



AUBURN

UNIVERSITY

## Employee Assistance Program

Available to All Benefit Eligible Employees

**Up to 3 free visits per year**

An EAP program is a confidential assessment, counseling and referral service for all regular employees and their eligible dependents that need help in any of the following areas:

- **Marital and Family Issues**
  - **Alcohol and Other Drug Dependency**
  - **Stress Related Issues**
  - **Financial/Legal Referrals**
  - **Emotional Problems**

The EAP counselor can help identify problems and assist in working through them. The counselor can also determine the best alternatives and, if necessary, make appropriate referrals to other professionals who specialize in particular areas.

### Your EAP is:

- **Confidential** – All information is kept strictly between the individual and the counselor. No one has to know.
- **Informal** – A simple phone call starts the process.
- **Free** – All counseling offered within the EAP is provided as a benefit by your employer.  
(800) 925-5EAP (5327)

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## Mental Health and Substance Abuse Treatment

Available only to employees, dependents and retirees covered under the

Auburn Medical Plan

Call (800) 925-5EAP (5327)

### INPATIENT

- **Number of days determined by medical necessity**
- **Co-pay same as medical plan**

### OUTPATIENT

- **Number of visits determined by medical necessity**
- **Co-pay same as medical plan**

*See benefit grid for details*

*Based on appropriate level of care and medical necessity guidelines*



**American Behavioral**  
www.americanbehavioral.com