

CYNTHIA A. FROSCH, PH.D., IMH-E®

*Associate Professor, Department of Human Development and Family Science
Endorsed Infant Mental Health Mentor (Research/Faculty)*

*Auburn University
2060 Haley Center
Auburn, AL 36849
caf0060@auburn.edu*

SCHOLARLY IMPACT

GoogleScholar

Total citations 3172/11108 Since 2020

Overall h-index 16/14 Since 2020

Overall i10-index 18/16 Since 2020

AREAS OF EXPERTISE

Infant and Early Childhood Mental Health

Relational Health and Child Development

Parent-Child Interaction

Reflective Practice and Early Childhood Workforce Development

EDUCATION/CREDENTIALS

2015 IMH-E® Credential; Endorsed Infant Mental Health Mentor – Research/Faculty
(renewed 2024)

1997 - 1999 *NICHD Postdoctoral Fellow, Center for Developmental Science and the Carolina Consortium on Human Development, University of North Carolina at Chapel Hill*

1997 Ph.D. Developmental Psychology, University of Illinois at Urbana-Champaign
Minors: Personality and Social Ecology; Educational Psychology

1994 M.A. Developmental Psychology, University of Illinois at Urbana-Champaign

1992 B.A. Interdisciplinary Studies, University of Maryland Baltimore County
Area: Psychology, Social Work, Communications - magna cum laude

PROFESSIONAL EXPERIENCE

2020 – *Associate Professor, Department of Human Development and Family Science
Auburn University*

2016 – 2020 *Assistant Professor, Department of Educational Psychology, Human Development
and Family Sciences
University of North Texas*

- 2014 – 2016 *Lecturer*, School of Behavioral and Brain Sciences
University of Texas at Dallas
- 2012 – 2016 *Adjunct Developmental Specialist*, Center for Children and Families
University of Texas at Dallas
- 2013 – 2015 *Adjunct Lecturer*, Department of Psychology
Southern Methodist University
- 2009 – 2012 *Community Liaison Specialist*, Center for Children and Families
University of Texas at Dallas
- 2007 – 2009 *Visiting Scholar*, School of Behavioral and Brain Sciences
University of Texas at Dallas
- 2001 – 2004 *Affiliated Faculty Member*, School of Family & Consumer Sciences
University of Arizona
- 1999 – 2001 *Assistant Professor*, Department of Family and Human Development
Arizona State University
- 1998 *Adjunct Assistant Professor*, Department of Psychology
Meredith College

PUBLICATION RECORD

(* denotes graduate student co-author)

PROFESSIONAL REFEREED PUBLICATIONS

- Adler-Baeder, F., McGill, J., **Frosch, C. A.**, Wei, M., & *Coskun, M. (2025). The impact of Couple Relationship Education (CRE) on parents of young children's couple functioning, family harmony, parenting, and their children's aggressive behavior. *Early Child Development and Care*, 195, 48-63. <https://doi.org/10.1080/03004430.2025.2452578>
- Brophy-Herb, H., Stacks, A. M., **Frosch, C. A.**, Brincks, A. M., Cook, J. L., Vallotton, C. D., Perkins, H. A., Kim, L. E., Carson, R., Muzik, M., Rosenblum, K., & Jennings, P. A. (2024). The effects of a relationship-focused professional development intervention on infant and toddler teachers' use of mindfulness-based strategies for coping. *Early Childhood Education Journal*, 52, 243-257. <https://doi.org/10.1007/s10643-022-01416-0>
- Dede Yildirim, E., **Frosch, C. A.**, Verissimo, M., Santos, A. J., Bub, K., & Vaughn, B. (2024). Antecedents to and outcomes associated with teacher-child relationships in early childhood: Further evidence for child-driven effects. *Child Development*, 95, 679-698. <http://doi.org/10.1111/cdev.14033>
- Frosch, C. A.**, & Diener, M. L. (2024). Bringing in awareness and compassion to explore

perfectionism, judgment, and burnout with parents. *International Journal of Birth & Parent Education*, 11(2), 3–5.

- Joshanloo, M., Yildirim, M., Janus, E., **Frosch, C. A.**, Silva, I., & Jóluskin, G. (2024). Measurement invariance of the Fear of Happiness Scale in adult samples from six countries. *European Journal of Psychological Assessment*.
<https://doi.org/10.1027/1015-5759/a000834>
- *Rogers, K., & **Frosch, C. A.**, Vilches, S. L., & Sjolseth, S. R. (2024). Partnering with Reach Out and Read to understand families' experiences with books and their babies. *Family Relations*, 73, 3378-3397. <https://doi.org/10.1111/fare.13071>
- *Sjolseth, S. R., **Frosch, C. A.**, Owen, M. T., & Redig, S. (2024). Do toys get in the way? The duration of shared emotional experiences is longer when mothers engage their infants without toys. *Infant Mental Health Journal*, 45, 3-10. <https://doi.org/10.1002/imhj.22092>
- Brophy-Herb, H., Brincks, A., Cook, J., Stacks, A., Vallotton, C., **Frosch, C. A.**, Carson, R., Wheeler, R., Perkins, H. A., & Jennings, P. (2023). Stress intensity and exhaustion among infant and toddler teachers: Descriptive analysis and associations with sources of stress and coping strategy use. *Early Education and Development*, 34, 1545-1564.
<https://doi.org/10.1080/10409289.2022.2151399>
- Dumitriu, D., Lavallée, A., Riggs, J., **Frosch, C. A.**, Barker, T., Blasingame, B., Erickson, E., Finkel, M., Fortune, B., Gillen, L., Marinez, M., Peeler, N., Ramachandran, U., Sanders, L., Willis, D., & Shearman, N. (2023). Advancing early relational health: A collaborative exploration of a research agenda. *Frontiers in Pediatrics*, 11.
<https://doi.org/10.3389/fped.2023.1259022>
- Frosch, C. A.**, Fagan, M., Middlemiss, W., *Kim, Y., & *Sjolseth, S. (2023). Parental personality, mental health symptoms, and fear of happiness as predictors of perceived coparenting relationship quality among mothers and fathers of preschoolers. *Australian Journal of Psychology*. <https://doi.org/10.1080/00049530.2023.2205537>
- McWood, L. M., **Frosch, C. A.**, Wienke Garrison, C., Erath, S., & Troop-Gordon, W. (2023). “But there’s only so much you can do...” Parent support-giving within the context of peer victimization. *The Journal of Early Adolescence*, 43(4), 455-489.
<https://doi.org/10.1177/02724316221105587>
- Frosch, C. A.**, Middlemiss, W., *Fagan, M., *Kim, J., & *Lopez, M. A. (2022). Mothers’ and fathers’ reported use of discipline practices with their preschoolers: Associations with parental well-being. *Merrill-Palmer Quarterly*, 68(2), 95-124.
<https://doi.org/10.1353/mpq.2022.0006>
- Frosch, C. A.**, Schoppe-Sullivan, S. C., & O’Banion, D. D. (2021). Parenting and child development: A relational health perspective. *American Journal of Lifestyle Medicine*, 15, 45-49. <https://doi.org/10.1177/1559827619849028>

