**AUBURN UNIVERSITY**

**SYLLABUS**

**1. Course Number:** COUN 7930/7936

**Course Title:** Advanced Theories in Rehabilitation Counseling

**Credit Hours:** 3 Semester hours

**Prerequisites:** Graduate Standing

**Course Instructor:**  Julie Hill, PhD., NCC, CRC

(334) 844-7695

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\* I do my best to respond to emails within 24 hours

**Teaching Assistant:** Dylan Gunther, [jdg0061@auburn.edu](mailto:jdg0061@auburn.edu)

**Semester/Year:** Summer 2020

**Location: Online – Lectures will be posted each Monday, with all assignments due by Sunday night at 11:59pm.**

**2. Date Syllabus Prepared: January 2015; April 2015; January 2016; May 2017; May 2019, May 2020**

**3. Text(s):**

Miller, W. R., & Rollnick, S. (2013). *Motivational interviewing: Helping people change* (3rd ed.,). New York: Guilford.

Drake, R. E., Bond, G. R., & Becker, D. R. (2012). *Individual placement and support: An evidenced based approach to supported employment.* New York: Oxford University Press.

**4. Course Description:**  An intensive study of evidence-based practice (EBP) and advanced theories within rehabilitation counseling, as well as an examination of outcome research relating to the use and application of these theories and techniques. Class format will include lecture, discussion, assignments, and exams designed to increase student’s knowledge and understanding of EBP, counseling theories and their application to rehabilitation counseling practice.

**5.** **CACREP Standards**

Upon completion of this course, students will be able to understand the following:

**CACREP**

2.E. Current counseling-related research (is infused in the curriculum).

2.5.a. Theories and models of counseling

2.5.d. Ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationship

2.5.f. Counselor characteristics and behaviors that influence the counseling process

2.5.g. Essential interviewing, counseling, and case conceptualization skills

2.5.h. Developmentally relevant counseling treatment or intervention plans

2.5.i. Development of measurable outcomes for clients

2.5.j. Evidence-based counseling strategies and techniques for prevention and intervention

**CACREP Clinical Rehabilitation Counseling Standards**

5.A.1.b. Theories and models related to rehabilitation counseling

5.A.1.c. Social science theory that addresses psychosocial aspects of disability

5.A.1.d. Principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning

5.A.1.f. Etiology and effects of disabilities and terminology relevant to clinical rehabilitation counseling

5.A.2.h. Impact of crisis and trauma on individuals with disabilities

5.A.2.i. Impact of biological and neurological mechanisms on disability

5.A.2.j. Effects of co-occurring disabilities on the client and family

5.A.2.k. Effects of discrimination, such as handicapism, ableism, and power, privilege, and oppression on clients’ life and career development

5.A.2.m. Effects of the onset, progression, and expected duration of disability on clients’ holistic functioning (i.e., physical, spiritual, sexual, vocational, social, relational, and recreational)

5.A.3.a. Diagnostic interviews, mental status examinations, symptom inventories, psychoeducational and personality assessments, biopsychosocial histories, assessments for treatment planning, and assessments for assistive technology needs.

