**Auburn University**

**Department of Special Education, Rehabilitation and Counseling**

**Summer Semester 2023**

1. **COURSE NUMBER: RSED 7370-001 and 7370-DO1**

**Title:** Foundations of Substance Use Counseling

**Credit Hours:** 3 semester hours

**Prerequisites:** None

**Corequisites:** None

**Instructor: Dr. Rebecca Curtis, 334-844-7676,** [**curtirs@auburn.edu**](mailto:curtirs@auburn.edu)**,**

**1224D Haley Center**

***On-campus class:***  Wednesday, 4:00 – 7:45 PM; HC 1218

**2. DATE SYLLABUS PREPARED:** May, 2023; May, 2005; reviewed May, 2007; reviewed May, 2008; reviewed May, 2010; May, 2015; May, 2016; May, 2018.

**3. TEXT:**

***Required:***

Miller, W. R., Forcehimes, A. A., & Zweben, A. (2019). Treating Addiction, (2nd ed). New York/London: The Guilford Press.

May, G. G. (1988). Addiction & Grace. HarperSanFrancisco/*A Division of* HarperCollins*Publishers.*

*Outside reading articles may be provided and are considered required reading.*

***Recommended but not required:***

*Alcoholics Anonymous: The Big Book: The basic text for Alcoholics Anonymous (3rd*

*ed.)* (1976). Alcoholics Anonymous World Services, Inc. New York: NY.

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition: DSM-5. American

Psychiatric Association.

Fisher, G. L., & Harris, T. C. (2013). *Substance abuse: Information for school*

*counselors, social workers, therapists, and counselors (5th ed)*. Boston, MA:

Pearson.

Gladding, S. T. (2016). *Groups: A counseling specialty (7th ed), Wake Forest*

*University.* New Jersey: Pearson.

*Twelve Steps and Twelve Traditions* (1952). Alcoholics Anonymous World Services,

Inc., New York: NY.

**4. COURSE DESCRIPTION:** The aim of this course is to provide knowledge of the nature of substance use, the classification of drugs, models of addiction, assessment and diagnosis of substance use, treatment and issues in treatment and intervention, and associated issues surrounding substance use commonly seen in families, society, as well as in cross-addictions.

**5. COURSE OBJECTIVES**:

1. To explore the role of mental health professionals in prevention and treatment of substance use.

2. To gain knowledge and information on various models of addiction.

3. To gain knowledge and information on issues of substance in culturally and ethnically diverse groups.

4. To gain knowledge and information regarding assessment and diagnosis of substance use.

5. To gain knowledge and information regarding interviewing and brief interventions in substance use.

6. To explore treatment options for substance use of alcohol and other drugs.

7. To gain knowledge and information regarding issues of relapse, prevention, and recovery in substance use.

8. To explore and gain knowledge of twelve-step programs and other types of support groups.

9. To gain knowledge and information regarding the impact of substance use on families, children, and adult children.

10. To gain knowledge and information regarding substance use and the relationship of HIV/AIDS and other diseases/health issues.