- *Fagan, M. A., **Frosch, C. A.**, Middlemiss, W., LaCoursiere, J., Owen, M. T., Hane, A. A., & Welch, M. (2019). The practical utility of the Welch Emotional Connection Screen for rating parent-infant relational health. *Infancy*, 24, 881-892. (The official journal of the International Congress of Infant Studies). <https://doi.org/10.1111/inf.12311>
- Frosch, C. A.**, *Fagan, M., *Lopez, M., Middlemiss, W., Chang, M., Hane, A. A., & Welch, M. (2019). Validation study showed that ratings on the Welch Emotional Connection Screen at infant age six months are associated with child behavioural problems at age three years. *Acta Paediatrica*, 108, 889-895. <https://doi.org/10.1111/apa.14731>
- Frosch, C. A.**, Mitchell, Y. T., *Hardgraves, L., & Funk, S. (2019). Stress and coping among early childhood intervention professionals receiving reflective supervision: A qualitative analysis. *Infant Mental Health Journal*, 40, 443-458. <https://doi.org/10.1002/imhj.21792>
- Frosch, C. A.**, Mitchell, Y. T., *Taylor, J. C., & Funk, S. (2019). Professionals' perceptions of the IMH-E® credential. *Perspectives in Infant Mental Health*, 27(2), 9-12. (Peer-reviewed professional publication of the World Association for Infant Mental Health.)
- Troop-Gordon, W., **Frosch, C. A.**, Totura, C. M., Bailey, A. N., Jackson, J. D., & Dvorak, R. D. (2019). Predicting the development of pro-bullying bystander behaviors: A short-term longitudinal analysis. *Journal of School Psychology*, 77, 77-89. <https://doi.org/10.1016/j.jsp.2019.10.004>
- Frosch, C. A.**, *Varwani, Z., *Mitchell, J., *Caraccioli, C., & *Willoughby, M. (2018). The impact of reflective supervision on early childhood interventionists' perceptions of self-efficacy, job stress, and job satisfaction. *Infant Mental Health Journal*, 39, 385-395. <https://doi.org/10.1002/imhj.21718>
- Brown, G. L., Mangelsdorf, S. C., Neff, C., Schoppe-Sullivan, S. J., & **Frosch, C. A.** (2009). Young children's self-concepts: Associations with child temperament, mothers' and fathers' parenting, and triadic family interaction. *Merrill-Palmer Quarterly*, 55, 184-216. <https://doi.org/10.153/mpq.0.0019>
- Schoppe-Sullivan, S., Diener, M., Mangelsdorf, C., Brown, G., McHale, J., & **Frosch, C. A.** (2006). Attachment and sensitivity in family context: The roles of parent and infant gender. *Infant and Child Development*, 15, 367-385. <https://doi.org/10.1002/icd.449>
- Schoppe, S., Mangelsdorf, S. C., **Frosch, C. A.**, & McHale, J. L. (2004). Associations between coparenting and marital behavior from infancy to the preschool years. *Journal of Family Psychology*, 18, 194-207. <https://doi.org/10.1037/0893-3200.18.1.194>
- Diener, M. L., Mangelsdorf, S. C., McHale, J. L., & **Frosch, C. A.** (2002). Infants' behavioral strategies for emotion regulation with fathers: Associations with emotional expressions and attachment quality. Invited paper, *Infancy*, 3, 153-174. https://doi.org/10.1207/S15327078IN0302_3

Frosch, C. A., Cox, M. J., & Goldman, B. D. (2001). Security of infant-parent attachment and parental and child behavior during storybook reading. *Merrill-Palmer Quarterly*, 47, 445-474. <https://doi.org/10.1353/mpq.2001.0022>

Frosch, C. A., & Mangelsdorf, S. C. (2001). Marital behavior, parenting behavior, and multiple reports of preschoolers' behavior problems: Mediation or Moderation? *Developmental Psychology*, 37, 502-519. <https://doi.org/10.1037/0012-1649.37.4.502>

Schoppe, S. J., Mangelsdorf, S. C., & **Frosch, C. A.** (2001). Coparenting, family process, and family structure: Implications for preschoolers' externalizing behavior problems. *Journal of Family Psychology*, 15, 526-545. <https://doi.org/10.1037/0893-3200.15.3.526>

Frosch, C. A., Mangelsdorf, S. C., & McHale, J. L. (2000). Marital behavior and the security of preschooler-parent attachment relationships. *Journal of Family Psychology*, 14, 144-161. <https://doi.org/10.1037/0893-3200.14.1.144>

Frosch, C. A., Mangelsdorf, S. C., & McHale, J. L. (1998). Correlates of marital behavior at 6 months postpartum. *Developmental Psychology*, 34, 1438-1449. <https://doi.org/10.1037/0012-1649.34.6.1438>

BOOK CHAPTERS/CONTRIBUTIONS - PUBLISHED

Owen, M. T., & **Frosch, C. A.,** (2021). Attachment and early child care. In R. Thompson, J. Simpson, & L. Berlin (Eds.), *Attachment: The fundamental questions* (pp. 341-348). New York, NY: Guilford Press.

