Marilyn A. Cornish

345 W. Samford Ave, Room 3188 Department of Special Education, Rehabilitation, & Counseling Auburn University, AL 36849 Contact Information: mac0084@auburn.edu 334-844-7601

Education

PhD in Counseling Psychology (2014), Iowa State University: Ames, IA

Graduate Certificate in Quantitative Psychology (2012), Iowa State University: Ames, IA

MS in Psychology (2010), Iowa State University: Ames, IA

BA in Psychology and Community Sociology (2008), Wartburg College: Waverly, IA

Academic Employment

Professor, August 2024 – present

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Director of Training, Counseling Psychology, January 2019 – present

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Associate Professor, August 2019 – present

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Assistant Professor, August 2014 – August 2019

Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

License and Certification

Licensed Psychologist in Alabama (#1963), July 2015 – current

Certified Instructor in Empowered Relief [®], May 2024 – current A single-session, evidence-based pain management intervention

Refereed Journal Articles (* denotes student co-authors)

Cornish, M. A., *Grey, C., *Rossi, C., *Dyas, K. C., *Horton, A. J., & *Saha, A. (2024). Adult attachment and personal and romantic relationship wellbeing: Forgiveness of self

- and partner as mediators. *Couple and Family Psychology: Research and Practice*. Advance online publication. https://doi.org/10.1037/cfp0000260
- Carroll, T., Cornish, M., Marie, L., Fadoir, N., Kim, E., Taylor, S., Borgogna, N., & Currier, J. M. (2024). Understanding self-forgiveness in emotion-focused therapy: An interpersonal recall study with men in recovery from addiction. *Journal of Psychotherapy Integration*. Advance online publication. https://doi.org/10.1037/int0000336
- *Coleman-Kirumba, L. M., Cornish, M. A., *Horton, A. J., & *Alvarez, J. C. (2023). Experiences of Black men: Forms of masculinity and effects on psychological help-seeking variables. *Journal of Black Psychology*, 49(1), 32-57. https://doi.org/10.1177/00957984221098122
- *Word, M., Cornish, M. A., *Coleman, K., & *Grey, C. (2023). How does the general public define self-forgiveness? Examination in a college student sample. *Current Psychology*, 42, 9769-9779. https://doi.org/10.1007/s12144-021-02241-1
- Cornish, M. A., Meyer, J., *Short, K., *Harris, L., Hunter, E., & *Quadlander, E. (2022). Forgiveness and wellbeing after spinal cord injury: Perceived stress and adaptation to disability as mediators. *Rehabilitation Psychology*, 67(4), 556-566. https://doi.org/10.1037/rep0000459
- *Ballester, E., Cornish, M. A., & *Hanks, M. A. (2021). Predicting relationship satisfaction in LGBQ+ people using internalized stigma, outness, and concealment. *Journal of GLBT Family Studies*, 17(4), 356-370. https://doi.org/10.1080/1550428X.2021.1923104
- Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. G., & Losby, M. M. (2020). Seeking help despite the stigma: Experiential avoidance as a moderated mediator. *Journal of Counseling Psychology*, 67, 132-140. https://doi.org/10.1037/cou0000365
- Cornish, M. A., Guyll, M., Wade, N. G., Lannin, D. G., Madon, S., & *Chason, K. C. (2020). Does empathy necessarily lead to greater forgiveness? An experimental examination. *Current Psychology, 39,* 1001-1011. https://doi.org/10.1007/s12144-018-9816-8
- Cornish, M. A., *Hanks, M. A., & *Gubash Black, S. M. (2020). Self-forgiving processes in therapy for romantic relationship infidelity: An evidence-based case study. *Psychotherapy*, 5, 352–365. https://doi.org/10.1037/pst0000292
- Onody, A. P., Woodyatt, L., Wenzel, L., Cibich, M., Sheldon, A., & Cornish, M. A. (2020). Humility and its relationship to self-condemnation, defensiveness and self-forgiveness following interpersonal transgressions. *Journal of Psychology and Theology, 48*, 118-130. https://doi.org/10.1177/0091647120911111
- Tucker, J. R., Wade, N. G., Abraham, W. T., Bitman-Heinrichs, R. L., Cornish, M. A., & Post, B. C. (2020). Modeling cohesion change in group counseling: The role of client characteristics, group variables, and leader behaviors. *Journal of Counseling Psychology*, 67, 371–385. https://doi.org/10.1037/cou0000403

- Cornish, M. A., Brenner, R. E., Vogel, D. L., & Wade, N. G. (2019). Evaluation of an online help seeking stigma-reduction intervention for military personnel. *Stigma & Health*, 4, 480-486. https://doi.org/10.1037/sah0000167
- Lannin, D. G., Guyll, M., Cornish, M. A., Vogel, D. L., & Madon, S. (2019). The importance of counseling self-efficacy: Physiologic stress in student helpers. *Journal of College Student Psychotherapy*, 33(1), 14-24. https://doi.org/10.1080/87568225.2018.1424598
- Cornish, M. A. (2018). Self-forgiveness therapy and clients' changes in perceived responsibility. *International Journal of Psychotherapy*, 22(1), 53-65.
- Cornish, M. A., Woodyatt, L., *Morris, G., & *Conroy, A., & *Townsdin, J. (2018). Self-forgiveness, self-exoneration, and self-condemnation: Individual differences associated with three patterns of responding to interpersonal offenses. *Personality and Individual Differences*, 129, 43-53. https://doi.org/10.1007/s12144-018-9816-8
- Suh, S., Cornish, M. A., Chung, M., & Suh, J. (2018). Attitudes toward Korean Americans. *Journal of Asia Pacific Counseling*, 8, 95-111. http://doi.org/10.18401.2018.8.2.4
- Wade, N. G., Cornish, M. A., Tucker, J. R., Worthington, E. L., Jr., Sandage, S., & Rye, M. (2018). Promoting forgiveness: Characteristics of the treatment, the clients, and their interaction. *Journal of Counseling Psychology*, 65, 358-371. https://doi.org/10.1037/cou0000260
- Cornish, M. A., Lannin, D. G., Wade, N. G., & *Martinez, M. (2017). Can use of positive religious coping predict greater distress? An examination of Army soldiers on deployment. *Journal of Counseling Psychology*, 64, 302-309. https://doi.org/10.1037/cou0000200
- Health, P. J., Seidman, A. J., Vogel, D. L., Cornish, M. A., & Wade, N. G. (2017). Help-seeking stigma in military men: The role of restrictive emotionality and distress. *Psychology of Men & Masculinity*, 18, 193-197. http://dx.doi.org/10.1037/men0000111
- Hackler, A. H., Cornish, M. A., & Vogel, D. L. (2016). Reducing stigma toward mental illness: Effectiveness of hearing about the normative experiences of others. *Stigma and Health*, *1*, 201-205. https://doi.org/10.1037/sah0000028
- Cornish, M. A., & Wade, N. G. (2015). Working through past wrongdoing: Examination of a self-forgiveness counseling intervention. *Journal of Counseling Psychology*, 62, 521-528. https://doi.org/10.1037/cou0000080
- Cornish, M. A., & Wade, N. G. (2015). A therapeutic model of self-forgiveness with intervention strategies for counselors. *Journal of Counseling and Development*, 93, 96-104. https://doi.org/10.1002/j.1556-6676.2015.00185.x
- Cornish, M. A., Thys, A., Wade, N. G., & Vogel, D. L. (2014). Post-deployment difficulties and help seeking barriers among military veterans: Insights and intervention strategies.