11. To explore ethical issues and the role of confidentiality in substance use and treatment.

***6. COURSE CONTENT***

***Week Topic Reading/Assignment***

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| May 17 | Course Overview and Introduction  **An Invitation to Addiction Treatment** | Reading:  Chapters 1 – 3 |
| May 24 | **Context for Addiction Treatment**  Engaging  Screening, Evaluation, and Diagnosis  Drug Schedules and Drug classifications | Reading:  Engaging - Chapter 4  Screening, Evaluation, and Diagnosis – Chapter 5  DSM |
| May 31 | **Context for Addiction Treatment (cont’d)** | Withdrawal Management and Health Care Needs - Chapter 6  Individualizing Treatment - Chapter 7  Case Management – Chapter 8 |
| June 7 | **A Menu of Evidence-Based Options in Treating Addiction (cont’d)** | Brief Interventions – Chapter 9  Motivational Interviewing – Chapter 10  Behavioral Coping Skills – Chapter 11 |
| June 14 | **A Menu of Evidence-Based Options in Treating Addiction (cont’d)** | Chapter 12 – Meditation and Mindfulness  Chapter 13 – Contingency Management  Chapter 14 – A Community Reinforcement Approach |
| June 21 | **A Menu of Evidence-Based Options in Treating Addiction (cont’d)** | Chapter 15 – Working with Significant Others  Chapter 16 – Strengthening Relationships  Chapter 17 – Mutual Help Groups |
| June 28 | **Mid-Term** | **Exam** |
| July 5 | **No Class** |  |
| July 12 | **Professional Issues** | Chapter 18 – Medication in Treatment  Chapter 19 – Stuff that Comes Up  **Journal Articles Due** |
| July 19 | **Professional Issues (cont’d)** | Chapter 20 – Treating C-Occurring Conditions  Chapter 21 – Facilitating Maintenance  **Position Paper Due** |
| July 26 | **Professional Issues (cont’d)** | Chapter 22 – Working with Groups  Chapter 23 – Addressing the Spiritual Side  Chapter 24 – Professional Ethics |
| Aug. 2 | **FINAL** | **Exam**  **Counseling Orientation and Substance Use Counseling Due** |
| Aug. 4 | Commencements | Friday – Saturday |
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**7. COURSE REQUIREMENTS:**

General Course Requirements

Each student will be held responsible for all information in the textbook and readings assigned for the course. The student should read assigned material appropriate to the topic to be discussed prior to class meetings.

Course Assignments:

**A.** **Participation:** It is expected that each person will have readings and materials prepared before each class.

* ***It is the student’s responsibility to contact the instructor if assignment deadlines are not met. Late assignments will not be accepted, graded, or counted toward the student’s grade unless prior arrangements to alter an assignment due date have been made between the student and instructor (see Class Policy Statements below). These exceptions should be of an emergency nature, typically unexpected, and infrequent in nature.***

1. **Examinations:** There will be two exams; a mid-term and final examination.
2. **Journal Articles (2):**

Provide a total of 2 journal articles that support your stance/opinion in regard to the (1) Position Paper and the (2) Counseling Orientation and Substance Use Counseling Paper (one article for each paper).

Each article should consist of the identification of the article (using APA format); a brief synopsis of the article; statements indicating its support or lack of support for your personal opinion in relation to the topic of the article, and your overall analysis of the research used to support each article.

A link and a copy of each article should be provided for both journal articles submitted.

**D. *Position paper:***

**Students will be required to write a Position Paper (5-7 pages of text [does not include cover page or abstract or References], using APA format) with accompanying research articles (research articles are scientific journal articles from rehabilitation, counseling, ethics, values, substance abuse, substance treatment, etc. literature).**

**Students will (1) respond to the topic of discussion based on 5-7 articles and research materials; and,**

**(2) provide an analysis and detail their unique position on the subject on the 1:00-2:00.**

**Students will state their position on the topic of The Move Toward the Legalization of Marijuana: Has it Helped or Hurt the current state of Substance Use/Abuse? Use the following as a guideline for your position:**

* Your analysis and position on this topic (including what has been discussed in class, how it relates to information in your textbook and your vocational/personal experiences). How and in what ways does this topic tie into your own understanding and thinking of the issue of substance use? Does the information you’ve read and provided cause you to reflect on current practices in the provision of services related to this issue – why or why not; does it cause you to reflect on the consumers you serve (or hope to serve) – in what ways? What do you agree/disagree with in the premise of this topic – give the reasoning for your argument/what is your view based upon?)
* **No sharing of journal articles.**

**E.  *Paper*: Counseling Orientation and Substance Use Counseling**

**Students will be required to write a Paper (8-10 pages of text [does NOT include cover page or abstract or References], using APA format) with accompanying research articles (research articles are scientific journal articles from rehabilitation, counseling, ethics, values, substance abuse, substance treatment, etc. literature).**

**Students will (1) respond to the topic of discussion based on a minimum of 5-7 articles and research materials; and,**

**(2) provide an analysis and detail a position of the subject on the 1:00-2:00.**

**Students will state their position on the topic of Substance Use Treatment using their chosen Counseling Orientation. You may use the following as a guideline for your position:**