Frosch, C. A. (2021). Widening the lens on effective parenting: Incorporating the voices of diverse parents into the teaching of developmental psychology. In M. Wong, L. Winder, L. Yee., & J. Cerniak (Eds.), *Incorporating diversity in classroom settings: Real and engaging examples for various Psychology courses* (Vol 1., pp 10-14). Society for the Teaching of Psychology (STP).

Fabes, R., **Frosch, C. A.,** & Buchanan, A. (2002). Early socioemotional development. In N. Salkind & L. Margolis (Eds.), *Macmillan Psychology Reference Series, Vol. 1: Child development* (pp. 132-137). New York, NY: Macmillan.

Cox, M. J., Burchinal, M., Taylor, L., **Frosch, C. A.,** Goldman, B., & Kannoy, K. (2004). The transition to parenting: Continuity and change in early parenting behavior and attitudes. In R. Conger (Ed.), *Continuity and change: Family structure and process* (201-240). Mahwah, NJ: Lawrence Erlbaum Associates.

Mangelsdorf, S. C., & **Frosch, C. A.** (1999). Temperament and attachment: One construct or two? In H. Reese (Ed.), *Advances in child development and behavior, Vol. 28*, (181-220). San Diego: Academic Press.

OTHER SCHOLARLY WORKS: TRANSLATIONAL DEVELOPMENTAL SCIENCE

Frosch, C. A., & Owen, M. T. (2009). *The READY Method from birth to three: A visual guide to sensitive caregiving*. Instructional video and workbook for use by early childhood educators and early childhood mental health professionals. Dallas, TX.

PROFESSIONAL PRESENTATIONS

(* denotes graduate student co-author)

PAPER PRESENTATIONS

*Martín-Piñón, O., *Gensbauer, J., & **Frosch, C. A.** (accepted). *Parental burnout and coparenting in parents of infants: Differential associations with gate-closing and gate opening behaviors*. Proposal submitted for the 2025 National Council on Family Relations annual conference, Baltimore, MD.

*Martín-Piñón, O., *VanAntwerp, J., *Gensbauer, J., & **Frosch, C. A.** (2024). *Feminist ethics of care and parental burnout: Does coparenting matter for parents of infants?* Paper presented at the National Council on Family Relations annual conference, Bellevue, WA.

McConnell, L., Erath, S., Totura, C., Tan, F., **Frosch, C. A.**, & Troop-Gordon, W. (2021). *"There's only so much you can do." A process model of parent-child responding to peer victimization*. Paper presented at the biennial meeting of the Society for Research in Child Development (virtual).

Troop-Gordon, W., **Frosch, C. A.**, Totura, C. W., Bailey, A., Jackson, J., & Dvorak, R. (2020). *Predicting the development of pro-bullying bystander behavior: A short-term longitudinal analysis*. Paper accepted for presentation at the Society for Research on Adolescence Biennial Meeting, San Diego, CA.

Middlemiss, W., Yaure, R., McKenna, J. J., Fleming, P., Green, K., **Frosch, C.**, Stone, M., Amanet, P., Moske, A., Nathans, L., Sasser, T., & Smith, D. (November, 2011). *Training program: Communicating about infant nighttime care across diversity*. Paper presented at the National Council on Family Relations conference, Orlando, FL.

Schoppe, S. J., **Frosch, C. A.**, & Mangelsdorf, S. C. (July, 2002). *Influences on stability and change in coparenting behavior from infancy to the preschool years*. Paper presented at the World Association of Infant Mental Health Conference, Amsterdam, Netherlands.

Mangelsdorf, S. C., & **Frosch, C. A.** (April, 2001). *Correlates of parental control*. Paper presented at the biennial meetings of the Society for Research in Child Development, Minneapolis, MN.

Diener, M., Mangelsdorf, S. C., McHale, J. L., & **Frosch, C. A.** (April, 1998). *Mother-father differences and paternal correlates of infant emotion regulation*. Paper presented in M. Diener & T. Spinrad (Chairs), *Emotion regulation in infants and young children*:

Contributions of parenting and temperament, at the biennial International Congress of Infant Studies, Atlanta, GA.

Mangelsdorf, S. C., **Frosch, C. A.**, & McHale, J. L. (April, 1998). *Fathers' and mothers' parenting during the first three years: Predictors and correlates*. Paper presented at the biennial International Congress of Infant Studies, Atlanta, GA.

McHale, J. L., Mangelsdorf, S. C., **Frosch, C. A.**, D'Alton, M. S., & Salasche, D. A. (May, 1996). *A multiple method approach to the measurement of infant temperament*. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

Frosch, C. A., & Neff, C. (May, 1995). *Developmental histories of depressed mothers: Associations with preschoolers' security of attachment*. Paper presented at the Annual Meeting of the Midwestern Psychological Association, Chicago, IL.

POSTER PRESENTATIONS

*Gensbauer, J., *Martín-Piñón, O., & **Frosch, C. A.** (accepted). *Families' experiences with books and their infants in the context of pediatric primary care*. Proposal submitted for the 2025 National Council on Family Relations annual conference, Baltimore, MD.

*Rogers, K., **Frosch, C. A.**, Vilches, S. L., & Sjolseth, S. R. (November, 2023). *Partnering with pediatric primary care providers and Reach Out and Read to understand families' experiences with books and their babies*. Poster presented at the National Council on Family Relations annual conference, Orlando, Florida.