- *Professional Psychology: Research and Practice, 45*, 405-409. https://doi.org/10.1037/a0037986
- Cornish, M. A., Wade, N. G., Tucker, J. R., & Post, B. C. (2014). When religion enters the counseling group: Multiculturalism, group processes, and social justice. *The Counseling Psychologist*, 42, 578-600. https://doi.org/10.1177%2F0011000014527001
- Lannin, D. G., Guyll, M., Krizan, Z., Madon, S., & Cornish, M. A. (2014). When are grandiose and vulnerable narcissists least helpful? *Personality and Individual Differences*, 56, 127-132. https://doi.org/10.1016/j.paid.2013.08.035
- Post, B. C., Wade, N. G., & Cornish, M. A. (2014). Religion and spirituality in group counseling: Beliefs and preferences of university counseling center clients. *Group Dynamics: Theory, Research, and Practice, 18*, 53-68. https://doi.org/10.1037/a0034759
- Wade, N. G., Post, B. C., Cornish, M. A., Vogel, D. L., & Runyon-Weaver, D. (2014). Religion and spirituality in group psychotherapy: Clinical application and case example. *Spirituality in Clinical Practice, 1*, 133-144. https://doi.org/10.1037/scp0000013
- Cornish, M. A., Wade, N. G., & Knight, M. A. (2013). Understanding group therapists' use of spiritual and religious interventions in group therapy. *International Journal of Group Psychotherapy*, 63: 572-591. https://doi.org/10.1521/ijgp.2013.63.4.572
- Post, B. C., Cornish, M. A., Wade, N. G., & Tucker, J. R. (2013). Religion and spirituality in group counseling: Beliefs and practices of university counseling center counselors. *Journal for Specialists in Group Work, 38*, 264-284. https://doi.org/10.1080/01933922.2013.834401
- Cornish, M. A., Wade, N. G., & Post, B. C. (2012). Attending to religion and spirituality in group counseling: Counselors' perceptions and practices. *Group Dynamics: Theory and Practice, 16*, 122-137. https://doi.org/10.1037/a0026663
- Guyll, M., Spoth, R., & Cornish, M. A. (2012). Substance misuse prevention and economic analysis: Challenges and opportunities regarding international utility. *Substance Use and Misuse*, 47, 877-888. https://doi.org/10.3109/10826084.2012.663276
- Wade, N. G., Post, B. C., Cornish, M. A., Vogel, D. L., & Tucker, J. (2011). Predictors of the change in self-stigma following a single session of group counseling. *Journal of Counseling Psychology*, 58, 170-182. https://doi.org/10.1037/a0022630
- Cornish, M. A., & Wade, N. G. (2010). Spirituality and religion in group counseling: A literature review with practice guidelines. *Professional Psychology: Research and Practice*, 41, 398-404. https://doi.org/10.1037/a0020179
- Bane, C. M. H., Cornish, M., Erspamer, N., Kampman, L. (2010). Self-disclosure through weblogs and perceptions of online and "real-life" friendships among female bloggers. *CyberPsychology, Behavior, and Social Networking, 13*, 131-139. https://doi.org/10.1089/cyber.2009.0174

Published Book Chapters (* denotes student co-authors)

- Griffin, B. J., Cornish, M. A., Maguen, S., & Worthington, E. L., Jr. (2021). Forgiveness as a mechanism of repair following military-related moral injury. In J. M. Currier, K. D. Drescher, & J. A. Nieuwsma (Eds.), *Addressing moral injury in clinical practice* (pp.71-86). American Psychological Association. https://doi.org/10.1037/0000204-005
- Cornish, M. A., Griffin, B. G., & *Morris, G. W. (2020). Promotion of self-forgiveness. In E. L. Worthington, Jr., & N. G. Wade (Eds.), *Handbook of Forgiveness* (2nd ed., pp. 288-298). Routledge/Taylor & Francis Group. https://doi.org/10.4324/9781351123341-27
- Cornish, M. A., Wade, N. G., & *Cikara, A. (2017). Self-forgiveness in individual psychotherapy: Therapeutic models and counseling outcomes. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp.163-177). Springer International. https://doi.org/10.1007/978-3-319-60573-9 12
- Woodyatt, L., Cornish, M. A., & Cibich, M. (2017). Self-forgiveness at work: Finding pathways to renewal when coping with failure or perceived transgressions. In L. Woodyatt, E. L. Worthington, Jr., M. Wenzel, & B. G. Griffin (Eds.), *Handbook of the psychology of self-forgiveness* (pp. 293-307). Springer International. https://doi.org/10.1007/978-3-319-60573-9 21
- Tucker, J. R., Bitman, R. L., Wade, N. G., & Cornish, M. A. (2015). Defining forgiveness: Historical roots, contemporary research, and key considerations for health outcomes. In L. L. Toussaint, E. L. Worthington, Jr., & D. R. Williams (Eds.), *Forgiveness and health:* Scientific evidence and theories relating forgiveness to better health (pp.13-28). Springer. https://doi.org/10.1007/978-94-017-9993-5 2
- Wade, N. G., Tucker, J. R., & Cornish, M. A. (2014). Forgiveness interventions and the promotion of resilience following interpersonal stress and trauma. In M. Kent, M. C. Davis, & J. W. Reich (Eds.), *The resilience handbook: Approaches to stress and trauma* (pp. 256-269). Routledge/Taylor & Francis Group.
- Wade, N. G., Post, B. C., & Cornish, M. A. (2011). Forgiveness therapy to treat embitterment: A review of relevant research. In M. Linden and A. Maercker (Eds.), *Embitterment: Societal, psychological, and clinical perspectives* (pp. 197-207). Springer-Verlag Publishing/Springer Nature. https://doi.org/10.1007/978-3-211-99741-3 16

