# Auburn University College of Education

# School of Kinesiology

**Fall 2025**

**(August 18 – December 12, 2025)**

1. **Course Number:** KINE 2250 – D01

**Course Title:** Motor Development Across the Lifespan

**Credit Hours:** 2 semester hours

**Class:** Online, Distance Education

# Pre-Requisites: None

**Co-Requisites:** None

1. **Instructor/Email**: Julia Montagner Sassi ([jzm0082@auburn.edu](mailto:jzm0082@auburn.edu))

**Office Hours**: Mondays 8:00 am – 10:00 am (Zoom link: https://auburn.zoom.us/j/84751377202).

**Please email me before joining office hours.**

1. **Text**: Haywood, KM & Getchell, N (2025). *Life Span Motor Development (8th Edition) with the Web Study Guide.* Champaign, IL: Human Kinetics.  
     
   **\*\*\*Please read the following information to access the textbook digitally through All Access.\*\*\***

**What is All Access?**

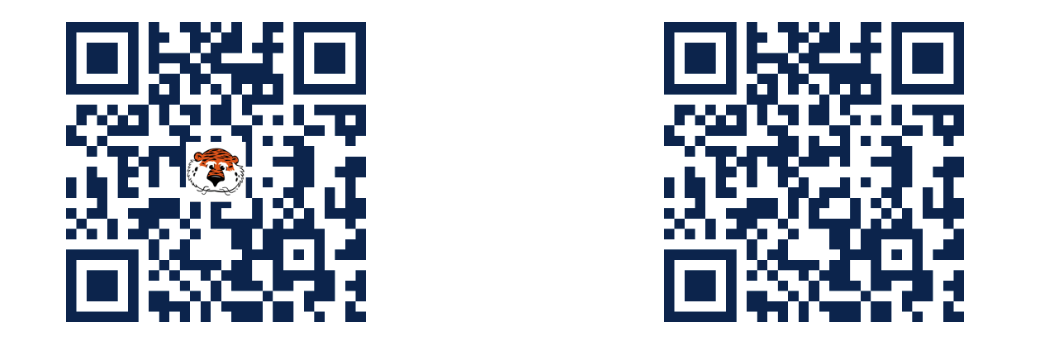
All Access is Auburn’s program of delivering course materials to you digitally. Sometimes this will be a textbook, sometimes an access code. Your instructor has coordinated with the Bookstore to deliver this content for the course and help make sure you have what you need. All Access makes sure you are ready the first day of class, and the material is so much cheaper with this delivery that it’s the best way we can help you succeed in your courses at Auburn….financially and academically.

**What content am I getting?**

For this course, KINE 2250, you’re getting access for the semester to Life Span Motor Development by Haywood with access code.

The link below (and QR code) directs you to the Bookstore All Access page where you can find specific information about the material, such as: How you can find the material, what is the cost, how you can pay, refund policy, and support contact.

<http://aub.ie/allaccess>



1. **Course Description:** Develop an understanding and skills concerning the broad concept of motor development across the lifespan.
2. **Course Objectives:** By the end of the course students will be able to:

* Define the study of motor development with respect to historical and conceptual frameworks.
* Examine/analyze human movement across the lifespan with respect to the biomechanical, biological/physiological, psychological, social, and cognitive factors/constraints.
* Differentiate between development, growth, maturation and aging.
* Describe the developmental trajectory of locomotor, ballistic, manipulative, and fitness skills.

# Course Content, Requirements, and Evaluation: *\*\*\*All assignments require that you have stable internet access and a front-facing webcam (can see your face while completing assignments). \*\*\**

* 1. **11 Quizzes (30% of the grade):** There are 11 quizzes in the course (one quiz for each chapter reviewed). The syllabus quiz will be based on the syllabus and navigating Canvas. The chapter quiz questions will be based on material in the textbook and online lectures. The average of the 11 quizzes will be used to compute your quiz final grade.

Quizzes are timed and students have 30 minutes to complete each quiz. Quizzes must be completed by the due dates listed below. **All quizzes will be administered online using ProctorU. Quizzes are closed-book, closed-note, and must be taken independently through Canvas. Students will have two opportunities to complete each quiz, and the highest score will be kept.**

**Any students found in violation of the Academic Honesty Code, including completing the quizzes with the assistance of another student (e.g., copying another student’s quiz or receiving help during a quiz), using notes, textbook, or other resource will be forwarded to the Academic Honesty Committee.**

**You will not be able to take the quiz after the due date without contacting me before the quiz due date and with university-approved documentation.** Make-up quizzes for university-approved excuse will be taken in-person with your section instructor.