Frosch, C. A., Diener, M. L., *Fenn, H., & *Harvey, T., & Schoppe-Sullivan, S. (July, 2023). *Exploring feelings of judgment among parents of infants: Associations with parenting perfectionism and parental well-being*. Poster presented at the World Association for Infant Mental Health conference, Dublin, Ireland.

*Sjolseth, S., **Frosch, C. A.**, Owen, M. T., & *Redig, S. (July, 2022). *"I SEE You": A descriptive analysis of shared emotional experiences during mother-infant interaction*. Poster presented at the biennial International Congress of Infant Studies, Ottawa, Canada.

*Johnson, J., **Frosch, C. A.**, & Middlemiss, W. (November, 2020). *On categorizing the continuum: Capturing the range of parenting experiences related to infant feeding*. Poster presented at the National Council on Family Relations annual conference. (virtual)

Frosch, C. A., Middlemiss, W., *Fagan, M., & *Kim, J., & *Lopez, M. (November, 2019). *Exploring parents' reported and desired use of discipline practices with their preschoolers: Findings from the All About Parenting Project*. Poster presented at the National Council on Family Relations annual conference, Fort Worth, TX.

*Fagan, M., **Frosch, C. A.**, *Lopez, M. A., *Hutchinson, J., & *Bradetich, A., Hane, A. A. & Welch, M. G. (March, 2019). *What's in a measure? Emotional connection, mother-infant relationship quality, & 3-year behavioral outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

*Fagan, M., **Frosch, C. A.**, *Lopez, M. A., Musial, C., & LaCoursiere, J., Hane, A. A. & Welch, M. G. (March, 2019). *Emotional connection in parent-infant dyads: Mother/father comparisons and behavioral outcomes*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Frosch, C. A., *Fagan, M., *Lopez, M., Middlemiss, W., Chang, M., Hane, A. A., & Welch, M. (July, 2018). *Understanding emotional connection in infant-mother dyads*. Poster presented at the biennial International Congress of Infant Studies, Philadelphia: PA.

Frosch, C. A., Mitchell, Y. T., *Hardgraves, L., & Funk, S. (May, 2018). *A qualitative analysis of stress and coping among early childhood interventionists: Exploring the role of reflective supervision*. Poster presented at the World Association for Infant Mental Health conference, Rome: Italy.

Frosch, C. A., & Funk, S. (December, 2016). *The impact of reflective supervision on early childhood intervention professionals' perceptions of self-efficacy, job stress, and job satisfaction*. Poster presented at the Zero to Three Annual Conference, New Orleans: LA.

Brown, G. L., Mangelsdorf, S. C., Neff, C., Schoppe-Sullivan, S. J., & **Frosch, C. A.** (July, 2006). *Direct and interactive predictors of young children's self-concepts: Associations with temperament, parenting, and family interactions*. Poster presented at the International Society for the Study of Behavioural Development, Melbourne, Australia.

Frosch, C. A. (April, 2005). *Three over time: Paternal, maternal, and child behavior from 24 to 54 months*. Poster presented at the biennial meetings of the Society of Research in Child Development, Atlanta, GA.

Elliott, M., **Frosch, C. A.**, & Goldman, B. D. (August, 2003). *Pathways to verbal competence: Does marriage matter?* Poster presented at the annual meeting of the American Psychology Association, Toronto, Canada.

Frosch, C. A., & Burkett, M. R. (April, 2001). *Parent-toddler storybook interactions: Associations with early language skills and the quality of the home literacy environment*. Poster presented at the biennial meetings of the Society for Research in Child Development, Minneapolis, MN.

Diener, M. L., Mangelsdorf, S. C., McHale, J. L., & **Frosch, C. A.** (July, 2000). *Infants' emotion regulation strategies with fathers: Associations with emotional expressions and attachment quality*. Poster presented at the biennial International Congress of Infant Studies, Brighton, England.

Neff, C., Mangelsdorf, S. C., Fuchs, K. L., McHale, J. L., & **Frosch, C. A.** (July, 2000). *The shape of things to come: Observed temperament in infancy and parental personality predict observed temperament at age three*. Poster presented at the biennial International Congress of Infant Studies, Brighton, England.

Schoppe, S. J., Mangelsdorf, S. C., & **Frosch, C. A.** (July, 2000). *Longitudinal associations between coparenting at 6 months and 3 years*. Poster presented at the biennial International Congress of Infant Studies, Brighton, England.

Frosch, C. A., Cox, M. J., Goldman, B. D., Burkett, M. R., & Jennings, J. (April, 1999). *Infant-parent attachment and parental and child behavior during parent-toddler book reading*. Poster presented at the biennial meetings of the Society for Research in Child Development, Albuquerque, NM.

Frosch, C. A., Mangelsdorf, S. C., & McHale, J. L. (July, 1998). *Predicting the security of preschooler-parent attachment from marital behavior at six months post-partum*. Poster presented at the meetings of the International Society for the Study of Behavioral Development, Berne, Switzerland.

McHale, J. L., **Frosch, C. A.**, & Mangelsdorf, S. C. (April, 1998). *A multiple method approach to temperament from infancy to early childhood: Associations with parental involvement and marital quality*. Poster presented at the biennial International Congress of Infant Studies, Atlanta, GA.

McHale, J. L., Mangelsdorf, S. C., **Frosch, C. A.**, & Diener, M. L. (April, 1997). *Antecedents of infant-mother attachment*. Poster presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.

Frosch, C. A., Pruitt, G., McHale, J. L., & Mangelsdorf, S. C., (April, 1997). *Multiple reports of preschooler's behavior problems: Associations with marital adjustment*. Poster presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.

Kelly, M., & **Frosch, C. A.** (April, 1997). *What prereading children know about orthography: US/China comparisons*. Poster presented at the biennial meetings of the Society for Research in Child Development, Washington, DC.

