## **QUESTIONS ABOUT QUARANTINE**

### Why do I have to quarantine?

If you have been exposed to COVID-19, you are required to quarantine. You are considered exposed if you were with someone who has tested positive for COVID-19 for more than 15 minutes at less than 6 feet away. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms.

You may have been knowingly exposed to someone with COVID-19, identified by a medical official or contact tracer or received an alert from the Exposure Notification app. If you have been notified, you are required to quarantine for up to 14 days. Quarantine can occur at home, at an off-campus location or at oncampus location provided by the university. Students who do not wish to quarantine on campus should fill out the <a href="Quarantine/Isolation Housing Intent Form.">Quarantine/Isolation Housing Intent Form.</a>

## If I have a negative COVID-19 test, can I get out of quarantine?

No. You must stay quarantined for 14 days after your last known contact with the person who has COVID-19. Even if you test negative or feel healthy, you must stay home. Symptoms can appear anywhere from 2 to 14 days after exposure to the virus.

# If I'm in quarantine, can I participate in activities on campus?

No. While you are in quarantine, you should limit your exposure to others whether you live on or off campus. This means you should not attend in-person classes or go to university buildings, except to the residence hall where you are in quarantine.

You are in quarantine because you have been exposed to someone who has tested positive for COVID-19. Exposure is defined as being within 6 feet for more than 15 minutes of someone who has COVID-19. Even though you may not be experiencing symptoms or have tested positive, you still may develop COVID-19, as symptoms can appear anywhere from 2 to 14 days after exposure to the virus.

#### What if I do not want to quarantine or isolate on campus?

If you do not want to quarantine or isolate on campus, please fill out the <u>Quarantine/Isolation Housing</u> Intent Form.

## I've already had COVID-19. Do I have to quarantine if I'm exposed to someone with the virus?

If you tested positive for COVID-19 within 90 days of your most recent exposure, you do not have to quarantine.

For additional information, visit the CDC's When to Quarantine page.