Invited Articles

- Wade, N., & Cornish, M. (2023, March). *How to forgive yourself*. https://psyche.co/guides/how-to-forgive-yourself-and-move-past-a-hurtful-mistake
- Cornish, M. A., & Wade, N. G. (2015). Self-forgiveness therapy for overcoming interpersonal offenses. *Psychotherapy Bulletin*, 50(3), 15-20.

Cornish, M. A. (2012). Promoting self-forgiveness and well-being: Testing a novel therapy intervention. *Psychotherapy Bulletin*, 47(3), 15-28.

Manuscripts Under Review or In Revision (* denotes student co-authors)

- Cornish, M. A., Woodyatt, L., & Wenzel, M. (Under Review). *Trait Responses to Interpersonal Offenses Scale (TRIOS): Measure development and validation.* Journal manuscript (four studies) under review.
- *Phillips, K. B., *Harris, L. C., Cornish, M. A., *Horton, A. J., Hunter, E. A., & *Perry-Jackson, A. (In Revision). *Hidden voices: Black graduate and professional students' experiences at a predominantly white institution.* Journal manuscript in revision.

Manuscripts In Preparation (* denotes student co-authors)

- *Coleman-Kirumba, L, Cornish, M. A., Cabirou, L., & Thomas, C. (In Preparation). *Skin-tone discrimination and self-esteem among African American adults*. Journal manuscript in preparation.
- *Coleman-Kirumba, L., *Stine-Woods, A., *Johnson, N., & Cornish, M. A. (In Preparation). Examining family and peer attitudes towards help-seeking among Black men. Journal manuscript in preparation.
- Cornish, M. A., *Grey, C. J., *Horton, A. J., & *Maddikunta, S. (In Preparation). *Trait responses to interpersonal offenses and relationship quality: A dyadic examination of romantic partners*. Journal manuscript in preparation.
- Cornish, M. A., *Horton, A. J., *Grey, C. J., & *Rossi, C. (In Preparation). *Eudaimonic and hedonic self-forgiveness: A dyadic examination of romantic relationship quality.* Journal manuscript in preparation.
- *Grey, C. J., Cornish, M. A., Ray, G. E., & *Horton, A. J., (In Preparation). *Roles of interparental conflict and gender on close relationship quality and satisfaction.* Journal manuscript in preparation.
- *Horton, A., Cornish, M. A., & Cabirou, L. (In Preparation). *Better serving racial and ethnic minority trainees in multicultural competence training*. Journal manuscript in preparation.
- *Horton, A., Sun, L. Y. L., Bhang, C. H., Ridzuan, N. H. A., Warner, A., & Cornish, M. A. (In preparation). Ethnic intergroup relations in the United States: An exploration of collective and competitive victim beliefs among Black Americans and Asian Americans. Journal manuscript in preparation.
- Lall-Alvarez, C., Wade, N. G., Schwarting, C. M., & Cornish, M. A. (In Preparation). Self-

- forgiveness psychotherapy intervention: Cultural considerations for Indian-Americans. Journal manuscript in preparation.
- Wadsworth, D. D., Peart, A., Rodriguez, M., Cornish, M., Suire, K., & *Green, A. (In Preparation). *Effect of high intensity training on physiological, psychosocial, and exercises adherence*. Journal manuscript in preparation.

Funded External Grants

- Evelyn A. Hunter (PI), William Meador (Co-I), Marilyn A. Cornish (Co-I), & Candice Hargons (Co-I). *Disrupting racism-related stress in multiple sclerosis: Co-constructing psychological intervention.* US Health Disparities (Multiple Sclerosis) Grant Initiative (\$850,000), Bristol-Myers Squibb Foundation, 2024-2026 (Funded).
- Marilyn A. Cornish (PI), Annette S. Kluck (Co-I), & Evelyn Hunter (Co-I). *Dialogue initiative on anti-oppressive education: Promoting greater purposes of higher education at Auburn University*. Campus Dialogue Grant: Realizing Higher Education's Greater Purposes (\$5,000), Bringing Theory to Practice, 2017 (Funded, with institutional match).
- Suhyun Suh (PI), with Marilyn A. Cornish (Statistical Consultant). *Needs assessment for the development of educational programs for Koreans/Korean Americans and Americans*. Academy of Korean Studies (\$8,000), Seoul, South Korea, 2015 (Funded).
- Marilyn A. Cornish (PI). *Promoting self-forgiveness and well-being: Testing a novel therapy intervention*. Charles J. Gelso, PhD, Psychotherapy Research Grant (\$2,000), American Psychological Association Division 29: Psychotherapy, 2012 (Funded).
- Marilyn A. Cornish (PI). *Effects of a counseling intervention to promote self-forgiveness*. Psi Chi Graduate Research Grant (\$1,500), Psi Chi National Honor Society, 2012 (Funded).
- Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Promoting self-forgiveness & wellbeing:* Examination of a novel counseling intervention. Division 17 Counseling Psychology Grant (\$1,000), American Psychological Foundation, 2012 (Funded).

Funded Internal Grants

- Marilyn A. Cornish (PI). *Trauma, Pain, and Care Experiences*. Special Education, Rehabilitation, and Counseling (SERC) Faculty Research Seed Grant (\$2,100), Auburn University, 2024 (Funded).
- Marilyn A. Cornish (PI). Enhancing capacity for trauma-informed patient-centered chronic pain research in the Deep South. Special Education, Rehabilitation, and Counseling (SERC) Phase II Seed Grant Program (course buyout), Auburn University, 2024 (Funded).

