

## CURRICULUM IN NUTRITION OPTION: WELLNESS (NTWE)

Student Name \_\_\_\_\_

SID 90 \_\_\_\_\_

Email \_\_\_\_\_

Date of Entry \_\_\_\_\_

Advisor \_\_\_\_\_

### University Core Curriculum (42 hours)

ENGL 1100 English Composition I (3)
ENGL 1120 English Composition II (3)
MATH 1150 Pre-Calculus Algebra & Trigonometry (4)
CHEM 1030 Fund. of Chemistry I (3)
CHEM 1031 Fund. of Chemistry I lab (1)
CHEM 1040 Fund. of Chemistry II (3)
CHEM 1041 Fund. of Chemistry II lab (1)
Core History I (3)
Core History II (3)
Core Social Science (3)
PSYC 2010 Introduction to Psychology (3)
Core Literature (3)
COMM 1000 Public Speaking (3)
PHIL 1030 Ethics and the Health Sciences (3)
Core Fine Arts (3)

### Required Major Core Course (3 hours)

NTRI 2000 Nutrition and Health (3)
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### Human Sciences Core Courses (6 hours, choose 2 courses)

CADS 2000 Global Consumer Culture (3)
HDFS 2000 Marriage & Family in a Global Context (3)
HOSP 2000 Principals of Service Management (3)

### Required Supporting Courses (24 hours)

BIOL 1020 Principles of Biology (3)
BIOL 1021 Principles of Biology lab (1)
KINE 1100 Wellness and Public Health (3)
BIOL 2500 Human Anatomy and Physiology I (3)
BIOL 2501 Human Anatomy and Physiology I lab (1)
BIOL 2510 Human Anatomy and Physiology II (3)
BIOL 2511 Human Anatomy and Physiology II lab (1)
CHEM 2030 Survey of Organic Chemistry (3)
ENGL 3040 Technical Writing (3)
STAT 2510 Stat. for Biological and Health Sciences (3)

### Free electives (6 hours)


### NTWE Major Core (27 hours)

NTRI 2010 Basic Sports Nutrition (3)
NTRI 2070 Careers in Nutrition, Dietetics & Wellness (1)
NTRI 3560 Experimental Study of Foods (4)
NTRI 3750 Nutrition Education (2)
BCHE 3180 Nutritional Biochemistry (3)
NTRI 4620 Public Health Nutrition (3)
NTRI 4820 Macronutrients (3)
NTRI 4830 Vitamins and Minerals (3)
NTRI 5100 Nutrition in Disease Prevention (2)
NTRI 5820 Nutrition in the Life Cycle (3)

### Professional Electives (choose 17 hours)

NTRI 5560 (3)
HOSP 1010 (3)
COMP 1000 (2)
KINE 3400 (3)
KINE 3680 (4)
KINE 4450 (3)
COMM 2010 (3)
COMM 2410 (3)
COMM 3100 (3)
COMM 3110 (3)
COMM 3450 (3)
COMM 3500 (3)
JRNL 1100 (3)
JRNL 2210 (3)
JRNL 3220 (3)
HDFS 2010 (3)

Courses from Business minor, Hunger minor, Joseph S. Bruno Auburn Abroad in Italy, PYSC, COUN, Foreign Lanuage, Undergraduate Research

### Required Graduation Course

UNIV 4AA0 Undergraduate Graduation (0)
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**NUTRITION (NTRI) - NUTRITION WELLNESS OPTION (NTWE)  
PROPOSED SEMESTER CURRICULUM MODEL**

FRESHMAN YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
CHEM 1030	Fundamentals of Chemistry I	3	<b>BIOL 1020</b>	<b>Principles of Biology</b>	<b>3</b>
CHEM 1031	Fundamentals of Chemistry I Lab	1	<b>BIOL 1021</b>	<b>Principles of Biology lab</b>	<b>1</b>
ENGL 1100	English Composition I	3	CHEM 1040	Fundamentals of Chemistry II	3
HISTORY	Core History I	3	CHEM 1041	Fundamentals of Chemistry II Lab	1
MATH 1150	Pre-Calculus Algebra & Trigonometry	4	ENGL 1120	English Composition II	3
PSYC 2010	Introduction to Psychology	3	HISTORY	Core History 2	3
		<u>17</u>	<b>NTRI 2000</b>	<b>Nutrition and Health</b>	<b>3</b>
					<u>17</u>

SOPHOMORE YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
BIOL 2500	Human Anatomy and Physiology I	3	BIOL 2510	Human Anatomy and Physiology II	3
BIOL 2501	Human Anatomy and Physiology I lab	1	BIOL 2511	Human Anatomy and Physiology II lab	1
	Social Science Core	3	CHEM 2030	Survey of Organic Chemistry	3
LITERATURE	Core Literature	3	COMM 1000	Public Speaking	3
<b>NTRI 3560</b>	<b>Experimental Study of Foods</b>	<b>4</b>	<b>CORE</b>	<b>Human Sciences Core</b>	<b>3</b>
FINE ARTS	Fine Arts Core	3	<b>NTRI 2070</b>	<b>Careers in Nutr. Dietetics &amp; Wellness</b>	<b>1</b>
		<u>17</u>			<u>14</u>

JUNIOR YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
<b>BCHE 3180</b>	<b>Nutritional Biochemistry</b>	<b>3</b>	KINE 1100	Wellness and Public Health	3
	Professional Electives <sup>2</sup>	2	ENGL 3040	Technical Writing	3
<b>NTRI 2010</b>	<b>Basic Sports Nutrition</b>	<b>3</b>	STAT 2510	Stats. for Biol and Health Sciences	3
	Free Electives	2	<b>NTRI 3750</b>	<b>Nutrition Education</b>	<b>2</b>
PHIL 1030	Ethics and the Health Sciences	3	<b>NTRI 4820</b>	<b>Macronutrients</b>	<b>3</b>
		<u>13</u>	<b>NTRI 4830</b>	<b>Vitamins and Minerals</b>	<b>3</b>
					<u>17</u>

SENIOR YEAR

<b>Fall Semester</b>			<b>Spring Semester</b>		
<b>CORE</b>	<b>Human Sciences Core</b>	<b>3</b>	<b>NTRI 5100</b>	<b>Nutrition in Disease Prevention</b>	2
<b>NTRI 4620</b>	<b>Public Health Nutrition</b>	<b>3</b>		Professional Electives <sup>2</sup>	9
<b>NTRI 5820</b>	<b>Nutrition in the Life Cycle</b>	<b>3</b>		Free Electives	4
	Professional Electives <sup>2</sup>	6	UNIV4AA0	Undergraduate Graduation <sup>1</sup>	0
		<u>15</u>			<u>15</u>

**Total: 125 Semester Hours**

**University Core Notes:** Students in the Honors College may take equivalent honors courses.

**College and Department Notes:**

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards. Students must receive a grade of "C" or better in all required NTRI and pre-requisite courses.

<sup>1</sup>Seniors must register for UNIV 4AA0 the term they plan to graduate (non-credit class for clearing graduation).

<sup>2</sup> Other Professional Electives as approved by the Department Head may be taken. See list on page 1 of curriculum guide.