**6. Course Content Outline**

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| --- | --- | --- | --- |
| Date | Topic | Readings & Assignments | CACREP Standards |
| Week 1  May 25th | Review syllabus and assignments. | Introduction to course – Please watch the recorded video providing an overview of the syllabus and assignments. If you have questions, please post them in the Syllabus Discussion Board. | 2.E., 2.5.d., 2.5.j., 5.A.1.b  5.A.1.f., 5.A.3.a |
| Week 2  June 1st | Evidence Based Practices  In Rehabilitation Counseling | EBP In Rehab - Articles on CANVAS  ***Complete EBP Discussion Board by 6/7*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., |
| Week 3  June 8th | Motivational Interviewing (MI) Overview & Process & Techniques  (Dylan) | Motivational Interviewing  Read Ch. 1-6, 12-15 & 18  MI in Rehabilitation –  Articles on CANVAS  ***Case Summary Due 6/14*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Week 4  June 15th | Motivational Interviewing Cont.  Application to Rehabilitation  Rehabilitation Planning: Setting Goals and Objectives | Motivational Interviewing  Ch. 19-22  ***MI Practice Recording Due 6/21*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., |
| Week 5  June 22nd | **MIDTERM EXAM** | **MIDTERM EXAM**  Exam will be available on Canvas from June 22nd to June 29th  ***MI Recording and ReflectionDue 6/28*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.A.1.f., 5.a.2.h., 5.A.2.j., 5.A.3.a  2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Week 6  June 29th | Brief Solution Focused Therapy Overview and Techniques  (Dylan) | BSFT Techniques  Articles on Canvas  ***Rehabilitation Plan Due 7/5*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Week 7  July 6th | Brief Solution Focused Therapy Continued  Intervention Planning in Rehab | Articles on Canvas  ***BSFT Practice Recording Due 7/12*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Week 8  July 13th | Individual Placement Services (IPS) Principles and Employment Outcomes | IPS Ch. 1 - 5    IPS article on CANVAS  IPS in Rehab  ***BSFT Recording and Reflection Due 7/19*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.h., 2.5.i., 2.5.j.  5.A.1.b., 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j. 5.A.2.k., 5.A.2.m., 5.A.3.a. |
| Week 9  July 20th | IPS Implementation, Generalizability & Limitations | IPS Ch. 7 – 11  ***Rehabilitation Intervention Plan Due 7/26*** | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.h., 2.5.i., 2.5.j.  5.A.1.b., 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j. 5.A.2.k., 5.A.2.m. |
| Week 10  July 27th | **FINAL EXAM** | **FINAL EXAM**  Exam will be available on Canvas from July 27th – August 2 | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.h., 2.5.i., 2.5.j.  5.A.1.b., 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j. 5.A.2.k., 5.A.2.m., 5.A.3.A |

**7. Assignments/Projects:**

**EBP Discussion Board (10 points)**

Each student will be assigned an article to read related to evidence-based practices (EBP) and EBP in rehabilitation counseling. For the discussion board, each student will need to summarize the assigned article (one paragraph) and discuss anything that stood out in the article, as well as applications to your current or future practice (one paragraph). Students will need to post their initial post in the DB by Thursday, June 4th and respond to at least one classmate by Sunday, June 7th.

**Exams - 2 (20 points each; 40 questions each exam)**

Two exams will be given during the term (midterm exam and final exam) via canvas. Exams will consist of multiple choice, true/false, fill in the blank, matching, and short answer questions based on the information covered in class up to that date. The exams will cover the instructor presented material and assigned readings. Exams must be taken through Respondus Lockdown Browser.

**Practice Recordings (2) and Recordings (2) and Reflections (2) (40 points total)**

You will need to partner with other students to practice and complete the recordings for the Motivational Interviewing (MI) techniques and the Brief Solution Focused Techniques (BSFT). The recordings will be completed and recorded via Zoom using the split screen/gallery view feature. The practice recordings will give you the opportunity to practice the skills with a partner. Once you have completed the practice recordings, you and your partner will record a counseling demonstration with one person acting as the counselor and the other acting as the client, and then switch so the other student is the counselor, and record again. It is recommended that you use a different partner for each practice recording and each assignment recording to get a variety of experiences, but at a minimum you should have one partner to practice with and one partner to record with. The recordings need to be between **30-45 minutes long**. You will need to demonstrate the specific counseling techniques discussed in class for each theory (MI & BSFT). Rubrics will be provided. Recordings will be uploaded to Panopto via Canvas. Students will also complete a brief reflection for the two graded recordings. A reflection worksheet is provided in the Files tab on Canvas. **See due dates as posted.**

**Case Study & Treatment Plan (5-10 pages max.; double spaced)**

This assignment will be completed in three parts: (A) the case study summary, (B) rehabilitation plan (IPE), and (C) rehabilitation intervention plan

**A. Case Study Summary (10 points)**

Students will complete a case study summary for the rehabilitation and intervention plan. This document should be comprehensive and informative and should follow the template provided.

**B. Rehabilitation Plan (10 points)**

Students will develop a rehabilitation plan based on their client scenario, including rehabilitation goals and objectives. Students are asked to follow the template provided and submit for review via canvas.

**C. Rehabilitation Intervention Plan (10 points)**

Over the course of the semester, students are asked to identify two interventions to use with their client. This assignment is due by the end of the semester as students are permitted to identify and conceptualize the interventions and how it will best serve the client and his or her particular rehabilitation goals. Students will submit for review via Canvas.