- William Pearson (PI), Daniel Cawley (Co-I), Marilyn A. Cornish (Co-I), Annie Kirby (Co-I), Kevin Hayes (Co-I), Mary Piscura (Co-I), David Redden (Co-I), Bob Seton (Co-I), and Philip Snider (Co-I). *Medical Education and Research in Compassionate Integration (MERCI) Chronic Pain Clinic*. Research Eureka Accelerator Program (REAP) Grant (\$40,000), Edward Via College of Osteopathic Medicine, 2024-2025, Funded.
- Marilyn A. Cornish (PI). Adult attachment, forgiveness of self and other, and personal and romantic relationship wellbeing. Special Education, Rehabilitation, and Counseling (SERC) Faculty Research Seed Grant (\$1,950), Auburn University, 2018 (Funded).
- Marilyn A. Cornish (PI). *Self-forgiveness, interpersonal functioning, and relational outcomes*. College of Education Seed Grant Program (\$3,265), Auburn University, 2018 (Funded).
- Marilyn A. Cornish (PI). Trust and relationship quality in romantic partners: The effects of forgiveness and self-forgiveness following relational transgression. College of Education Seed Grant Program (\$4,956), Auburn University, 2015 (Funded).
- Marilyn A. Cornish (PI). Enhancing counseling psychology students' theoretical orientation development. Daniel F. Breeden Endowed Grant Program (\$1,500), Auburn University, 2014 (Funded, with \$1,500 match from Auburn University Learning Resources Center).
- Marilyn A. Cornish (PI). *Promoting self-forgiveness: Testing the effectiveness of a new counseling intervention*. Department of Psychology Research Enhancement Grant (\$500), Iowa State University, 2012 (Funded).
- Nathaniel G. Wade & Marilyn A. Cornish (Co-PIs). *Effectiveness of an intervention to help people forgive themselves*. Department of Psychology Small Grants Program (\$1,592), Iowa State University, 2012 (Funded).
- Nathaniel G. Wade (PI), David L. Vogel (Co-I), & Marilyn A. Cornish (Co-I). *Understanding the Stigma for Seeking Help in the Military*. Department of Psychology Small Grants Program (\$3,300), Iowa State University, 2011 (Funded).

Funded Contracts

- Marilyn A. Cornish (PI). 2024-2026 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$61,484), Lee County Youth Development Center, August 2024 August 2026 (Funded).
- Marilyn A. Cornish (PI). 2022-2024 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$57,835), Lee County Youth Development Center, August 2022 August 2024 (Funded).
- Marilyn A. Cornish (PI). FY22 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$35,598), Lee County Youth Development Center, August

- 2021 August 2022 (Funded).
- Marilyn A. Cornish (PI). FY21 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$30,912), Lee County Youth Development Center, August 2020 August 2021 (Funded).
- Marilyn A. Cornish (PI). Summer 2020 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$10,190), Lee County Youth Development Center, May 2020 August 2020 (Funded).
- Marilyn A. Cornish (PI). 2019-2020 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$40, 717), Lee County Youth Development Center, May 2019 May 2020 (Funded).
- Marilyn A. Cornish (PI). 2018-2019 Doctoral Student Assistantship at Lee County Youth Development Center. Contract (\$37,380), Lee County Youth Development Center, May 2018 May 2019 (Funded).

Grants Under Review

Marilyn A. Cornish (Project Lead), Chenetra Buchannon (Project Co-Lead), and William Pearson (Sub-Contractor). *Building Empowered Capacity for Trauma-Informed Patient-Centered Chronic Pain Treatment Research*. Eugene Washington PCORI Engagement Award Program (\$300,000), Patient-Centered Outcomes Research Institute (PCORI), 2025 (Under Review).

Unfunded Grants

- Marilyn A. Cornish (Project Lead), Chenetra Buchannon (Project Co-Lead), and William Pearson (Sub-Contractor). *Enhancing Capacity for Trauma-Informed Patient-Centered Chronic Pain Research in the Rural South*. Eugene Washington PCORI Engagement Award Program (\$300,000), Patient-Centered Outcomes Research Institute (PCORI), 2024 (Not Funded).
- Evelyn Hunter (PI), Marilyn A. Cornish (Co-I), and Danielle Wadsworth (Co-I). *PEER MS: Psychosocial Empowerment & Engagement for Recovery in Mood & Support.* Identifying a Self-Management Solution to Support Depression Management for People Living with Multiple Sclerosis Research Grant (\$200,000), National Multiple Sclerosis Society (NMSS), 2024 (Not Funded).
- Marilyn A. Cornish (PI) and Jill Meyer (Co-I). *Cultivating Forgiveness: Effects on Personal and Relational Wellbeing for People with Spinal Cord Injury*. PEACE Grant (\$100,000), Mind & Life Institute, 2020 (Not Funded).
- Jeffrey W. Fergus (PI), Taffye Clayton (Co-I), Anne E. V. Gordon (Co-I), Alice Smith (Co-I),

- Daniel J. Svyantek (Co-I), Lauren E. Beckingham (Senior Personnel), Marilyn A. Cornish (Senior Personnel), and Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant (\$1,000,000), National Science Foundation, 2019 (Not Funded).
- Jeffrey Fergus (PI), Annette S. Kluck (Co-I), Anne E. V. Gordon (Co-I), Alice Smith (Co-I), Daniel J. Svyantek (Co-I), Diane Boyd (Senior Personnel), Marilyn A. Cornish (Senior Personnel), & Joni Lakin (Internal Evaluator). *ADVANCE Auburn: Creating a culture and ecosystem for synergism and success (ACCESS)*. ADVANCE Adaptation Grant (\$999,976), National Science Foundation, 2017 (Not Funded).
- Marilyn A. Cornish (PI). *Racial microaggressions in group psychotherapy: Experiences of racial minority clients*. Group Psychotherapy Research Grant (\$2,000), American Psychological Association Division 49, 2016 (Not Funded).
- Nathaniel G. Wade (PI), with Marilyn A. Cornish (Consultant on initial submission). Forgiveness in the hands of many: A nationwide forgiveness dissemination effort. Human Sciences Research Grant (\$1,703,500), John Templeton Foundation, 2015. (Online Funding Inquiry selected for full proposal [7.5% of OFIs were selected for full proposal]; Full Proposal Not Funded).
- Nathaniel G. Wade (PI), Marilyn A. Cornish (Co-I), & Leslie S. Greenberg (Co-I). Confessional and meditative prayer, self-forgiveness & virtue: Counseling to promote human flourishing." New Directions in the Study of Prayer Research Initiative (\$132,530). Social Science Research Council, 2012 (Not Funded).

