

Student  
 SID 90  
 E-mail @auburn.edu

Date of Entry  
 Advisor

## CURRICULUM IN NUTRITION

### Option: Wellness (NTWE)

Department of Nutrition, Dietetics and Hospitality Management, College of Human Sciences, Auburn University, AL

UNIVERSITY CORE CURRICULUM	42	SEM.	Required NTRI Major Core	27
ENGL 1100 English Composition I	3		NTRI 2010 Basic Sports Nutrition	3
ENGL 1120 English Composition II	3		NTRI 2070 Intro. to Dietetics and Nutrition	1
Core Literature: _____	3		NTRI 3560 Food Chemistry and Composition	4
Core Literature* or Humanities: _____	3		NTRI 3750 Nutrition Education	2
Core History: _____	3		BCHE 3180 Nutritional Biochemistry	3
Core History* or Social Science: _____	3		NTRI 4620 Public Health Nutrition	3
MATH 1150 Pre-Calculus Algebra & Trigonometry	4		NTRI 4820 Macronutrients	3
PHIL 1030 Ethics and the Health Sciences	3		NTRI 4830 Vitamins and Minerals	3
CHEM 1030 & CHEM 1031 Fund. Of Chemistry I	4		NTRI 5100 Nutrition in Disease Prevention	2
CHEM 1040 & CHEM 1041 Fund. Of Chemistry II	4		NTRI 5820 Nutrition in the Life Cycle	3
PSYC 2010 Introduction to Psychology	3		UNIV 4AA0-hs1 Undergraduate Graduation <sup>1</sup>	0
Social Science Core: _____	3		PROFESSIONAL ELECTIVES (choose 17 hours) <sup>2</sup>	17
Core Fine Arts: _____	3			
REQUIRED HUMAN SCIENCES CORE	9	SEM.	NTRI 4410	3
<b>CADS 2000 Global Consumer Culture</b>	3		NTRI 5560	4
<b>HDFS 2000 Marriage &amp; Family in a Global Context</b>	3		HRMT 1010	2
<b>NTRI 2000 Nutrition and Health</b>	3		COMP 1000	2
			KINE 3400	3
			KINE 3680	4
REQUIRED SUPPORTING COURSES	23	SEM.	KINE 4450	3
<b>BIOL 1020 Principles of Biology</b>	4		COMM 1000	3
KINE 1100 or 1103 Wellness	2		COMM 2010	3
BIOL 2500 Human Anatomy and Physiology I	4		COMM 2410	3
BIOL 2510 Human Anatomy and Physiology II	4		COMM 3100	3
CHEM 2030 Survey of Organic Chemistry	3		COMM 3110	3
ENGL 3040 Technical Writing	3		COMM 3450	3
STAT 2510 Stat. for Biological and Health Sciences	3		COMM 3500	3
			JRNL 1100	3
Free Electives	6	SEM.	JRNL 2210	3
			JRNL 3220	3
			HDFS 2010	3
			Courses from Business minor, Hunger minor, Joseph S. Bruno Auburn Abroad in Italy, PYSC, COUN, Foreign Lanuage, Undergraduate Research	

### 124 Semester Hours

**University Core Notes:** (Students in the Honors College may take equivalent honors courses)

Literature options: ENGL 2200 and 2210 or 2230 and 2240 or 2250 and 2260

Humanities options: UNIV 2710, FLGC 1150, COMM 1000, PHIL 1010, 1020, 1030, 1040, 1050, 1060, 1070, 1080, 1090, 1100

History options: HIST 1010 and 1020 or 1210 and 1220

Social Science options: ANTH 1000, GEOG 1010, POLI 1050, POLI 1090, PYSC 2010, SOCY 1000, UNIV 2720

Fine Arts options: ARCH 2600, ARTS 1510, 1710, 1720, 1730, MUSI 2730, 2740, 2750, MDIA 2350, RTVF 2350, THEA 2010

\*Must have a History sequence and at least one Literature course OR a Literature sequence and at least one History course.

### College and Department Notes:

Required major courses and College core courses are in bold. Grades in these courses are used to calculate the GPA in the major and to meet graduation standards.

All Human Sciences majors are required to have a laptop. Please refer to the CHS website for specifications.

<sup>1</sup>Seniors must register for UNIV 4AA0-HS1 the term they plan to graduate (non-credit class for clearing graduation).

<sup>2</sup> Other Professional Electives as approved by the Department Head may be taken.

**NUTRITION (NTRI) - NUTRITION WELLNESS OPTION (NTWE)  
PROPOSED SEMESTER CURRICULUM MODEL**

FRESHMAN YEAR

Fall Semester			Spring Semester		
CHEM 1030	Fundamentals of Chemistry I	3	BIOL 1020	Principles of Biology	4
CHEM 1031	Fundamentals of Chemistry I Lab1	1	CHEM 1040	Fundamentals of Chemistry II	3
ENGL 1100	English Composition I	3	CHEM 1041	Fundamentals of Chemistry II Lab	1
HISTORY	History Core	3	ENGL 1120	English Composition II	3
MATH 1150	Pre-Calculus Algebra & Trigonometry	4		Core History* or Core Social Science	3
PSYC 2010	Introduction to Psychology	3	<b>NTRI 2000</b>	<b>Nutrition and Health</b>	<b>3</b>
		<u>17</u>			<u>17</u>

SOPHOMORE YEAR

Fall Semester			Spring Semester		
BIOL 2500	Human Anatomy and Physiology I	4	BIOL 2510	Human Anatomy and Physiology II	4
	Social Science Core	3	CHEM 2030	Survey of Organic Chemistry	3
LITERATURE	Core Literature	3		Core Literature* or Core Humanities	3
<b>NTRI 3560</b>	<b>Food Chemistry and Composition</b>	<b>4</b>	<b>CADS 2000</b>	<b>Global Consumer Culture</b>	<b>3</b>
FINE ARTS	Fine Arts Core	3	<b>NTRI 2070</b>	<b>Intro. to Dietetics and Nutrition</b>	<b>1</b>
		<u>17</u>			<u>14</u>

JUNIOR YEAR

Fall Semester			Spring Semester		
<b>BCHE 3180</b>	<b>Nutritional Biochemistry</b>	<b>3</b>	KINE 1100/1103	Wellness	2
<b>NTRI 3750</b>	<b>Nutrition Education</b>	<b>2</b>	ENGL 3040	Technical Writing	3
<b>NTRI 2010</b>	<b>Basic Sports Nutrition</b>	<b>3</b>	STAT 2510	Stats. For Biol and Health Sciences	3
	Free Electives	2		Professional Electives <sup>2</sup>	2
PHIL 1030	Ethics and the Health Sciences	3	<b>NTRI 4820</b>	<b>Macronutrients</b>	<b>3</b>
		<u>13</u>	<b>NTRI 4830</b>	<b>Vitamins and Minerals</b>	<b>3</b>
					<u>16</u>

SENIOR YEAR

Fall Semester			Spring Semester		
<b>HDFS 2000</b>	<b>Marriage and Family in Global Context</b>	<b>3</b>	<b>NTRI 5100</b>	<b>Nutrition in Disease Prevention</b>	2
<b>NTRI 4620</b>	<b>Public Health Nutrition</b>	<b>3</b>		Professional Electives <sup>2</sup>	9
<b>NTRI 5820</b>	<b>Nutrition in the Life Cycle</b>	<b>3</b>		Free Electives	4
	Professional Electives <sup>2</sup>	6	UNIV4AA0	HS1 Undergraduate Graduation <sup>1</sup>	0
		<u>15</u>			<u>15</u>

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