I have to self-quarantine or self-isolate.

How do I pack?

If you have tested positive or been exposed to COVID-19, you will self-isolate or self-quarantine in your assigned room.

What's provided

Most rooms have a refrigerator and microwave, if there is not a refrigerator or microwave in your room, you can use the common-area kitchen. Graves Hall has a kitchen located on the first floor and Leischuck Hall has a kitchen on the second floor. All rooms in Hall M have a refrigerator and microwave.

- Twin XL bed
- Dresser
- Desk and chair
- Small refrigerator*
- Microwave*
- Linens (sheets, blanket, pillow, shower curtain and towels)
- Trash can and trash bags
- Toilet paper
- Limited cleaning supplies

What to bring

For your comfort and convenience, it is recommended that you have these items on hand during quarantine. You may wish to bring additional items if needed.

- Personal care supplies, such as soap, toothbrush, toothpaste, hair brush, hair ties, feminine hygiene products, tissues, etc.
- Prescription and over-the-counter medications, such as Tylenol, cough drops, Vicks VapoRub, Mucinex DM or Robitussin Cough and Chest Congestion, etc.
- Class supplies (textbooks, computer, office supplies, etc.)
- Comfortable clothing (pajamas, lounge wear, etc.)
- Face coverings
- Snacks
- Blankets
- Entertainment options (books, movies, games, cards, etc.)
- Electronics chargers (an extra phone charger is useful)
- List of important phone numbers
- List of any medications or allergies

