

**LATIFAT O. CABIROU, Ph.D., LCP**  
**Department of Special Education, Rehabilitation, and Counseling**  
**Auburn University**  
**2084 Haley Center**  
**Auburn, AL 36849**  
**loc0005@auburn.edu**  
**(334) 844-7676**

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### EDUCATION

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- 2019      Loyola University Chicago  
Doctor of Philosophy in Counseling Psychology (APA-Accredited)  
Dissertation Title: *Acculturative Stress Among Black Africans Immigrants: Race and Ethnicity Contributors*  
Dissertation Committee Members: Eunju Yoon, PhD (Chair), Elizabeth Vera, PhD, and Gihanne Jeremie-Brink, PhD
- 2019      Northwestern University  
Counseling and Psychological Services  
APA-Accredited Pre-doctoral Internship in Health Service Psychology
- 2014      Benedictine University  
Master of Science in Clinical Psychology  
Thesis Title: *Mental Health Problem Recognition Among Arab Americans*  
Thesis Committee: Mike Smith, Ph.D. and James Crissman, Ph.D.
- 2010      University of Illinois- Urbana-Champaign  
Bachelor of Science in Liberal Arts & Sciences  
Major: Psychology  
Minor: Islamic World Studies

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### AREAS OF INTEREST AND EXPERTISE

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Research: Acculturation/enculturation, acculturative stress, socialization, racial/ethnic/cultural identity, and racial/ethnic minority and immigrant mental health  
Clinical: Clinical supervision, identity development, adjustment, racial/ethnic minority and immigrant mental health, suicide prevention, and mental health help-seeking behaviors

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### ACADEMIC APPOINTMENTS

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- 2021- Present    **Assistant Professor (Tenure-Track)**  
Auburn University  
College of Education  
Special Education, Rehabilitation and Counseling  
Counseling Psychology
- 2020 - 2021    **Visiting Assistant Professor**

Auburn University  
College of Education  
Special Education, Rehabilitation and Counseling  
Counseling Psychology

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### GRANTS

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Ngoubene-Atioky, A., & **Cabirou, L.** (2024). Social determinants of the nutrition of African women immigrant youth in the United States. National Institutes of Health. Role: Co-Principal Investigator. Requested: \$283,105. Not Funded.

**Cabirou, L.** & Park, J. (2022). Race and disability identity development of African immigrants. Department of Special Education, Rehabilitation, and Counseling, Auburn University. Role: Principal Investigator. Requested: \$1,600. Funded

**Cabirou, L.** (2020). Cultural socialization practices of Black, African Immigrants. Department of Special Education, Rehabilitation, and Counseling, Auburn University. Role: Principal Investigator. Requested: \$900. Funded

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### PUBLICATIONS

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Dickens, D. D., **Cabirou, L.**, Womack, V., Farmer, M., & Johnson, N. (2024). The relationship between gendered racism and binge eating symptoms among young adult US Black women: Identity shifting as a mediator. *Eating Behaviors*, 54, 101906.

Yoon, E., **Cabirou, L.**, Liu, H., Kim, D., Chung, H., & Chang, Y. J. (2023). A Content analysis of immigrant and refugee research: A 31-year review. *The Counseling Psychologist*, 51 (4), 470-499.

Yoon, E., **Cabirou, L.**, Galvin, S., Hill, L., Daskalova, P., Bhang, C., Mustaffa, E.A., Dao, A., Thomas, K., & Baltazar, B. (2020). A meta-analysis of acculturation and enculturation: Bilinear, multidimensional, and context dependent processes. *The Counseling Psychologist*, 48(3), 342-376.

Yoon, E., **Cabirou, L.**, Hoepf, A., & Knoll, M. (2020). Interrelations of religiousness/spirituality, meaning in life, and mental health. *Counselling Psychology Quarterly*, 1-16.

Yoon, E., **Cabirou, L.**, Bhang, C., & Galvin, S. (2019). Acculturation and patriarchal beliefs among Asian American young adults: A preliminary investigation. *Asian American Journal of Psychology*, 10(2), 122-130.

Thomas, A. J., Massengale, M., & **Odunewu, L.** (2016). Strengths-based culturally relevant family therapy. In J. K. Edwards, A. Young, & H. J. Nickels, (Eds.), *Handbook of Strengths-Based Clinical Practices: Finding Common Factors*. Routledge. New York: Routledge.

Neville, H. A., Oyama, K. E., **Odunewu, L. O.**, Huggins, J. (2014). Dimensions of belonging as an aspect of racial-ethnic-cultural identity: An exploration of Indigenous Australians. *Journal of Counseling Psychology*, 61 (3), 414-426.