Published Conference Proceedings

Rodriguez-Hernandez, M., Cornish, M. A., Green, A., & Wadsworth, D. D. (2024). Concurrent training promotes physical and psychological well-being in women: 2252. *Medicine & Science in Sports & Exercise*, 56(10S), 818-819.

Chaired/Co-Chaired Conference Sessions (* denotes student co-authors)

- Cornish, M. A., & *Martinez, M. (2018, August). Did that just happen? Responding to microaggressions committed by psychotherapy clients in session. Conversation hour cochaired at the 2018 convention of the American Psychological Association, San Francisco, CA.
- Cornish, M. A. (2015, August). *Promoting self-forgiveness: empirical evidence and clinical implications*. Symposium chaired at the 2015 convention of the American Psychological Association, Toronto, ON, Canada.

Invited Presentations (* denotes student co-authors)

- Cornish, M. A. (2024, January). *Creating a sense of community within counseling psychology training programs*. Invited roundtable presentation at Council of Counseling Psychology Training Programs conference, Santa Fe, NM.
- Wang, C. D., & Cornish, M. A. (2024, January). *Preparing the American Psychological Association 5-year interim accreditation report.* Invited roundtable presentation at Council of Counseling Psychology Training Programs conference, Santa Fe, NM.
- Cornish, M. A., Hunter, E., *Harris, L., *Messer, M., & Kluck, A. S. (2018, January). *Social justice in classroom teaching: Creating inclusive classrooms and promoting greater purposes of higher education.* Invited presentation at Conversations in Celebration of Teaching Symposium, Auburn, AL.
- Currier, J. M., Fletcher, J. C., & Cornish, M. A. (2017, November). *Moral injury*. Invited panel presentation at the 5th Annual Veterans Disability Symposium. Birmingham, AL.

Refereed Conference Presentations (* denotes student co-authors)

- Cornish, M. A. (2025, July). *Self-forgiveness counseling: Theory, research, and practice.* Oral presentation accepted for the 2025 International Association for Counseling (IAC) Conference, St. Julians, Malta.
- Cornish, M. A., Cabirou, L. O., *Maddikunta, S., Grey, C., & Horton, A. (2025, July). *Trait responses to interpersonal offenses: A dyadic examination of impact on romantic partner relationship quality.* Poster presentation accepted for the 2025 International Association for Counseling (IAC) Conference, St. Julians, Malta.
- Cornish, M. A., Woodyatt, L., & Wenzel, M. (2025, August). *Trait Responses to Interpersonal Offenses Scale (TRIOS): Further development and validation.* Poster accepted for the 133rd annual convention of the American Psychological Association, Denver, CO.
- *Green, A. J., & Cornish, M. A. (2025, August). Flourishing while Black: Joy and Gratitude as protective factors for the experience of race-based stress. Poster accepted for the 133rd annual convention of the American Psychological Association, Denver, CO.
- *Maddikunta, S. Cornish, M. A., *Underwood, D., *Petcoff, E., & Hunter, E. A. (2025, August). *Racial discrimination and cognitive function in African Americans with multiple sclerosis: Unraveling the link.* Poster accepted for the 133rd annual convention of the American Psychological Association, Denver, CO.
- Rossi, C. A., Cornish, M. A., & Spencer, C. (2025, August). *Only human: Conceptualizing inclusion of therapists with mental health struggles from a values-based lens.* Poster accepted for the 133rd annual convention of the American Psychological Association,

- Denver, CO.
- *Stine-Woods, A., Coleman-Kirumba, L., *Johnson, N., & Cornish, M. A. (2025, March). Exploring the impact of family and peer attitudes on help-seeking behaviors among Black men. Poster presented at the 2025 Student Research Symposium, Auburn University, Auburn, AL.
- Cornish, M. A., Cooper Bhatia, J., *Hanks, M. A., Hunter, E. A., & *Coleman-Kirumba, L. (2023, August). *Racial-ethnic events in group counseling: Qualitative examination of experiences of clients of Color*. Poster presented at the 131st annual convention of the American Psychological Association, Washington, DC.
- Sherman, H., Short, K., Cornish, M. A., & Lucier-Greer, M. (Accepted). What's the sitch?: An examination of situational forgiveness, religion/spirituality, & moral injury. Poster accepted to 131st annual convention of the American Psychological Association, Washington, DC.
- *Alvarez, J., McCabe, B. E., & Cornish, M. A. (2022, August). *Psychocultural factors and stigma in minoritized populations: How to increase treatment seeking*. Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.
- Cornish, M. A. (2022, August). Forgiving you and forgiving me: Dyadic influence of trait forgiveness in romantic relationships. Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.
- *Short, K., Meyer, J., & Cornish, M. A. (2022, August). *Conceptualizing connections between ambiguous loss, adverse childhood experiences, and forgiveness*. Poster presented at the 130th annual convention of the American Psychological Association, Minneapolis, MN.
- *Short, K., & Cornish, M. A. (2021, August). *Conceptualizing situational forgiveness with spinal cord injuries*. Poster presented at the 129th annual convention of the American Psychological Association, virtual conference.
- Cornish, M. A., *Schwartzman, C., Sauer, E., & Kritchfield, K. (2020, August). *Interested in psychotherapy education and training? Get involved in Division 29!* Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.
- *Coleman, L. *Horton, A, & Cornish, M. A. (2020, August). *Exploring the effects of Black masculinity on psychological help-seeking attitudes*. Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.
- *Horton, A. J., *Coleman, L., & Cornish, M. A. (2020, August). *The role of empathy and resilience in collective and competitive victimization*. Poster accepted for presentation at the 128th annual convention of the American Psychological Association, Washington, DC.
- *Ballester, E., *Hanks, M. A., Cornish, M. A., & Jones, A. (2020, August). *Internalized homophobia, outness, and concealment: Predicting relationship satisfaction in LGBQ+*