Frosch, C. A., McHale, J. L., Mangelsdorf, S. C., & Chang, A. (April, 1996). *Parenting behavior during dyadic and triadic interaction: When two become three*. Poster presented at the biennial International Congress of Infant Studies, Providence, RI.

McHale, J. L., **Frosch, C. A.**, Mangelsdorf, S. C., & Erb, G. (April, 1996). *Predictors of father-infant attachment*. Poster presented at the biennial International Congress of Infant Studies, Providence, RI.

Frosch, C. A., McHale, J. L., Mangelsdorf, S. C., & Thomson, A. J. (April, 1995). *When parents disagree: Associations between parents' perceptions of the distribution of labor and marital quality*. Poster presented at the biennial meetings of the Society for Research in Child Development, Indianapolis, IN.

McHale, J. L., **Frosch, C. A.**, & Ferry, K. S. (April, 1995). *Correlates of maternal and paternal behavior*. Poster presented at the biennial meetings of the Society for Research in Child Development, Indianapolis, IN.

Frosch, C. A., McHale, J. L., & Mangelsdorf, S. C. (June, 1994). *Marital satisfaction: Associations with mother-father-infant interaction*. Poster presented at the biennial International Congress of Infant Studies, Paris, France.

McHale, J. L., **Frosch, C. A.**, Greene, C. A., Mangelsdorf, S. C., & Diener, M. L. (June, 1994). *Attachment from one to three years: Continuities and discontinuities*. Poster presented at the biennial International Congress of Infant Studies, Paris, France.

INVITED PRESENTATIONS: INTERNATIONAL

Hurst, J. R., & **Frosch, C. A.** (July, 2021). *Fundamentals of attachment*. Invited contribution to the TCU Karyn Purvis Institute of Child Development, International TBRI® training (translated into Russian and Polish)

INVITED PRESENTATIONS: NATIONAL

Frosch, C. A. (December, 2024). *Exploring families' experiences with books and their babies: A research-practice partnership story*. Invited presentation to the Reach Out and Read Network.

Frosch, C. A. (February, 2022). *The role of toy pollution in early relational health*. Invited panel coordinator and contributor for the Center for the Study of Social Policy's *Willis and Friends* series. With *S. Sjolseth, A. Baird, & Willis, D.

Frosch, C. A. (May, 2017). *Explaining the importance of "serve & return" interactions when sharing books*. Invited presentation for the Reach Out and Read National Pediatric Conference. Denver, CO.

INVITED PRESENTATIONS: REGIONAL, STATE & LOCAL

Frosch, C. A. (January, 2021). *Early relational health: Evidence from developmental psychology and neuroscience & reflections on dyadic interaction*. Invited presentation in the Early Relational Health Discovery Talk Series, Oregon Reach Out and Read.

Frosch, C. A. (September, 2019). *Infancy and the myths of parenting*. Invited presentation in the Safe Babies training series, First3Years, Dallas, TX.

Frosch, C. A. (April, 2019). *Teaching beyond the test: Reflections on creative assessment of student learning*. Invited presentation for the Developmental, Cognitive, & Social/Personality Series, School of Behavioral & Brain Sciences, University of Texas at Dallas.

Frosch, C. A. (February, 2019). *A relational health perspective on parenting and child development: Emotional connection, dyadic interaction, and emerging social competence*. Invited presentation for the Center for Children and Families' Spring Lecture Series, Richardson, TX.

Frosch, C. A., & Baerwaldt, N. R. (May, 2017). *READY for Sensitive Caregiving?* Invited presentation for the 2017 First Three Years Regional Conference. San Antonio, TX.

Frosch, C. A. (December, 2016). *Building healthy attachments with infants and toddlers*. Invited talk for the First3Years "Food for Thought" Series. Denton, TX.

Frosch, C. A. (April, 2016). *Baby cues and toddler clues: Responsive caregiving and young children*. Invited talk for the First3Years "Food for Thought" Series. Dallas, TX.

Frosch, C. A., Owen, M. T., & Baerwaldt, N. R. (June, 2012). *The READY Method: Education and intervention for parents of young children from birth through adolescence*. Invited talk for the 2012 Texas Judicial Summit. Fort Worth, TX.

Frosch, C. A. (October, 2010). *Development beyond infancy: Challenges and opportunities*. Invited talk in the Jewish Community Center's Early Childcare Consortium series. Dallas, TX.

Owen, M. T. & **Frosch, C. A.** (September, 2010). *The READY Method*. Invited Julie Ann Mason Memorial Lecture, Annual Meeting and Conference of the Texas Association for Infant Mental Health. Corpus, Christi, TX.

Frosch, C. A. (November, 2009). *Preventing behavior problems before they start*. Invited presentation at the Annual Practical Parent Education Conference, Garland, TX.

Frosch, C. A. (April, 2009). *Building relationships through play*. Invited talk for the annual conference of the Arlington Association of Early Childcare Professionals, Arlington, TX.

Frosch, C. A. (April, 2002). *You talk, I talk: Child, parent, and family predictors of verbal skills in pre-kindergarten children*. Invited talk presented at the University of Arizona, Department of Family and Human Development, Tucson, AZ.

Frosch, C. A. (March, 2000). *Families and development: Linking the quality of marital and parent-child relationships to early social and emotional development*. Invited presentation at the Carolina Consortium on Human Development, University of North Carolina at Chapel Hill, Chapel Hill, NC.

OTHER PRESENTATIONS: REGIONAL, STATE & LOCAL

Frosch, C. A. (August, 2019). *WECS Training for Professionals*. Full-day training in the First3Years professional development series. Addison, TX.

Frosch, C. A., Owen, M. T., & Baerwaldt, N. R. (January, 2012). *Enhancing sensitive caregiving in families: Education, intervention and evaluation using The READY Method*. Presentation at the T. Berry Brazelton Infant Mental Health Advocacy Conference. Dallas, TX.

