

Student  
 SID 90  
 E-mail @auburn.edu

Date of Entry  
 Advisor

### CURRICULUM IN NUTRITION Option: Wellness (NTWE)

Department of Nutrition, Dietetics and Hospitality Management, College of Human Sciences, Auburn University, AL

UNIVERSITY CORE CURRICULUM	36	SEM.	Required NTRI Major Core	27
ENGL 1100 English Composition I	3		<b>NTRI 2010 Basic Sports Nutrition</b>	3
ENGL 1120 English Composition II	3		<b>NTRI 2070 Careers in Nutr., Dietetics &amp; Wellness</b>	1
MATH 1150 Pre-Calculus Algebra & Trigonometry	4		<b>NTRI 3560 Experimental Study of Foods</b>	4
CHEM 1030 Fund. Of Chemistry I	3		<b>NTRI 3750 Nutrition Education</b>	2
CHEM 1031 Fund. Of Chemistry I lab	1		<b>BCHE 3180 Nutritional Biochemistry</b>	3
CHEM 1040 Fund. Of Chemistry II	3		<b>NTRI 4620 Public Health Nutrition</b>	3
CHEM 1041 Fund. Of Chemistry II lab	1		<b>NTRI 4820 Macronutrients</b>	3
<b>Social Sciences - 12 Hours</b>			<b>NTRI 4830 Vitamins and Minerals</b>	3
Core History 1: _____	3		<b>NTRI 5100 Nutrition in Disease Prevention</b>	2
Core History 2: _____	3		<b>NTRI 5820 Nutrition in the Life Cycle</b>	3
PSYC 2010 Introduction to Psychology	3		UNIV 4AA0-HS1 Undergraduate Graduation <sup>1</sup>	0
Social Science Core: _____	3		PROFESSIONAL ELECTIVES (choose 17 hours) <sup>2</sup>	17
<b>Core Humanities - 12 Hours</b>			NTRI 5560	3
Core Literature: _____	3		HOSP 1010	2
COMM 1000 Public Speaking	3		COMP 1000	2
PHIL 1030 Ethics and the Health Sciences	3		KINE 3400	3
Core Fine Arts: _____	3		KINE 3680	4
REQUIRED HUMAN SCIENCES CORE	9	SEM.	KINE 4450	3
<b>CADS 2000 Global Consumer Culture</b>	3		COMM 2010	3
<b>HDFS 2000 Marriage &amp; Family in a Global Context</b>	3		COMM 2410	3
<b>NTRI 2000 Nutrition and Health</b>	3		COMM 3100	3
REQUIRED SUPPORTING COURSES	20	SEM.	COMM 3110	3
<b>BIOL 1020 Principles of Biology</b>	3		COMM 3450	3
<b>BIOL 1021 Principles of Biology lab</b>	1		COMM 3500	3
KINE 1100 or 1103 Wellness	2		JRNL 1100	3
BIOL 2500 Human Anatomy and Physiology I	4		JRNL 2210	3
BIOL 2510 Human Anatomy and Physiology II	4		JRNL 3220	3
CHEM 2030 Survey of Organic Chemistry	3		HDFS 2010	3
ENGL 3040 Technical Writing	3		Courses from Business minor, Hunger minor, Joseph S.	
STAT 2510 Stat. for Biological and Health Sciences	3		Bruno Auburn Abroad in Italy, PYSC, COUN, Foreign	
Free Electives	6	SEM.	Lanuage, Undergraduate Research	

### 124 Semester Hours

**University Core Notes:** Students in the Honors College may take equivalent honors courses. Students may take online versions of courses.

Literature options: ENGL 2200, 2210, 2230, 2240, 2250 or 2260

History options: HIST 1010 and 1020 or 1210 and 1220

Social Science options: ANTH 1000, AFRI 2000, COUN 2000, ECON 2020, ECON 2030, GEOG 1010, HONR 1007, 1027, 1037, NATR 2050, POLI 1050, POLI 1090, SOCY 1000, SOCY 1100, SUST 2000, UNIV 2720

Fine Arts options: ARCH 2600, ARTS 1510, 1610, MUSI 2730, 2740, 2750, MDIA 2350, ENVD 2040, THEA 2010

### College and Department Notes:

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.

All Human Sciences majors are required to have a laptop. Please refer to the CHS website for specifications.

<sup>1</sup>Seniors must register for UNIV 4AA0-HS1 the term they plan to graduate (non-credit class for clearing graduation).

