

# I'm in quarantine or isolation.

## What should I expect?

Each of the following guidelines has been established to protect the health and safety of our entire campus community. Failure to comply will result in a referral to the Office of Student Conduct.

### DO

- Remain in your assigned room as much as possible
- Limit contact with people inside and outside of the hall
- Let your professors know you will not be able to attend in-person classes
- Monitor your symptoms and seek medical attention if needed

### DON'T

- Remain in your assigned room as much as possible
- Limit contact with people inside and outside of the hall
- Let your professors know you will not be able to attend in-person classes
- Monitor your symptoms and seek medical attention if needed

### Room assignment

- If you have tested positive or been exposed to COVID-19, you will quarantine in the assigned room where you currently live.
- There is no need to check in or out.

### Items provided

- Twin XL bed
- Dresser
- Desk and chair
- Small refrigerator
- Microwave
- Linens (sheets, blanket, pillow, shower curtain and towels)
- Trash can and trash bags
- Toilet paper
- Limited cleaning supplies



## Essential items to bring

For your comfort and convenience, it is recommended that you have these items on hand during quarantine. You may wish to bring additional items if needed.

- Personal care supplies (medications, feminine hygiene products, soap, etc.)
- Class supplies (textbooks, computer, office supplies, etc.)
- Comfortable clothing (pajamas, lounge wear, etc.)
- Blankets
- Entertainment options (books, movies, games, etc.)
- Electronic chargers

## Length of quarantine

Depending on the circumstances, it is typically 10 to 14 days. The Auburn University Medical Clinic will let you know when your quarantine or isolation period ends.

## Coursework

You should not attend in-person classes while in quarantine or isolation. If medically able, you will be permitted to complete assignments remotely. Coordinate with your professors to continue your coursework. If you need additional assistance, contact **Auburn Cares**.

## Monitor your health

Anyone can have mild to severe symptoms of COVID-19, so it is important to closely monitor your health. Complete the **Healthcheck screener** daily and seek medical attention if needed.

## Medical care

If you need immediate medical assistance, call 911. If you have other health questions, please contact the Auburn University Medical Clinic at 334-844-9825.

## Visitors

During the quarantine or isolation period, no guests will be allowed inside of the residence hall.

## Deliveries

Contactless deliveries are permitted outside the front door of the residence hall.

## Meals

Students living in quarantine and isolation housing may contact Tiger Dining to schedule meal deliveries. If you choose to opt into the plan, Tiger Dining will deliver breakfast, lunch and dinner each day to your residence hall. Tiger Dining will charge \$30 per day until you opt out or are released from quarantine/isolation. To schedule and select meal options, you can scan the QR code on the poster in your room. There is also a flyer in the housing packet with contact information for Tiger Dining if you need additional assistance. Other food deliveries should be contactless and left at the front door of the residence hall.



### **Trash removal**

You will be responsible for disposing of your trash at the nearest dumpster. A small trash can and trash bags will be provided in your room.

### **Protect yourself and others**

If you leave your assigned room for an essential activity, be sure to practice physical distancing, wear a face covering and wash your hands.

### **Need medical attention?**

If you are a student on campus, the best place to receive medical care is the **Auburn University Medical Clinic**. It is open 7:45 a.m. to 4:45 p.m., Monday – Friday, and 9 a.m. to noon on Saturday. For assistance after hours, students should seek medical care at **East Alabama Medical Center**. Students who do not have their own vehicle can utilize a rideshare service (Uber/Lyft) or in case of an emergency, call 911 to be transported via ambulance. In case of all emergencies, please call 911.

### **Let us help**

We are here for you. Please do not hesitate to contact us if you need anything.

Auburn University Medical Clinic: 334-844-9825

Auburn University Housing On-Call: 334-740-3131

Auburn University COVID Resource Center: 334-844-6000

Auburn Cares: 334-844-1305

Emergency Assistance: 911