Frosch, C. A., & Owen, M. T. (April, 2010). *Enhancing caregiver sensitivity with The READY Method*. Presentation at the 18th Annual International Conference on Parenting and Parent Education at the University of North Texas. Denton, TX.

GRANTS AND CONTRACTS

INTERNAL GRANTS FUNDED

- 2025 Expanding Our Reach, Building Understanding: A Research-Practice Partnership to Understand Families' Experiences with Shared Book Reading in the Context of Pediatric Primary Care (The Books and Babies Study 3.0)
Women's Philanthropy Board, Auburn University
Funding Received: \$5,000; **Frosch, C. A.**, PI
- 2023 Partnering with Pediatric Primary Care Providers to Promote Early Relational Health within Families through Shared Book Reading Interactions: The Books and Babies Project 2.0
Women's Philanthropy Board, Auburn University
Funding Received: \$5,000; **Frosch, C. A.**, PI
- 2021 Enhancing Early Relational Health through Parent-infant Book Sharing Interactions
Women's Philanthropy Board, Auburn University
Funding Received: \$7,000; **Frosch, C. A.**, PI

EXTERNAL GRANTS/CONTRACTS FUNDED

- 2025 Testing the Feasibility of a QR Code Recruitment Strategy for the COMBO Study of Maternal and Infant Health
Reach Out and Read
Funding Received: \$78,000 (7.5 months); **Frosch, C. A.**, PI
- 2025 Rating Mother-Infant Interaction for the COMBO Study of Maternal and Child Health
Trustees of Columbia University in the City of New York
Funding Received: \$35,000 (6 months; expected renewal for Spring 2026)
Frosch, C. A., PI

- 2018 - 2019 The WECS: Validating a New Measure of Emotional Connection with Fathers and Community Partners
Trustees of Columbia University in the City of New York
Funding Received: \$100,000; **Frosch, C. A.**, PI
- 2017 Validating a New Measure of Emotional Connection in Parent-Infant Dyads.
Trustees of Columbia University in the City of New York
Funding Received: \$25,000; **Frosch, C. A.**, PI; Middlemiss, W. Co-PI

JOURNAL ACTIVITIES

- Editorial Board, *Infancy* (2019 -2023)
Ad-hoc reviewer, *Infancy* (2024 - present)
Ad-hoc reviewer, *Infant Mental Health Journal* (2019 - present)
Ad-hoc reviewer, *Family Relations* (2019 - present)
Ad-hoc reviewer, *Journal of Family Psychology* (2023)
Ad-hoc reviewer, *Developmental Psychology* (2021)
Ad-hoc reviewer, *Psychopathology* (2021-)
Ad-hoc reviewer, *Early Human Development* (2020)
Ad-hoc reviewer, *Developmental Psychobiology* (2017 - 2019)
Ad-hoc reviewer, *Child Development* (2016-2018)
Ad-hoc reviewer, *Journal of Applied Developmental Psychology* (2016; 2017)
Ad-hoc reviewer, *Early Education and Development*
Ad-hoc reviewer, *Infant and Child Development*
Ad-hoc reviewer, *Journal of Personality and Social Psychology*
Ad-hoc reviewer, *Merrill-Palmer Quarterly*
Ad-hoc reviewer, *Psychological Bulletin*
Ad-hoc reviewer, *Journal of Family Issues*
Editorial Board, *Journal of Social and Personal Relationships* (2000-2002)
Reviewer, *Developmental Psychology*, by D. Shaffer (5th Edition)
Reviewer, *Infancy: Infant, Family, and Society* by A. Fogel (4th Edition)
Reviewer, *Child and Adolescent Psychology* (Wadsworth Publishers)

HONORS AND AWARDS

- Marilyn Bradbard Award for Faculty Excellence, Auburn University (2024)
University of North Texas College of Education Teaching Excellence Award (2019)
University of North Texas College of Education Junior Faculty Research Award Nominee
(Department of Educational Psychology, 2019)
University of North Texas College of Education Teaching Excellence Award Nominee
(Department of Educational Psychology, 2017, 2018)
Carolina Consortium on Human Development Postdoctoral Training Fellowship (1997-1999)
University of Illinois List of Excellent Teachers (Spring, 1996)
Graduate College Dissertation Research Award (1996-1997)
Graduate College Thesis Support Award (Fall, 1993; Fall, 1995)
National Institutes of Child Health and Development Traineeship (1992-1993)

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

First 5 Alabama & First3Years.Texas
 International Congress of Infant Studies
 National Association for the Education of Young Children
 National Council on Family Relations
 Society for Research in Child Development
 World Association for Infant Mental Health
 Association of Child Life Professionals (Professional Member) (2016-2019)

CONSULTING/TRAINING

QUALITATIVE RATINGS OF PARENT-CHILD INTERACTION (TRAINER/CONSULTANT)

2022

Mathematica (Consultant; Project Lead: Cheri Vogel, PhD)

2021

University of Minnesota (PI: Jeffry Simpson, PhD)

PAST:

University of Missouri (PI: Ashley Groh, PhD)
 Johns Hopkins University Bloomberg School of Public Health (PI: Anne Duggan, ScD)
 Erikson Institute (with Margaret Tresch Owen, PhD) (PI: Linda Gilkerson, PhD)
 Atferdssenteret - Norwegian Center for Child Behavioral Development (Training Contributor, with M. T. Owen, PhD) (PIs: Kristin Nordahl and Ane Nærde)
 Mathematica Public Policy Institute (PI: Kimberly Boller, PhD)
 Pennsylvania State University (PI: Katarzyna Kordas, PhD)
 University of Calgary (with Margaret Tresch Owen, PhD) (PI: Karen Benzies, PhD)
 University of North Carolina at Chapel Hill (PI: Linda Beeber, PhD)
 University of Tennessee (PI: Jenny Macfie, PhD)
 University of Denver (PI: Howard Markman, PhD)

