



Auburn University's Health and Wellness Benefits:  
An Overview of Optional Benefits  
Dr. Kimberly Braxton Lloyd  
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# Objectives:

- **Describe the health services and resources that are available for AU employees and their insured dependents on campus:**
  - AU Employee Pharmacy Services
  - TigerMeds
  - AU Pharmaceutical Care Center Services
  - Healthy Tigers
  - Healthy Tigers Lunch and Learns
  - TigerFit
  - Pharmacy Health Services Research Projects



*Presented By:*  
Dr. Kimberly Braxton Lloyd  
Assistant Dean of Health Services  
Auburn University's Harrison School of Pharmacy  
And AU Pharmacy Officer, AU Human Resources

# What is Pharmacy Health Services (PHS):

- A service unit within Auburn University's (AU) Harrison School of Pharmacy (HSOP) that provides healthcare, wellness, and pharmacy services for the AU family. PHS includes:
  - 2 pharmacies:
    - The AU Student Pharmacy (AUSP)
    - The AU Employee Pharmacy (AUEP)
  - 1 clinic:
    - The Auburn University Pharmaceutical Care Center (AUPCC)

*Also, the State Wellness Center Pharmacy and Clinic*

# The AU Employee Pharmacy:



## **Auburn University Employee Pharmacy**

2150 Walker Building

132 East Thach Avenue

Auburn University, AL 36849-5506

P: (334) 844-8938

F: (334) 844-8983

[auemployeeex@auburn.edu](mailto:auemployeeex@auburn.edu)

# AU Employee Pharmacy

- A full-service pharmacy that exclusively serves:
  - *AU employees*
  - *AU insured dependents*
  - *AU retirees*
- It is the preferred pharmacy on the AU health insurance plan:
  - *Tier 1 generic medications have \$0 co-pay (versus \$10-\$20 at other pharmacies)*
  - *Tier 2 generic medications have a \$10 co-pay (versus \$20-\$30 at other pharmacies)*

# TigerMeds Program

- TigerMeds Program offered through AUEP:
  - Decreased co-pay on generic medications
  - Free baseline medication check-up
  - Assist with medication-related problems
  - Free on-campus delivery (including AUM)

# AUEP Specialty Medication Program

- AUEP is an approved specialty medication program for AU employees
  - Serves as a local resource for specialty medications
  - Assists you with decreasing out-of-pocket co-payments when possible
  - Provides education and training
  - Monitors efficacy and safety
  - Communicates with prescriber



# Hometown Pharmacy Experience

- An **on-call pharmacist is available 24/7** (for patients and physicians) to handle any of your medication emergencies.
  - If you need a pharmacist, call (334) 750-1048 to speak to the PHS on-call pharmacist.
- The AUEP offers **FREE drug information services** for our patients, and **FREE medication monitoring services** for most medications.
- We have **reserved parking** on War Eagle Way for our patient's use.



# Did You Know?

- PHS is a convenient source for **adult vaccinations including flu, Pneumovax®, Zostavax®, and Tdap®**
- The AUEP is a training site for fourth year Doctor of Pharmacy students and post-doctoral residents
  - These students and residents are eager to help you with your drug information questions and medication needs

*For more information about the AUEP, visit the following website:*  
<http://www.auburn.edu/academic/pharmacy/phs/pharmacy/employee.html>

# The AU Pharmaceutical Care Clinic (AUPCC)



**AU Pharmaceutical Care Center (or Clinic)**

2155 Walker Building within HSOP

362 Thach Concourse

Auburn University, AL 36849-5506

P: (334) 844-4099 | F: (334) 844-4019

Email: [aupcc4u@auburn.edu](mailto:aupcc4u@auburn.edu)

# Parking for AUEP and AUPCC:



# Medication Therapy Management (MTM):

- Baseline **medication check-ups**
- Ongoing **medication therapy management**
- **Medication therapy monitoring** (efficacy and safety):
  - **INR monitoring** for patients taking warfarin (Coumadin)
  - **Hgb A1C monitoring** for patients taking diabetes medications
  - **Blood pressure monitoring** for patients taking blood pressure medications

# Disease State Management:

- Pre-diabetes screening and education
- “Diabetes and You” diabetes program
- “Breathe Easy” Asthma and COPD program
- “War Eagle Women’s Health Program”
  - Breast cancer risk assessment and self exam education
  - Osteoporosis screening and education
  - Cardiovascular risk reduction interventions
  - Weight management
  - Hormone therapy consultations



# AUPCC Health and Wellness Programs:

- “Healthy Tigers” **health and wellness** program
- “Pack It Up” **smoking cessation** program
- “Be Wise, Be Immunized” **immunization** program
  - Flu, Pneumonia, Tetanus, Shingles vaccines
- “Osteoporosis Screening” program
- “Healthy Habits” **weight management** program
- Referrals to “TigerFit” kinesiology **fitness assessment program**
- “Walk at Lunch” programs and “Lunch and Learns”

# Collaborative Care

- Faculty:
  - HSOP faculty, pharmacists, residents
  - VCOM Pharm.D.
  - VCOM Ph.D., RD dietitian
  - Kinesiology faculty
- Students:
  - P4 Student pharmacists
  - Kinesiology interns
  - VCOM students



# Collaborative Voluntary Research

- Pre-Diabetes study
- Student pharmacy empathy study
- Medication compliance studies
- Behavioral economics studies
- Medication-induced secondary osteoporosis study
- Wellness challenges in the academic environment studies

# Questions



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