- *people*. Poster presented at the 128th annual convention of the American Psychological Association, Washington, DC.
- Cornish, M. A., & *Short, K. (2020, April). Out of the office and into the community: Using clinical and research expertise to support community foundations. Poster accepted for presentation at the Counseling Psychology Conference, New Orleans, LA. Conference cancelled due to COVID-19 pandemic.
- Cornish, M. A., *Grey, C., & *Rossi, C. (2019, August). *Adult attachment, forgiveness of self & other, and personal & relational wellbeing*. Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.
- Cornish, M. A., Meyer, J. M., *Harris, L., & Hunter, E. A. (2019, August). Forgiveness and wellbeing in individuals with spinal cord injury: Exploration of potential mediators. Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.
- *Grey, C. J., Cornish, M. A., Ray, G. E., & *Horton, A. J. (2019, August). *Confirmatory factor analysis of the McGill Friendship Questionnaire for romantic partners*. Poster presented at the 127th annual convention of the American Psychological Association, Chicago, IL.
- *Word, M., Cornish, M. A., *Coleman, K., & *Grey, C. (2019, August). *Understanding lay definitions of self-forgiveness*. Poster presented in the Society for Counseling Psychology student poster session at the 127th annual convention of the American Psychological Association, Chicago, IL.
- Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. L., & Losby, M. (2018, August). Seeking help despite the stigma; Psychological flexibility as a moderated mediator. Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.
- Cornish, M. A., & Tsai, P.-C. (2018, August). *Self-forgiveness in clinical training*. Symposium paper presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.
- *Grey, C., Cornish, M. A., & Ray, G. E., (2018, August). *The link between personal relationships' quality, satisfaction, and interparental conflict.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.
- *Harris, L., *Grey, C., *Ballester, E., & Cornish, M. A. (2018, August). What to do when client microaggressions are directed at identities not held by the therapist? Conversation hour presented at the 126th annual convention of the American Psychological Association, San Franscisco, CA.
- *Harris, L., *Chason, C., *Townsdin, J., & Cornish, M. (2018, August). *Undergraduate psychology education: A multicultural training review.* Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.

- *Phillips, K., *Harris, L., Cornish, M., & *Horton, A. (2018, August). *Black graduate students' experiences at a predominately White institution*. Poster presented at the 126th annual convention of the American Psychological Association, San Francisco, CA.
- Cornish, M. A., & Woodyatt, L. (2017, August). *Trait Responses to Interpersonal Offenses Scale: Development of a trait self-forgiveness measure.* Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.
- *Song, H., *Sun, Y., *Zhuzha, K., *Hayes, D., Kluck, A. S., & Cornish, M. A. (2017, August). *Mechanisms used through university counseling centers' websites to encourage group counseling*. Poster presented at the 125th annual convention of the American Psychological Association, Washington, DC.
- *Harris, L., *Chason, C., *Townsdin, J., & Cornish, M. A. (2017, March). *Multi-cultural education: A review of undergraduate psychology curriculums*. Paper presented at the College of Liberal Arts Diversity Research Symposium, Auburn, AL.
- Cornish, M. A., *Conroy, A. K., *Morris, G. W., & *Black, S. (2016, August). *Self-forgiving or self-excusing? The importance of responsibility following interpersonal offenses.* Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.
- Tucker, J. R., Wade, N. G., Abraham, T., Bitman, R. L., Tittler, M., Cornish, M. A., & Post,
 B. C. (2016, August). *Modeling cohesion change in group therapy: The role of leader behaviors and client characteristics*. Poster presented at the 124th annual convention of the American Psychological Association, Denver, CO.
- Cornish, M. A., & Wade, N. G. (2015, August). *Effects of a self-forgiveness counseling intervention*. Symposium paper presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.
- Heath, P. J., Seidman, A., Vogel, D. L., Cornish, M. A., & Wade, N. G. (2015, August). *Help-seeking self-stigma in military men: The role of distress and restrictive emotionality*. Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.
- *Morris, G., & Cornish, M. A. (2015, August). *Moral injury with the veteran population in relation to an extended perspective on self-forgiveness*. Poster presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.
- Wade, N. G., Cornish, M. A., & *Morris, G. (2015, August). *Self-forgiveness in counseling:* Clinical case examples and considerations for practice. Symposium presented at the 123rd annual convention of the American Psychological Association, Toronto, ON, Canada.
- Wade, N. G., Bitman, R., & Cornish, M. A. (2014, August). *Religion and spirituality in group counseling: Client and counselor perspectives*. Symposium paper presented at the 122nd annual convention of the American Psychological Association, Washington, DC.

- Bitman, R. L., Wade, N. G., Cornish, M. A., Tucker, J. R., & Post, B. C. (2013, August). Unforgiveness and forgiveness in those seeking counseling: A replication and extension. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.
- Cornish, M. A., Vogel, D. L., & Wade, N. G. (2013, August). *Evaluation of an online help seeking stigma-reduction intervention for military personnel*. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.
- Griffith, A., Wade, N. G., Vogel, D. L., & Cornish, M. A. (2013, August). *Stigma associated with seeking help for female veterans: Insights from OEF and OIF female veterans*. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.
- Vogel, D. L., Freeman, A., & Cornish, M. A. (2013, August). *Indirect contact and stigma toward mental illness: Effectiveness of two video interventions*. Poster presented at the 121st annual convention of the American Psychological Association, Honolulu, HI.
- Cornish, M. A., Thill, A., Wade, N. G., & Vogel, D. L. (2012, August). *Help-seeking stigma in the military: Insights from military personnel*. Poster presented at the 120th annual convention of the American Psychological Association, Orlando, FL.
- Cornish, M. A., Wade, N. G., Post, B. C., & Tucker, J. R. (2012, August). *Promoting forgiveness: Specific interventions, group processes, and client characteristics.*Symposium paper presented at the 120th annual convention of the American Psychological Association, Orlando, FL.
- Cornish, M. A., Guyll, M., & Lannin, D. G. (2011, August). *The effects of empathy and emotional information on forgiveness and cardiovascular response*. Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.
- Cornish, M. A., Wade, N. G, Knight, M. A., Post, B. C., & Tucker, J. R. (2011, August). *The impact of meaning in duties, relationship strain, and religious coping on post-traumatic stress symptoms*. Poster presented at the 119th annual convention of the American Psychological Association, Washington, DC.
- Knight, M. A., Wade, N. G, Cornish, M. A., Post, B. C., & Tucker, J. R. (2011, May). Operation Iraqi Freedom: Impact of PTSD, combat exposure, and religious coping skills on relationship quality. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.
- Cornish, M. A., Knight, M., & Wade, N. G. (2011, April). *Counselors' reflections on attending to religion and spirituality in group counseling*. Paper presented at the 9th Annual Mid-Year Conference on Religion and Spirituality (APA Division 36), Baltimore, MD.
- Tucker, J. R., Wade, N. G., Cornish, M. A., Post, B. C., & Knight, M. A. (2011, April). *Reducing the self-stigma of seeking help through group intervention.* Poster presented at

the 24th annual Great Lakes Conference, Bloomington, IL.