RESEARCH COLLABORATIVES AND INITIATIVES

Coordinator, The EARLY Lab at Auburn University
 Member, Early Relational Health Learning Community Core Team
 Member, National Early Relational Health Network, *Nurture Connection*
 Principal Investigator, The Reading and Relationships Project (*Books and Babies Study*; with Reach Out and Read Alabama)
 Past Contributor, Auburn University Consortium for Advancing Translational Human Sciences (Coordinator, Jennifer Kerpelman, PhD)
 Past Contributor, Social Development Research Consortium at Auburn University (Coordinator: Wendy Troop-Gordon, PhD)
 Contributor, JAB Collab (Joint Attention in Babies Collaborative; with Amarie Carnett, PhD, Victoria University, New Zealand, and Sarah Grace Hansen, PhD, Georgia State University; 2019-2022)

EXAMPLES OF UNIVERSITY-COMMUNITY PARTNERSHIPS

Reach Out and Read Alabama – *Project Coordinator*
 Partnering with Reach Out and Read to Support Early Relational Health: The Reading and Relationships Project (*Books and Babies* study; 2020- present)
 First3Years, TX – *Pro Bono Consultant*
 Assessing Relational Health in Early Childhood: Supporting Early Brain Development by Strengthening Early Relationships (2018).
 Texas Association for Infant Mental Health/First3Years, TX – *Editor and Creative Contributor*, Digital Learning Initiative (2014-2015)

INSTRUCTIONAL ACTIVITIES

AREAS OF INSTRUCTIONAL EXPERTISE:

Infant, Child, and Family Development
 Infant and Early Childhood Relational Health
 Parenting and Parent Education from Birth to Age 5
 Program Design & Evaluation

COURSES TAUGHT AT AUBURN UNIVERSITY

HDFS 3110/4950: Infant and Toddler Development (Fall, 2021; Fall, 2022; Fall, 2023; Summer, 2024; Fall, 2024; Summer, 2025)
 HDFS 4950: Infant and Early Childhood Mental Health (Spring, 2024)
 HDFS 4670: Parent Education (Spring, 2022; Fall, 2022)
 HDFS 5200/6200: Applied Research and Evaluation Methods (Fall, 2024)
 HDFS 5400/6400: Program Design for Communities, Schools, and Families (Spring, 2022; Spring, 2023; Spring, 2024; Spring, 2025)
 HDFS 7900: Directed Studies

COURSES TAUGHT AT THE UNIVERSITY OF NORTH TEXAS

HDFS 2033: Parenting in Diverse Families (*Course Steward*)
 HDFS 3113: Infant and Child Development (undergraduate)
 EPSY 5113: Developmental & Family Theory (graduate)
 EPSY 5123 Human Development Across the Lifespan (graduate)
 EPSY 5133 Infant and Child Development (graduate)
 EPSY 6153: Social & Emotional Development (graduate)

GRADUATE/UNDERGRADUATE STUDENTS ADVISED

MASTER'S COMMITTEES CHAIRED AT AUBURN UNIVERSITY (2020-)

Fenn, Haley (Completed Summer, 2022)
 Harvey, Tatum (Completed Summer, 2022)
 Rogers, Kimberly (Completed Summer, 2022)
 Sjolseth, Sheila (Completed Summer, 2022)

MASTER'S COMMITTEE SERVICE AT AUBURN UNIVERSITY (2022-)

Chmura, Beth (In Progress; Chair: Ben Hinnant, PhD)
 Eyiah, Sandra Anti (Completed Spring, 2024; Chair: Adrienne Duke-Marks, PhD)
 Reedstrom, Lydia (Completed Fall, 2022; Chair: Brian Vaughn, PhD)
 Warren, Kalyn (Completed Summer, 2022; Chair: Stephen Erath, PhD)

QUALIFYING EXAM/DISSERTATION COMMITTEE SERVICE AT AUBURN UNIVERSITY (2020-)**CHAIR**

Coskun, Melike (QE, TBD)
 Gensbauer, Jamie (QE, TBD)

SERVICE – DISSERTATION

Martín-Piñón, Olivia (Completed Spring 2025; Dissertation; Chair: Adrienne Duke-Marks, PhD)
 Jackson, Terra (In Progress; Dissertation; Chair: Silvia Vilches, PhD)
 Stein, Je'Kylynn (In Progress; Dissertation Chair: Adrienne Duke-Marks, PhD)
 Tidwell, Allison (In Progress; Dissertation Chair: Mallory Lucier-Greer, PhD)

SERVICE - QUALIFYING EXAM (QE)

Bamigbola, Hannah (In Progress, QE; Chair: Silvia Vilches, PhD)
 Brigham, Emily (In Progress, QE; Chair: Wendy Troop-Gordon, PhD)
 Olshansky, Adi (Completed Spring 2025, QE; Chair: Brian Vaughn, PhD)
 Tidwell, Allison (Completed Spring 2025; QE; Chair: Mallory Lucier-Greer, PhD)
 Parsons, L. E. (Pre-Proposal QE Service Only 2024; Chair: Josh Novak, PhD)
 Steen, Je'Kylynn (Completed Fall 2024, QE; Chair: Francesca Adler-Baeder, PhD)
 Martín-Piñón, Olivia (Completed Fall 2023, Qualifying Exam; Chairs: Mona El-Sheik, PhD & Stephen Erath, PhD)
 Jackson, Terra (Completed Spring, 2023, Qualifying Exam; Chair: Silvia Vilches, PhD)

UNDERGRADUATE RESEARCH FELLOWSHIP SERVICE AT AUBURN UNIVERSITY

Gaillard, Madison (2025-2026)

DOCTORAL COMMITTEES CHAIRED AT UNT (2016-2020)