**8. Course Rubric and Grading Scale: All** assignments must be completed to earn a final grade. Grades will be based upon total point accumulation in the course:

***Course Rubric/ Possible Points:***

|  |  |  |
| --- | --- | --- |
| **Assignment** | **Points Poss.** | **CACREP**  **Standards** |
| Midterm | 20 | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.A.1.f., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Final exam | 20 | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.h., 2.5.h., 2.5.i., 2.5.j.  5.A.1.b., 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j. 5.A.2.k., 5.A.2.m., 5.A.3.A |
| Practice Recordings (2) | 10  (5 points per recording) | 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.j.,  5.A.1.b, 5.A.a.1.c., 5.A.1.d., 5.a.2.h., 5.A.3.a |
| MI and BSFT Recording (2) | 20  (10 points per recording) | 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.j.,  5.A.1.b, 5.A.a.1.c., 5.A.1.d., 5.a.2.h., 5.A.3.a |
| Recording Reflection Assignments (2) | 10 (5 points per reflection) | 2.5.a., 2.5.d., 2.5.f., 2.5.g., 2.5.h., 2.5.j.,  5.A.1.b, 5.A.a.1.c., 5.A.1.d., 5.a.2.h., 5.A.3.a |
| EBP Discussion Board | 10 | 2.E., 2.5.a., 2.5.d., 2.5.f., 2.5.j.,  5.A.1.b, 5.A.1.d., 5.a.2.h., 5.A.2.j., |
| Case Summary | 10 | 2.5.a., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.c., 5.A.1.d., 5.A.2.h., 5.A.2.j., 5.A.3.a |
| Rehabilitation Plan | 10 | 2.5.a., 2.5.h., 2.5.i., 2.5.j.,  5.A.1.b, 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j., 5.A.3.a |
| Rehabilitation Intervention Plan | 10 | 2.5.a., 2.5.h., 2.5.i., 2.5.j.  5.A.1.b., 5.A.1.c., 5.A.1.d., 5.a.2.h., 5.A.2.j. 5.A.2.k., 5.A.2.m., 5.A.3.a |
| **TOTAL** | **120** |  |

**Grading Scale:**

**A 90% – 100% (108 pts – 120pts)**

**B 80% – 89% (96 pts – 107 pts)**

**C 70% – 79% (84 pts – 95 pts)**

**F 69% & below**

1. **Class Policy Statements:**
   1. Attendance: Students are expected to watch lectures via canvas, and will be held responsible for all content covered.
   2. Excused Absences: Students are granted excused absences from class for the following reasons: illness or the student or serious illness of a member of the student’s immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall notification occur more than once a week after the absence. Appropriate documentation for all excused absences is required. Please see the *Student Policy Handbook* at [www.auburn.edu/studentpolicies](https://cas.auburn.edu/owa/redir.aspx?C=ef2eb0b81d90495098a27dc4053361aa&URL=http%3a%2f%2fwww.auburn.edu%2fstudentpolicies) for more information on excused absences.
   3. Late Assignments: Late assignments (assignments turned in after the due date listed on the syllabus) are not accepted unless prior arrangements have been made with the instructor PRIOR to the due date of the assignment.
   4. Make-Up Policy: Arrangement to make up a missed major exam (e.g., mid-term exams) due to properly authorized excused absences must be limited must be initiated by the student within one week of the end of the period of the excused absence(s). Except in extraordinary circumstance, no make-up exams will be arranged during the last three days before the final exam period begins.
   5. Academic Honesty: All portions of the Auburn University student academic honesty code (Title XII) found in the *Student Policy Handbook* will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the Provost, which will then refer the case to the Academic Honesty Committee.
   6. Disability Accommodations: Students who need special accommodations in class, as provided by the Americans with Disabilities Act, should arrange for a confidential meeting with the instructor during office hours in the first week of classes (or as soon as possible if accommodations are needed immediately). The student must bring a copy of their Accommodations Letter and an Instructor Verification Form to the meeting. If the student does not have these forms, they should make an appointment with the Office of Accessibility, 1288 Haley Center, 844-2096 (V/IT).
   7. Course Contingency: If normal class and/or lab activities are disrupted due to illness, emergency, or crisis situation, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, and addendum to your syllabus and/or course assignments will replace the original materials.
   8. Professionalism: As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

Engage in responsible and ethical professional practices

Contribute to collaborative learning communities

Demonstrate a commitment to diversity

Model and nurture intellectual vitality