* Your analysis and position on this topic (including what has been discussed in class, how it relates to information in your textbook and your vocational/counseling/personal experiences). How and in what ways does this topic tie into your own understanding and thinking of the issues of substance use? Does the information you’ve read and referenced cause you to reflect on current practices in the provision of services related to this issue – why or why not; does it cause you to reflect on the consumers you serve (or hope to serve) – in what ways? Is your chosen Counseling Orientation conducive to treating those with substance use issues?
* **No sharing of journal articles.**

F. **Grading and Evaluation:**

**Please note:** Course assignments are due on the dates specified. When assignments are turned in late, without an excused or approved absence, scores for the assignment(s) will be reduced by 5% per day, with **no assignments accepted more than 1 week past the due date.** Please refer to the Class Policy Statements in the course syllabus for information about excused absences and making up assignments. Students in this course are required to complete the specified course requirements.

Final grades will be based on the following:

* Examinations = 35 (20 mid-term; 15 final)
* Journal articles (2) = 20 points (2 write-ups – 10 points each)
* Position Paper = 20 points
* Paper - Counseling Orientation and Substance Use = 25 points
  + TOTAL = 100 points
  + The grade ranges are: 90-100 = A; 80-89 = B; 70-79 = C; 60-69 = D; Below 60 = F

**8. CLASS POLICY STATEMENTS**:

**Attendance:** Although attendance is not required, students are expected to attend all classes, and will be held responsible for any content covered in the event of an absence.

**Excused absences:** Students are granted excused absences from class for the following reasons: illness of the student or serious illness of a member of the student’s immediate family, the death of a member of the student’s immediate family, trips for student organizations sponsored by an academic unit, trips for university classes, trips for participation in intercollegiate athletic events, subpoena for a court appearance, and religious holidays. Students who wish to have an excused absence from class for any other reason must contact the instructor in advance of the absence to request permission. The instructor will weigh the merits of the request and render a decision. When feasible, the student must notify the instructor prior to the occurrence of any excused absences, but in no case shall such notification occur more than one week after the

**Make-up Policy:** Arrangement to make up a missed major examination (e.g., hour exams, mid-term exams) due to properly authorized excused absences must be initiated by the student within one week of the end of the period of the excused absence(s). Except in unusual circumstances, such as the continued absence of the student or the advent of university holidays, a make-up exam will take place within two weeks of the date that the student initiates arrangements for it. Except in extraordinary circumstance, no make-up exams will be arranged the last three days before the final exam period begins.

**Assignments**: All assignments must be typed and prepared in a professional manner (i.e., neat, correct grammar, spelling), following APA guidelines. Assignments are due on the date noted in the syllabus. ***It is the student’s responsibility to contact the instructor if assignment deadlines are not met. Late assignments will not be accepted, graded, or counted toward the student’s grade unless prior arrangements to alter an assignment due date have been made between the student and instructor.***

**Academic Honesty Policy:** All portions of the Auburn University student academic honesty code (Title XII) found in the Tiger Cub will apply to university courses. All academic honesty violations or alleged violations of the SGA Code of Laws will be reported to the Office of the provost, which will then refer the case to the Academic Honesty Committee.

**Disability Accommodations:** Students who need special accommodations in class, as provided by the Americans with Disabilities Act, should arrange for a confidential meeting with the instructor during office hours in the first week of classes (or as soon as possible if accommodations are needed immediately). The student must bring a copy of their Accommodations Letter and an Instructor Verification Form to the meeting. If the student does not have these forms, they should make an appointment with the Office of Accessibility, 1288 Haley Center, 844-2096 (V/TT).

**Course contingency:** If normal class and/or lab activities are disrupted due to illness, emergency, or crisis, the syllabus and other course plans and assignments may be modified to allow completion of the course. If this occurs, an addendum to your syllabus and/or course assignments will replace the original materials.

**Distance Learning Students:** Unless specific instructions have been given for a designated course, students in distance education courses shall take all closed resource examinations under the supervision of an approved proctor. Examples of approved proctors include a school superintendent, a principal of a high school, a dean or department head of a college, or a work supervisor. Proctors shall be verified, and exams shall be sent directly to the proctor who will manage the examination in a secure manner, requiring students to present a picture ID.

**Professionalism:** As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

* + Engage in responsible and ethical professional practices
  + Contribute to collaborative learning communities
  + Demonstrate a commitment to diversity
  + Model and nurture intellectual vitality