*If technical difficulties arise while completing the quiz, email me* ***immediately.*** *Take a screen shot or photo to document your technical issue.*

*It is highly advised NOT to take the quizzes on your phone or tablet because if you encounter any technical difficulties, I cannot resolve the issue without the help of OIT/Canvas support.*

* 1. **Midterm and Final (25% each; 50% total of the grade):** The midterm will cover chapters 1-5 and the final will cover chapters 6-9, 13, and 14. **The midterm and final will be administered online with ProctorU. The midterm and final are closed-book, closed-note, and must be taken independently through Canvas. Students will have 2 hours to complete the midterm and final. Students will have one opportunity to complete the midterm and final.**

# Movement Biography (20% of the grade):

* + - **Option 1:**

1. The purpose of this assignment is to better understand your development from prenatal life to adulthood. To do this, you will interview a parent/relative using a list of questions. You must submit your answers to these questions (on a word document).
2. You must then use any pictures, videos, text, or audio from your interview to create a short (2-3 minute) video slideshow of your developmental milestones. You must submit the video (or a link to your video) on canvas.
   * + **Option 2:**
3. The purpose of this assignment is to better understand your mastery of a particular skill (e.g., doing a backhand spring, shooting a lacrosse ball, throwing a curve ball, etc.). You will complete a list of questions asking about how you developed this skill and how you would break down this skill to teach a novice. You must submit your answers to the questions (on a word document).
4. You must then use any pictures, videos, or text to create a short (2-3 minute) video slideshow of this skill. In this video, you will perform the skill (at an expert/skillful level). You will then break down the major components of the skill with step-by-step instructions. You must submit the video (or a link to your video) on canvas.

Please note that both options require **TWO submissions**, one word document containing answers to the questions and a link to your video slideshow, **failure to submit one of these components will result in a maximum score of 50% on the assignment.**

# Grading Scale:

A = 89.95 – 100%, B = 79.95 – 89.949%, C = 69.95 – 79.949%, D = 59.95 – 69.949%, F < 59.95%

# Tentative Course Schedule

Below is a schedule for course work. All section work (including chapter quizzes and discussions) will open one week before the due date and all work is due to by 11:30 pm on the due date (always on Fridays). *The only exception to this policy is for the final exam (only available on the dates listed below).*

|  |  |  |
| --- | --- | --- |
| **Module Section** | **Chapter/Assignment** | **Due Date (by 11:30 PM)** |
| **Syllabus** | **Syllabus Quiz** | **Friday 08/22** |
| **I** | **1, 2, 3** | **Friday 08/29**  **Friday 09/05**  **Friday 09/12** |
| **II** | **4, 5** | **Friday 09/19**  **Friday 09/26** |
|  | **Midterm (Ch. 1-5)** | **Thursday 10/02\* - Friday 10/03** |
|  | **6, 7** | **Friday 10/17**  **Friday 10/24** |
| **III** | **8, 9** | **Friday 10/31**  **Friday 11/07** |
| **IV** | **13, 14** | **Friday 11/14**  **Friday 11/21** |
|  | **Movement Biography** | **Friday 12/05** |
|  | **Final Exam (Ch. 6-9, 13, 14)** | **Tuesday 12/09\* - Wednesday 12/10\*** |

# Class Policy Statements

* 1. **Punctuality, Late Work/Make-Up Policy, and Excused Absences:** KINE 2250 is a Distance Education course so there are no reasons for excused absences or late assignments. All work must be submitted to the Canvas system on-time and prior to the respected due date. No late assignment/postings/quizzes will be accepted without **contacting your section instructor before the quiz or assignment due date and with University-approved documentation (i.e., medical documentation of illness, obituary/death certificate of family member, student sponsored organization or intercollegiate athletics travel, religious observances, subpoena for court appearance).** Make-up quizzes for University-approved excused absences will be taken in-person with your section instructor.
  2. **Statement of Academic Dishonesty/Plagiarism:** The University Academic Honesty Code will be followed for this course as it relates to *unacceptable behaviors for academic dishonesty & plagiarism*. Please refer to the Student Policy eHandbook; the URL is [www.auburn.edu/studentpolicies.](http://www.auburn.edu/studentpolicies)
  3. **Statement of Student Accommodation:** Students who need accommodations are asked to electronically submit their approved accommodations through AU Access and to arrange a meeting during the **first week of classes**, or as soon as possible if accommodations are needed immediately. To set up this meeting, please contact your instructor by e-mail. If you have not established accommodations through the Office of Accessibility, but need accommodations, make an appointment with the Office of Accessibility, 1228 Haley Center, 234-844-2096 (V/TT).
  4. **Course Communication:** The instructors will communicate with students though the course announcements (see section E). Students may contact their instructor via email with any questions regarding class material and assignments.
* Instructors teach multiple courses, take classes, conduct research, and have personal lives. Instructors typically respond to emails within 24 hours. **Do NOT email your instructor multiple times within 24 hours, as this reduces efficiency and will NOT lead to faster responses.**
* Instructors may not respond to emails outside of typical work hours (8am – 5pm M-F). Given that most assignments are due at 11:59pm, do not expect that your instructor will be available to assist with any technical issues before the deadline if you email after typical work hours. Please plan accordingly.
* **DISRESPECTFUL EMAILS WILL NOT BE TOLERATED OR ACKNOWLEDGED.** 
  1. **Canvas:** Students are expected to check Canvas on a regular basis. All course materials (assignment guidelines, rubrics, lecture outlines, and additional resources) are posted on Canvas or available through the Web Study Guide. **All communication from the instructor will be through the KINE 2250 Canvas Announcements.**
* Lectures: Will be posted on Canvas under Modules.
* Assignments & Quizzes: All assignments are to be submitted to instructor prior to 11:59 pm the day the section closes.

1. **Professionalism:** As faculty, staff, and students interact in professional settings, they are expected to demonstrate professional behaviors as defined in the College’s conceptual framework. These professional commitments or dispositions are listed below:

* Engage in responsible and ethical professional practices (i.e., no cheating or collaborating on quizzes and individual assignments)
* Contribute to collaborative learning communities
* Demonstrate a commitment to diversity
* Model and nurture intellectual vitality