Cornish, M. A., & Wade, N. G. (2010, August). *Religion and spirituality in group counseling: Practitioners' perceptions and practices.* Paper presented at the 118th annual convention of the American Psychological Association, San Diego, CA.

Courses Taught

Graduate Courses, On-Campus

Advanced Practicum in Counseling Psychology

Advanced Practicum: Teaching

Advanced Theories: Psychodynamic/Interpersonal Theory

Colloquium in Counseling Psychology I

Colloquium in Counseling Psychology II

Counseling Applications of Lifespan Development

Counseling Supervision: Theories and Practice

Externship in Counseling Psychology

Group Counseling

Internship in Counseling Psychology

Professional Development and Internship Skills

Professional Seminar in Counseling Psychology

Research and Dissertation

Research Design in Counseling and Evaluation

Graduate Courses, Distance Education

Advanced Theories: Psychodynamic/Interpersonal Theory

Counseling Applications of Lifespan Development

Undergraduate Courses, On-Campus

Academic Learning Skills

Introduction to Psychology

Psychology of Religion

Psychological Tests and Measurement

Supervised Research Experience in Counseling

Advising

Counseling Psychology Doctoral Student Advisor

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Dissertation Committee Chair

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Dissertation Committee Member

Auburn University: Auburn, AL

Masters Student Committee Chair

Counseling Psychology Program, Auburn University: Auburn, AL

Masters Student Committee Member

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

- · Clinical Mental Health Counseling
- Counseling Psychology
- School Counseling

Departmental Service

Director of Training, January 2019 – present

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Working Group on Program Changes Chair, November 2023 – present

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Opportunity and Access Committee Member, September 2024 – present

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Visiting Clinical Assistant Professor Search Committee Chair,

Summer 2024

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Social Justice and Equity Committee Member, August 2020 – September 2024

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member (2 positions), Fall 2022

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Tenure-Track Faculty Search Committee Chair, Spring 2021

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Visiting Assistant Professor Search Committee Chair, Spring 2020

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Budget Committee Member, January 2019 – January 2020

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Chair, Fall 2019

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Director of Practicum Training, January 2018 – August 2019

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Co-Director of Training, January 2018 – January 2019

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Faculty Advisor, January 2017 – August 2019

Association of Counseling Psychology Students (ACOPS), Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Fall 2018/Spring 2019

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member, Fall 2018

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counselor Education Faculty Search Committee Member, Spring 2018

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Fall 2017

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

Director of Practicum Training, August 2017 – December 2017

Counseling Psychology Doctoral Program, Auburn University: Auburn, AL

Counseling Psychology Faculty Search Committee Member, Spring 2016

Dept. of Special Education, Rehabilitation, & Counseling, Auburn University: Auburn, AL

College and University Service

College of Education Website Working Group Member, September 2022 – May 2023

College of Education, Auburn University: Auburn, AL

Promotion & Tenure Panel Panelist, February 2020

College of Education, Auburn University: Auburn, AL

Climate Study Advisory Committee Member, Fall 2017 – Spring 2019

College of Education, Auburn University: Auburn, AL

Advisory Board Member, Fall 2017 – Summer 2019

Women's Resource Center, Auburn University: Auburn, AL

Scholarship and Innovation Committee Member, August 2015 – July 2018

College of Education, Auburn University: Auburn, AL

Faculty Senate Department Representative, August 2015 – August 2017

University Faculty Senate, Auburn University: Auburn, AL

Advisory Board Member, Fall 2016

Emotional Intelligence Course Development, Auburn University: Auburn, AL

Task Force Member, August 2011 – August 2012

Women Graduate Student Needs Assessment Task Force, Iowa State University: Ames, IA

Professional Service

Alabama Board of Examiners in Psychology Member, February 2025 – present State of Alabama

Counseling Psychology Model Training Program Development Working Group Member,

September 2024 – present

Society of Counseling Psychology (APA Division 17)

Presidential Initiatives Steering Committee Member, July 2024 – present

Society of Counseling Psychology (APA Division 17)

Board Member at Large and Liaison to the Standing Committee on Advocacy, Inclusion &

Diversity, August 2023 – present

Council of Counseling Psychology Training Programs (CCPTP)

Editorial Board Member, January 2020 – present

Journal of Counseling Psychology

Contributing Editor, January 2019 – December 2021

Psychotherapy Bulletin

Domain Representative for Education and Training, Board Member Jan 2019 – Dec 2021

Society for the Advancement of Psychotherapy (APA Division 29)

Ad Hoc Awards Committee Member, Nov 2019 – Dec 2021

Society for the Advancement of Psychotherapy (APA Division 29)

Proposal Reviewer for Annual Convention Programming, October 2015 – January 2020

Society of Counseling Psychology (APA Division 17)

Presidential Task Force on Communication and Member Relations, Feb 2019 – Sept 2019

Society for the Advancement of Psychotherapy (APA Division 29)

Continuing Education Committee Member, August 2016 – October 2019

Society of Counseling Psychology (APA Division 17)

Editorial Board Member, January 2016 – December 2016

Journal of Counseling Psychology

Proposal Reviewer for Charles J. Gelso Psychotherapy Research Grant, April 2016 Society for the Advancement of Psychotherapy (APA Division 29)

Ad Hoc Manuscript Reviewer

Counselling Psychology Quarterly Current Psychology Journal of Counseling Psychology Journal of Positive Psychology Journal for Specialists in Group Work Psychotherapy Traumatology

Outreach

Empowered Relief® Facilitator, January 2025 – current

Facilitate no-cost psychoeducational workshops on chronic pain management. Provide supervision to a student providing free individual counseling to patients with chronic pain (Auburn, AL).

