be to complete 10 reaction papers. These should be issues of direct relationship to kinesiology. That is, papers should focus on a topic that is related to people moving.
- I don't want the reaction papers to be an analysis of a sporting event, or something related to trading of players or scouting or recruiting. For example, "Pipeline to the NFL? Big states, schools are key" from USA Today is not a suitable topic, but "Bad economy, bad diet? Stress takes toll on fitness" from the same newspaper would.
- Each reaction paper will consist of the following:
- A news paper article -- properly referenced (that means, the title, source, date of publication, author, and the URL from the Internet)
- A 100 word summary of the key points
- Your 100 word analysis and reaction to the issues
- You can download a sample paper and it's formatting from the "files" menu on this Canvas page.
- Reaction papers can be submitted at any time, but at least 2 must be submitted with each quiz
- You should prepare your reaction paper in MS Word, and then copy and paste the text in the "Assignments" menu.

**Grading Scale**

A = 90+

B = 80-89

C = 70-79

D = 60-69

F = < 60

### **BLOCK 1:**

- Review the Power Point summaries (201ch1.pptx: 201ch2.pptx; 201ch3.pptx)
- Complete the first quiz -- submit this quiz as an attachment by May 24th.
- Submit at least 2 reaction papers with first quiz.

### **BLOCK 2:**

- Review the Power Point summaries (201ch5.pptx: 201ch6.pptx; 201ch7.pptx)
- Review the Power Point summaries for 201anc1.pptx, 201anc2a.pptx, 201anc3.pptx.
- Review the Power Point summaries for 201oly1.pptx, 201oly2.pptx, 201oly3.pptx.
- Complete the second quiz -- submit this quiz by May 31st.
- Submit at least 2 reaction papers with second quiz.

### **BLOCK 3:**

- Review the Power Point summaries (201ch8.pptx: 201ch9.pptx; 201ch10.pptx)
- Complete the third quiz -- submit this quiz by June 7th.
- Submit at least 2 reaction papers with third quiz.

### **BLOCK 4:**

- Read chapters 11,12,13 from the text
- Review the Power Point summaries (201ch11.pptx: 201ch12.pptx; 201ch13.pptx)
- Complete the fourth quiz -- submit this quiz by June 14th.
- Submit at least 2 reaction papers with fourth quiz.

### **BLOCK 5:**

- Review the Power Point summaries  
(201biom.pptx: 201exphys.pptx; 201hum.pptx, 201mlc.pptx, 201ped.pptx, 201psych.pptx,201soc.pptx)
- Complete the fifth quiz -- submit this quiz by June 20th.
- Submit at least 2 reaction papers with fifth quiz..

### **Class Policy Statements:**

Participation: Students are expected to participate in all class discussions and participate in all exercises. It is the **student's responsibility** to contact the instructor if assignment deadlines are not met. Assignments are due at the beginning of class on the due date. No late work will be accepted. In the event of illness, students are responsible for initiating arrangements for missed work. **Missed work must be made up within 5 days.**

Attendance/Absences: Attendance is required at each class meeting. If an exam is missed, a make-up exam will be given only for University-approved excuses as outlined in the Tiger Cub. Arrangement to take the make-up exam must be made in advance. Students who miss an exam because of illness should inform the instructor prior to the missed class if possible. A doctor's statement for verification of sickness is required and should clear the

absence with the instructor the day they return to class. Other unavoidable absences from campus must be documented and cleared with the instructor **in advance. All missed work must be made up within 5 days.**

Questions/help: Students are encouraged to ask questions and seek extra help on a regular basis. **Please do not wait** until the day before an exam or assignment is due. The goal is to keep up and enjoy the material!

Unannounced quizzes: There will be no unannounced quizzes during this course.

Accommodations: Students who need accommodations are asked to arrange a meeting during office hours the first week of classes, or as soon as possible if accommodations are needed immediately. If you have a conflict with my office hours, an alternative time can be arranged. To set up this meeting, please contact me by e-mail. Bring a copy of your Accommodation Memo and an Instructor Verification Form to the meeting. If you do not have an Accommodation Memo but need accommodations, make an appointment with the Program for Students with Disabilities at 1244 Haley Center, 844-2096 (V/TT).

Honesty Code: The University Academic Honesty Code and the Tiger Cub **Rules and Regulations pertaining to Cheating will apply to this class.**