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**PRESENTATIONS AT PROFESSIONAL MEETINGS**

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\* student collaborators

**Cabirou, L.,** Kelechi-Lambers, I., Fapohunda, A. (2024). Addressing health needs of Black Students in Pittsburgh. Poster presentation at the annual conference of American Psychological Association, Seattle, WA.

**Cabirou, L.,** Wilks, S., Saha, A., & Jones, C. (2023). Exploring racial and ethnic socialization among black, immigrant emerging adults. Symposium presentation at the annual conference of American Psychological Association, Washington, DC.

**Cabirou, L.,** \*Saha, A., & Jones, A. (2023). Acculturative stress among Black African immigrants: Race versus ethnicity contributors. Poster presented at the annual conference of Midwestern Psychological Association, Chicago, IL.

Ngoubene-Atioky, A., Malik, A., Kamal, M., Plante, A., Barry-Ruiz, A., & **Cabirou, L.** (2023). Eating, body image, and wellbeing of African female immigrants in France, U.K., and U.S. Poster presented at the annual conference of American Psychological Association, Washington, DC.

\*Pointer, B., & **Cabirou, L.** (2023). Strong Black woman schema: A Relational lens. Poster presented at the annual conference of Alabama Counseling Association, Birmingham, AL.

\*Smith, K., **Cabirou, L.,** \*Jones, A., \*Wilks, S., & \*Jones, C. (2022). Shifting the lens of the great psychologists: Exploring the prevalence of Black scholars. Poster presented at the annual conference of American Psychological Association, Minnesota, MN.

\*Saha, A., & **Cabirou, L.** (2022). South Asian immigrants: Acculturative stress and help-seeking attitudes. Poster presented at the annual conference of American Psychological Association, Minnesota, MN.

\*Washington, L., \*Jones, A., \*Al-Qadfan, F., \*Hunter, E., & **Cabirou, L.** (2022). The Relationship Between the Strong Black Woman Schema and Life Satisfaction: The Role of Shame and the Impact of Guilt. Poster presented at the annual conference of American Psychological Association, Minnesota, MN.

**Cabirou, L.,** \*Saha, A., \*Wilks, S., & \*Jones, C. (2022). Patterns of acculturation among Black, African immigrants. Poster presented at the annual conference of American Psychological Association, Minnesota, MN.

**Cabirou, L.,** Womack, V. Y., Jeremie-Brink, G., & Dickens, D. (2019). Coping strategies modify gendered racism's association with anxiety among young Black women. Individual presentation at the annual conference of American Psychological Association, Chicago, IL.

**Cabirou, L.,** Liu, H., Kim, D., Chung, H. Y., & Yoon, E. (2017). Content analysis of immigrant and refugee research in Counseling/Counseling psychology literature. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Yoon, E., Galvin, S., Hill, L., **Cabirou, L.**, Mustaffa, E. A., Daskalova, P., Bhang, C., Baltazar, B., Dao, A., Thomas, K., Bhatt, N., Cortina, G., & Bruner, J. (2017). A meta-analysis of theoretical construct and process of acculturation/enculturation. Poster presented at the annual conference of the American Psychological Association, Washington, D.C.

Hill, L., **Cabirou, L.**, & Bhang, C. (2016). Investigating resilience: How African American students survive and thrive in higher education. Individual presentation at the annual conference of National Association of Student Personnel Administrators, San Antonio, TX.

**Odunewu, L.**, Bhang, C. H., Baltazar, B., Foehringer, G., Galvin, S., Thomas, K., Mutuyemariya, C., and Yoon, E. (2016) Acculturation-Enculturation, Asian Values, Patriarchal Beliefs, and Intergenerational Conflicts in Asian American College Students. Poster presented at the annual conference of the American Psychological Association, Denver, CO.

**Odunewu, L.**, Tinsley, D., & Thomas, A. J. (2015). Standing in the Gap. Individual presentation at the annual conference of Diversity Challenge, Boston, MA.

Yoon, E., Clawson, A., Knoll, M., **Odunewu, L.**, Raziuddin, A. & Chang, H. (2015). Religious/Spiritual Identity, Meaning in Life, and Mental Health. Poster presented at the annual conference of the American Psychological Association, Toronto, CA.

