

# ONE HOUR HONORS COURSES

## PARTICIPATION COURSES:

Honors participation courses are 1-hour pass or fail classes that are designed to enhance your Honor College experience. There are four to choose from including freshmen exploration, book club, Honors forum and the research in molecular biology lyceum.

### FRESHMEN EXPLORATION

The Freshmen Exploration course introduces students to Auburn University and the Honors College. Each week, guest speakers present topics relevant to Honors students. Some of the topics discussed include Study Abroad, campus involvement, course registration, National Prestigious Scholarships, service learning, and more.

### HONORS BOOK CLUB

During the semester students typically read two to three books and actively participate in class discussions. These classes are typically taught by higher administrators and faculty on campus who come from all disciplines of the university. The books read are hand-picked by the instructor and are usually more contemporary.

### HONORS FORUM

Students enrolled in the Forum course select a minimum of ten campus lectures, films, and performances from a pre-approved list to attend. The events span a wide range of subjects and students submit a reflective essay after each event attended. This class is a great way for students to engage in the vast array of opportunities provided by the University and its partners while earning honors credit.

## HONORS LYCEUM:

Every semester the Honors College offers Honors Lyceum (HONR 1087) classes on varying topics. Always in high demand, the Honors Lyceum provides Honors students with an open forum for discussion of current events, international affairs, and controversial issues. Under the Honors Participation course umbrella, these are 1-hour pass/fail courses.

### INTRODUCTION TO MOLECULAR RESEARCH

This course will introduce you to the opportunities available at Auburn University to perform research in molecular biology. Over the course of the semester, you will have the opportunity to interact directly with experts in many different fields, including cell biology, bacteriology, plant biology, and immunology. This course is designed for incoming students only.

### RESEARCH AT AUBURN UNIVERSITY

In this Lyceum the speakers will discuss their involvement in research within their particular field. This is a great class to introduce you to research opportunities on Auburn’s campus, and explore the different types of research that contribute to our R1 status. This course features a COSAM specific section: Research at Auburn University - COSAM.

### SERVICE LEARNING

In this course students are expected to conduct 15 hours of service and do an in-class presentation on their service experience.

### LEARNING YOU THROUGH ASSESSMENT

You’ve taken personality assessments, or at least heard of them, but what do they really do? How can you use them to your benefit? In this course, students will take learning and personality assessments, explore the results, and discuss how to apply their finds to the real-world. Some of the assessments included in the course will be the Enneagram, type focus, true colors, etc.

### FOUNDATIONS OF LEADERSHIP

We often discuss the importance of “leadership” in different contexts. You might be asked to describe your leadership experience in an organization, or to recount a time when you led a team. In the corporate world, success or failure of a team or company is often attributed to how “good” or “bad” the leadership of the group is. But what makes a leader? Are leaders born or made? How do we define “good” and “bad” leadership? In this course, we will explore the foundations of leadership to provide you with the basic tools needed to start on your own leadership journey.

### BEYOND WEEK OF SERVICE

The Beyond Week of Service course is reserved for student who have participated in the Honors Week of Service. In the course, students will dive deeper into topics highlighted during the week including: hunger, poverty, and service.

### ECONOMIC DEVELOPMENT: LOCAL AND GLOBAL PERSPECTIVES

This Lyceum introduces students to Economic Development from both a global and local perspective. While broadly exploring the process of improving the well-being of people, the primary focus will be on economics. The course will encourage students to be curious - while keeping their heads, looking outward, working wisely, saving the best, using the human touch to change the world, and having fun through informal discussions.

### PEER EDUCATION IN HIGHER ED

This course provides both a theoretical and practical foundation for the role of peer educator. The course will focus on increasing students’ knowledge of student learning and student development theories, practice of helping and transferable skills, and reflection to inform performance in the peer helping position as well as career readiness and competencies.

### IT’S A HARD KNOCK LIFE: “ADULTING” POST GRADUATION

Adulting is no joke! This course is designed for college students to be more prepared for the realities of life they will face post-graduation. From retirement options to life skills to navigating life a new city, this class aims to address some of the things you simply just don’t learn in a textbook. Through participating in this course, students will learn to budget on their potential first salary, practice everyday life skills (like writing a check or ironing a shirt!), discover strategies to make new friends after college and set realistic goals in seasons of transition.

### WHERE I FIT

Everyone asks students what their majors are, but why are there majors at all? Why are there colleges of liberal arts, engineering, business, and all the rest? What are the best ways for you to think about how you fit into these structures of knowledge, and what is the special significance for your life of attending Auburn University, a land grant and R1 institution? This Lyceum will combine a brief foray into intellectual history with opportunities for you to discern how you, with your academic interests and ways of learning, fit within the complex landscape of Auburn university as Honors students. We will examine how disciplines and universities were established, and then we will consider why it is important to your education and your life to be at a land grant, research-intensive university. At the same, you will ponder who you are, what it means for your life to pursue your education within a particular discipline, and what kinds of occupations promise to be the best fit for you and your scholarly interests. You will take, and discuss the results of, the Clifton Strengths personality test, while pursuing several forms of introspection as well as dialogue with the rest of the class. Finally, we will as a group discuss what it means to engage in multidisciplinary dialogue or collaboration, and how you, with your chosen major, can best contribute to collective forms of research, problem-solving, and knowledge-production. Students in this Lyceum will get the most out of this class if they are in their freshman or sophomore year.

### GOING FOR THE GOLD

This Lyceum will help you explore and prepare for a variety of competitive opportunities, including Nationally Prestigious Scholarships.

### THE PRIORITIZED LIFE

There are 5 distinct priorities that when in the right alignment will help you win in both your personal and professional life. Understanding and ensuring they are in the right alignment takes consistent reflection and recalibration of one’s priorities. This continual realignment allows the best leaders to keep the most important at the forefront, cutting through the constant barrage of tasks, activities, interruptions and urgent requests. Over the next 16 weeks we will be diving into understanding what these priorities are. The goal of the class is to bring awareness to how your priorities are aligned and give you the tools to win in both your personal and professional life.

### COMMUNITY ENGAGEMENT IN EDUCATION

In this course, you will be volunteering with K-12 students while learning about Alabama’s education system, how poverty affects learning, hear from educators and leaders in education, and gain skills for positive behavior management. Impact students through mentoring, tutoring, and engaging in learning-based activities.