"Coping During the Holidays" Panel Main-Event Speaker, November 2022

Presented on mental health during the holidays and how to effectively cope, to an audience of approximately 30 church members, on a panel with personal trainer and health coach (Opelika, AL).

"Moral Injury" Continuing Education Panelist, November 2017

Facilitated a 90-minute continuing education session in Birmingham, AL on moral injury and self-forgiveness for approximately 100 nurses, physicians, lawyers, counselors, psychologists, and other helping professionals who work with military veterans.

"Cultivating Self-Forgiveness in Your Life" Seminar Presenter, February 2017

Facilitated a two-hour seminar on self-forgiveness to a group of 10 women who are inmates at the Montgomery Women's Center (Montgomery, AL).

Social Justice Project Faculty Mentor, Fall 2016

Advised 14 doctoral students through completion of social justice advocacy projects for Professional Seminar in Counseling Psychology course.

Graduate Diversity Campus Experience (DiCE) Department Representative, 2016-2018 Represented the counseling psychology program for an event that provides an opportunity for students from underrepresented groups to learn about Auburn's graduate degree programs.

"Self-Forgiveness for Substance Abuse" Therapist Trainer/Consultant, 2016-19

Facilitated a full day workshop in Mobile, AL to train 11 therapists in my 10-session self-forgiveness individual counseling program. Provided consultation to this group and was co-investigator on an open trial of the effectiveness of the counseling program with veterans with

substance use concerns.

"Scholars Committed to Opportunities in Psychological Education" Mentor, 2016, 2017 Served as a mentor at an annual workshop and mentoring event to improve recruitment of talented racial/ethnic minority students in psychology graduate programs.

"Helping Substance Abuse Clients Achieve Self-Forgiveness" Presenter, July 2013 Co-facilitated a half-day workshop on the use of psychological principles of self-forgiveness for 12 pastoral counseling staff members at UnityPoint Health (Des Moines, IA) who do inpatient substance abuse treatment.

"Healing the Past Through Self-Forgiveness" Continuing Education Presenter, Sept. 2012 Conducted a 2-hour continuing education program for approximately 25 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of self-forgiveness in end-of-life concerns.

"Letting Go: Forgiveness and Mental Health" Continuing Education Presenter, Aug. 2012 Conducted a 2-hour continuing education program for approximately 20 medical and mental health professionals at Iowa Veterans Home (Marshalltown, IA) on the role of forgiveness of others in end-of-life concerns.

"Self-Forgiveness Counseling" Intervention Trial Investigator, May 2012 – October 2013 Facilitated a full day workshop in Ames, IA to train 7 therapists in an 8-session self-forgiveness individual counseling program I developed. I then served as primary investigator on a waitlist-controlled trial of the intervention program with community members with interpersonal regrets.

Clinical Experience

Private Practice Co-Owner and Practicing Psychologist, September 2019 – present Auburn Psychological Wellness Center: Auburn, AL

Supervisor-of-Supervision for Counseling Psychology Students, August 2015 – present Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Group Supervisor of Externship Students, August 2017 – August 2020 Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Group Supervisor of Advanced Practicum Students, August 2014 – May 2017, Spring 2019 Dept. of Special Education, Rehabilitation, and Counseling, Auburn University: Auburn, AL

Pre-doctoral Psychology Intern, August 2013 – July 2014 Counseling Center, University of Missouri: Columbia, MO

Individual Supervisor of Beginning Counseling Practicum Students, Aug 2011 – May 2013

Department of Psychology, Iowa State University: Ames, IA

Screening Counselor & Clinical Research Assistant, August 2009 – May 2013 Department of Psychology, Iowa State University: Ames, IA

Advanced Practicum Counselor and Neuropsychological Assessor, Aug 2011 – Nov 2012 Mental Health Division, Iowa Veterans Home: Marshalltown, IA

Group Counselor, August 2010 – August 2011 Network: A Group Counseling Program: Ames, IA

Advanced Practicum Counselor, January 2010 – May 2011 Student Counseling Service, Iowa State University: Ames, IA

Career Counselor, August 2009 – December 2009 Student Counseling Service, Iowa State University: Ames, IA

Current Memberships

Alabama Psychological Association (aPA)
American Psychological Association (APA)
Council of Counseling Psychology Training Programs (CCPTP)
Society of Counseling Psychology (APA Division 17)
Society for the Advancement of Psychotherapy (APA Division 29)
Society of Group Psychology and Group Psychotherapy (APA Division 49)

Awards and Distinctions

Professional Improvement Leave Award Recipient, Auburn University Provost Office (Spring 2022). Competitive award for semester of teaching/administrative leave to engage in sustained professional growth and development.

Outstanding Commitment to Inclusion and Diversity Award, Auburn University College of Education (2018). Recognizes faculty and staff for their outstanding contributions to supporting inclusion and diversity in the college.

Professional Development Workshop Scholarship, Council on Counseling Psychology Training Programs (CCPTP; 2017). Supports attendance at workshop and CCPTP conference to create a pipeline of future leaders of counseling psychology doctoral training programs.

Diversity Award, Society for the Advancement of Psychotherapy (2015). Recognizes the best paper on racial/ethnic, gender, or cultural issues in psychotherapy based on work conducted by the first author during graduate studies.

Donald K. Freedheim Student Development Award, Society for the Advancement of

Psychotherapy (2015). Recognizes the best paper on psychotherapy theory/practice/research based on work conducted by the first author during graduate studies.

University Research Excellence Award, Iowa State University (2012). Recognizes students for outstanding research as seen in their theses and dissertations.

Outstanding Counseling Psychology Graduate Student Award, Iowa State University (2012). Recognizes the student who best embodies the scientist-practitioner model.

John A. Bath Graduate Fellowship, Iowa State University (2010). Supports a counseling psychology student with outstanding accomplishment in research and/or practice.

Robert W. Sledge Graduate Fellowship, Alpha Chi Honor Society (2008-2009). Supports the top two graduating national Alpha Chi members who are beginning doctoral study.

Updated April 24, 2025