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## TEACHING EXPERIENCE

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### Auburn University

#### *Graduate Courses*

COUN 7250 Assessment and Diagnosis  
 COUN 7310 Counseling Applications of Lifespan Development  
 COUN 7330 Counseling Diverse Populations  
 COUN 7910 Beginning Clinical Practicum  
 COUN 8250 Colloquium III  
 COUN 8400 Professional Seminar in Counseling Psychology

### North Park University

#### *Undergraduate Courses*

CPSY 3800 Principles of Counseling Diverse Populations Summer 2015, Fall 2015

#### *Graduate Courses*

CPSY 5200 Group Counseling Spring 2020  
 CPSY 5210 Social and Cultural Foundations of Counseling Psychology Fall 2016, Spring 2018  
 CPSY 5610 Career Development Summer 2016, 2018  
 CPSY 5591 Internship Supervision Spring 2017  
 CPSY 5510 Advanced Competent Counseling Skills Summer 2016, 2017  
 CPSY 5110 Psychopathology Spring 2015

### Invited Guest Lectures

#### **Loyola University Chicago**

Working with Immigrant Clients in Family Therapy Fall 2021  
 Counseling Black Identified Clients Fall 2019

Counseling Muslim American Clients  
Awareness of White Privilege and Its Impact on Therapy Relationship

Fall 2016  
Fall 2014

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## DISSERTATION PROJECTS

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### Completed:

Aleah Horton, Counseling Psychology. Committee member  
Edward Ballester, Counseling Psychology. Committee member  
Chelsi Battle, Counseling Psychology. Committee member  
Bridget Nelson, Counseling Psychology. Committee member

### In Progress:

Asmita Saha, Counseling Psychology. Chair  
LaJae Coleman, Counseling Psychology. Committee member  
Kareema Smith, Counseling Psychology. Committee member  
Shirnelle Wilks, Counseling Psychology. Committee member  
Alexis Jones, Counseling Psychology. Committee member  
Candace McConoha, Counseling Psychology. Committee member  
Haley Stenzel, Counseling Psychology. Committee member  
Jade Dairo, Counseling Psychology. Committee member  
Angelene Kendall, Counselor Education. Committee member

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## SELECTED INVITED TALKS & PRESENTATIONS

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<b>The Counseling Psychologist Journal Podcast</b>	2023
Topic: A 31-Year Content Analysis of Immigrant and Refugee Research	
<b>Families USA's Health Action Conference.</b>	2023
Topic: Prevention of compassion fatigue and burnout when working with immigrant communities.	
<b>Caucus of Refugee and Immigrant Health, Association of Public Health</b>	2022
Topic: Lessons Learned from refugee and migrant communities during COVID-19.	
<b>Young Adult Summer Retreat- National Council of Nigerian Muslim Organizations</b>	2022
Topic: The Importance of Mental Health in Achieving Ihsan.	
<b>Auburn University- Black Graduate Student Council</b>	2021
Topic: Mental Health Series: Graduate Student Self-Care	
<b>National Council for Nigerian Muslim Association</b>	2021
Topic: Mental Wellness During the Pandemic	
<b>Rush University Medical Center- Department of Behavioral Services</b>	2021
Topic: Considerations for Racial Trauma in Treatment	
<b>National Council for Nigerian Muslim Association</b>	2021
Topic: Coping with the Pandemic: Attending to Your Mental Health	
<b>National Council for Nigerian Muslim Association</b>	2020

Topic: Adolescent Mental Health Help Seeking Behaviors

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**SERVICE**


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Professional Service*Ad. Hoc Reviewer* 2022

International Journal of Social Welfare

*Ad. Hoc Reviewer* 2020 - present

Counselling Psychology Quarterly

*Steering Committee Member* 2018 - 2021*Chair* 2021 - present

African Psychological Network of APA Division 17 (International section- ICP)

*Conference Proposal Reviewer* 2020 - present13<sup>th</sup> Annual Muslim Mental Health Conference*Conference Proposal Reviewer* 2019

2020 Counseling Psychology Conference

*Ad Hoc Reviewer* 2018 - 2019

Cultural Diversity and Ethnic Minority Psychology

University Service*Search Committee Member* 2022 - 2023

Student Counseling and Psychological Services

Auburn University

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**PROFESSIONAL AFFILIATION**


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**Illinois Psychological Association****African Psychological Network****American Psychological Association**

- Division 17- Society for Counseling Psychology
- Division 35- Society for the Psychology of Women
- Division 45- Society for the Psychological Study of Culture, Ethnicity and Race

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**LICENSE/CERTIFICATION**


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**Licensed Clinical Psychologist**

Illinois License # 071-010777

**Health Service Psychologist**

National Registry of Health Service Psychologists

ID # 65793