<sup>2</sup> Other Professional Electives as approved by the Department Head may be taken.

**NUTRITION (NTRI) - NUTRITION WELLNESS OPTION (NTWE)**  
**PROPOSED SEMESTER CURRICULUM MODEL**

FRESHMAN YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
CHEM 1030	Fundamentals of Chemistry I	3	<b>BIOL 1020/1021</b>	<b>Principles of Biology</b>	<b>4</b>
CHEM 1031	Fundamentals of Chemistry I Lab	1	CHEM 1040	Fundamentals of Chemistry II	3
ENGL 1100	English Composition I	3	CHEM 1041	Fundamentals of Chemistry II Lab	1
HISTORY	Core History I	3	ENGL 1120	English Composition II	3
MATH 1150	Pre-Calculus Algebra & Trigonometry	4	HISTORY	Core History 2	3
PSYC 2010	Introduction to Psychology	3	<b>NTRI 2000</b>	<b>Nutrition and Health</b>	<b>3</b>
		<u>17</u>			<u>17</u>

SOPHOMORE YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
BIOL 2500	Human Anatomy and Physiology I	4	BIOL 2510	Human Anatomy and Physiology II	4
	Social Science Core	3	CHEM 2030	Survey of Organic Chemistry	3
LITERATURE	Core Literature	3	COMM 1000	Public Speaking	3
<b>NTRI 3560</b>	<b>Experimental Study of Foods</b>	<b>4</b>	<b>CADS 2000</b>	<b>Global Consumer Culture</b>	<b>3</b>
FINE ARTS	Fine Arts Core	3	<b>NTRI 2070</b>	<b>Careers in Nutr. Dietetics &amp; Wellness</b>	<b>1</b>
		<u>17</u>			<u>14</u>

JUNIOR YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
<b>BCHE 3180</b>	<b>Nutritional Biochemistry</b>	<b>3</b>	KINE 1100/1103	Wellness	2
	Professional Electives <sup>2</sup>	2	ENGL 3040	Technical Writing	3
<b>NTRI 2010</b>	<b>Basic Sports Nutrition</b>	<b>3</b>	STAT 2510	Stats. for Biol and Health Sciences	3
	Free Electives	2	<b>NTRI 3750</b>	<b>Nutrition Education</b>	<b>2</b>
PHIL 1030	Ethics and the Health Sciences	3	<b>NTRI 4820</b>	<b>Macronutrients</b>	<b>3</b>
		<u>13</u>	<b>NTRI 4830</b>	<b>Vitamins and Minerals</b>	<b>3</b>
					<u>16</u>

SENIOR YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
<b>HDFS 2000</b>	<b>Marriage and Family in Global Context</b>	<b>3</b>	<b>NTRI 5100</b>	<b>Nutrition in Disease Prevention</b>	<b>2</b>
<b>NTRI 4620</b>	<b>Public Health Nutrition</b>	<b>3</b>		Professional Electives <sup>2</sup>	9
<b>NTRI 5820</b>	<b>Nutrition in the Life Cycle</b>	<b>3</b>		Free Electives	4
	Professional Electives <sup>2</sup>	6	UNIV4AA0	HS1 Undergraduate Graduation <sup>1</sup>	0
		<u>15</u>			<u>15</u>

**Total: 124 Semester Hours**

**University Core Notes:** Students in the Honors College may take equivalent honors courses. Students may take online version of courses.

Literature options: ENGL 2200, 2210, 2230, 2240, 2250 or 2260

History options: HIST 1010 and 1020 or 1210 and 1220

Social Science options: ANTH 1000, AFRI 2000, COUN 2000, ECON 2020, ECON 2030, GEOG 1010, HONR 1007, 1027, 1037, NATR 2050, POLI 1050, POLI 1090, SOCY 1000, SOCY 1100, SUST 2000, UNIV 2720

Fine Arts options: ARCH 2600, ARTS 1510, 1610, MUSI 2730, 2740, 2750, MDIA 2350, ENVD 2040, THEA 2010

**College and Department Notes:**

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.

All Human Sciences majors are required to have a laptop. Please refer to the CHS website for specifications.

<sup>1</sup>Seniors must register for UNIV 4AA0-HS1 the term they plan to graduate (non-credit class for clearing graduation).

<sup>2</sup> Other Professional Electives as approved by the Department Head may be taken. See list on page 1 of curriculum guide.