Soyer, Gonca (Completed Spring, 2021; Completing Chair: Wendy Middlemiss, PhD)
 Zhu, Ping (Completed Spring, 2022; Completing Chair: Wendy Middlemiss, PhD)

DOCTORAL COMMITTEE SERVICE AT UNT (2016-2020)

Anderson, Chelsi (Completed Fall, 2020)
 Fagan, Marcus (Completed Spring, 2020)

Abdulaziz, Noor (Completed Summer, 2019)
 Shearer, Carin (Completed Fall, 2018)
 Koussa, Michelle (Completed Fall, 2018)
 Pederman, Sara (Completed Summer, 2018)

UNDERGRADUATE HONORS THESIS SERVICE AT UNT (2016-2020)

Tante, Brianna (Completed Summer, 2020)

OTHER CONTRIBUTIONS TO TEACHING

Faculty Mentor, SCOPE (Scholars Committed to Opportunities in Psychological Education) Program, Summer 2023 - 2025

EAGLES Program Course Instructor, Auburn University, Fall, 2022

Faculty Participant, EASL Academy Workshop, Biggio Center, Auburn University, 2021

Faculty Participant, EASL Basics Training, Biggio Center, Auburn University, 2021

Faculty Participant, New Faculty Scholars Program, Biggio Center, Auburn University, 2020-2021

Invited Presenter: Frosch, C. A. (2019). *Teaching beyond the test: Reflections on creative assessment of student learning*. Presentation for the Developmental, Cognitive, & Social/Personality Series, School of Behavioral & Brain Sciences, University of Texas at Dallas.

SERVICE TO AUBURN UNIVERSITY

UNIVERSITY

Judge, Auburn University Research Symposium (Spring, 2025)

Judge, 3MT: Three-Minute Thesis Competition Preliminaries (Fall, 2023)

COLLEGE

College of Human Sciences Awards Committee (Spring, 2023)

College of Human Sciences Representative, Reception Celebrating the 30th Anniversary of A+ Education Partnership (May 10th, 2022).

DEPARTMENT

Member, Graduate Admissions Committee (Fall, 2024 -)

Search Committee Member – Assistant/Associate Professor of Early Childhood Development, Department of Human Development and Family Science (Spring, 2023 - 2024); Search Chairs: Adrienne Duke-Marks, PhD and Wendy Troop-Gordon, PhD

Advisory Board Member, Human Development and Family Science, Early Child Development option (Spring, 2022 -)

Member, Undergraduate Studies Committee, Human Development and Family Science (Spring, 2022 - 2024)

Search Committee Member – Director, Auburn University Harris Early Learning Center

(Spring, 2021); Search Chair: Sharon Wilbanks, MS

SERVICE TO THE UNIVERSITY OF NORTH TEXAS

COLLEGE

Academic Affairs Committee Member (Fall, 2016 – Spring, 2017)
 Search Committee Member – Assistant Professor Position in Early Childhood Education
 (Fall, 2017 – Spring, 2018). Chair: Dina Castro, PhD
 Search Committee Member – COE Senior Research Analyst (Pre-Awards) (Fall, 2017 –
 Spring, 2018; reopened Summer, 2019). Chair: Bertina Combes, PhD

DEPARTMENT

Merit and Awards Committee, Member (Fall, 2018 – Spring, 2020)
 Masters Policies Committee, Member (Fall, 2016 – Summer, 2019)
 Doctoral Policies Committee, Member (Spring, 2018)
 Masters Concentration in Child Life, Program Steward (Fall, 2016 – Spring, 2020)
 Masters Concentration in Learning & Development, Program Steward (Spring, 2018 –
 Summer, 2020)
 Search Committee Member – Assistant Professor in Human Development and Family
 Science (Fall, 2019 - Spring, 2020). Chair: Wendy Middlemiss, PhD
 Search Committee Member – Senior Lecturers in Special Education (Fall, 2017 – Spring,
 2018). Chair: Pamela Peak, PhD
 Search Committee Member - Assistant Professor of Research, Measurement, and
 Statistics (Fall, 2018 – Spring, 2019). Chair: Abbas Tashakkori, PhD

EXAMPLES OF UNIVERSITY-COMMUNITY OUTREACH

College of Human Sciences at Auburn University News Feature: Turning Pages, Building
 Bonds: The Power of Shared Reading with Babies
<https://wire.auburn.edu/content/humsci/2025/03/261600-Books-And-Babies-Research-Feature.php> (March 26, 2025)

Reach Out and Read-Alabama Facebook post with infographic from the Reading and
 Relationships Project (*Books and Babies* Study).
<https://www.facebook.com/RORAlabama/> (November 19, 2022)

First3Years eNews contributor:
<http://campaign.r20.constantcontact.com/render?m=1101907064767&ca=f4f45e49-bd32-4e61-b146-554e9d59181d> (April 15, 2019)

OTHER PROFESSIONAL SERVICE

Abstract Reviewer, National Council on Family Relations Annual Conference (2025)
 Abstract Reviewer, 18th World Association for Infant Mental Health Congress (2023)
 External Program Reviewer, Undergraduate and Graduate Programs, Karyn Purvis Institute of
 Child Development, Texas Christian University (Fall, 2023)

Member, First 5 Alabama Endorsement Committee (2021 -)
Member, Alabama Early Language and Literacy Coalition (2021)
External Program Reviewer, Karyn Purvis Institute of Child Development, Texas Christian University (Spring, 2020).
Judge, Infant Mental Health Advocacy Award, First3Years, Dallas, TX. (2020)
Invited Participant, *Strategic Planning Group*, Center for Children and Families, University of Texas at Dallas, Richardson, TX (2019)
Attendee, *Reach Out and Read: Next Chapter Forum*, Boston, MA (November, 2019)

ADDITIONAL TRAININGS/CERTIFICATIONS

2020 Practitioner, Trust-Based Relational Intervention (TBRI®)